

# BEAUFORT COUNTY

## COMMUNITY HEALTH ASSESSMENT

### 2021

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**Health ENC**

Working Together for a Healthier Eastern North Carolina



## Contact Information

Copies of the 2021 CHNA report can be found online at [www.bchd.net](http://www.bchd.net) or [www.vidanthealth.com](http://www.vidanthealth.com).

For additional information regarding the Community Health Assessment, please contact JaNell Octigan at [Janell.Octigan@bchd.net](mailto:Janell.Octigan@bchd.net).

Table of Contents

**Contact Information .....1**

**Table of Contents .....2**

**Acknowledgements.....7**

**Executive Summary.....8**

    Leadership .....8

    Collaborative Process Summary.....8

    Key Findings .....9

    Next Steps.....9

**Chapter 1: Introduction.....10**

    Description of County .....10

    Overview of Health ENC.....10

    Overview of Community Health Needs Assessment Process .....11

    Participating Health ENC Counties .....11

    Overview of Data Collection .....12

    Secondary Data Sources.....13

    Limitations .....13

**Chapter 2: Demographic Profile .....14**

    Total Population .....14

    Minority Populations .....14

    Population Growth .....15

    Birth Rates .....15

    Age Groups .....16

    Military/Veteran Populations .....17

    Analysis of Demographic Data .....17

**Chapter 3: Socioeconomic Profile .....18**

    NC Department of Commerce Tier Designation.....18

    Income.....19

    Poverty .....19

    Poverty by Race and Ethnicity .....20

        Children in Poverty.....21

Older Adults in Poverty .....	21
Disabled People in Poverty .....	21
Housing .....	22
Median Monthly Housing Costs .....	22
Median Monthly Housing Costs in Beaufort County and Surrounding Counties .....	22
Severe Housing Problems .....	23
Food Insecurity .....	23
Households with SNAP Benefits .....	23
Education .....	24
Educational Attainment .....	24
High School Dropout Rate .....	24
High School Suspension Rate .....	25
Transportation .....	25
Crime and Safety .....	26
Juvenile Crime .....	27
Child Abuse .....	28
Incarceration .....	29
Civic/Political Engagement .....	29
Analysis of Socioeconomic Profile .....	30
<b>Chapter 4: Clinical Care Profile .....</b>	<b>31</b>
Health Insurance Coverage .....	31
Government Health Insurance Only Coverage – Medicaid, Medicare, Tricare .....	31
Primary Care Practitioners .....	32
Mental Health .....	34
Substance Use .....	36
Analysis of Clinical Care Profile .....	37
<b>Chapter 5: Chronic and Communicable Disease Profile .....</b>	<b>38</b>
Leading Causes of Death .....	38
Injury and Death Data .....	39
Leading Causes of Injury Death .....	39
Leading Causes of Injury Hospitalization .....	39
Leading Causes of Injury .....	40
Emergency Department Visits .....	40

Analysis of Chronic and Communicable Disease Profile .....41

**Chapter 6: County Health Ranking Indicators .....42**

Population Health Model .....42

**Chapter 7: HNC 2030 Indicator Rankings by Health ENC Regions .....43**

**Chapter 8: Survey Findings .....44**

**Chapter 9: Community Prioritization Process .....46**

**CHNA References.....47**

**Appendices.....48**

## List of Figures

Figure 1: Health ENC Counties .....	11
Figure 2: Total Population .....	14
Figure 3: Percent of Population by Race/Ethnicity .....	14
Figure 4: Population and Projected Population .....	15
Figure 5: Live Birth Rate .....	15
Figure 6: Percent of Population by Age Group .....	16
Figure 7: Percent of Population in Military .....	17
Figure 8: Percent of <b>Popultion</b> that are Veterans .....	17
Figure 9: NC Tier Designation .....	18
Figure 10: Median Household Income .....	19
Figure 11: Percent People Living Below Poverty .....	19
Figure 12: Poverty by Race and Ethnicity .....	20
Figure 13: Percent Children Living Below Poverty Level .....	21
Figure 14: Percent Adults (65+) Living Below Poverty Level .....	21
Figure 15: Percent Persons with Disability Living Below Poverty Level .....	21
Figure 16: Median Monthly Housing Costs .....	22
Figure 17: County Health Rankings & Roadmaps .....	22
Figure 18: Percent with Severe Housing Problems .....	23
Figure 19: Food Stamps/Supplemental Nutrition Assistance Program .....	23
Figure 20: Educational Attainment .....	24
Figure 21: High School Dropouts .....	24
Figure 22: High School Suspensions .....	25
Figure 23: Percent of Workers by Mode of Commuting to Work .....	25
Figure 24: Percent of Workers Who Drive Alone to Work .....	25
Figure 25: Property Crime Rate per 100,000 .....	26
Figure 26: Violent Crime Rate per 100,000 .....	26
Figure 27: Juvenile Undisciplined Rate per 1,000, Population age 6-17 .....	27
Figure 28: Juvenile Delinquent Rate per 1,000, Population age 6-15 .....	27
Figure 29: Child Abuse and Neglect Reports Investigated .....	28
Figure 30: Child Abuse and Neglect Reports Substantiated .....	28
Figure 31: Incarceration Rate .....	29
Figure 32: Percent of Population of Voting Age .....	29
Figure 33: <b>Perecent</b> Age 0-64 with Health Insurance .....	31
Figure 34: Types of Health Insurance Coverage by Age .....	31
Figure 35: Population per Primary Care Practitioner .....	32
Figure 36: Physicians per 10,000 Population by County .....	33
Figure 37: Rate of Emergency Department Visits for Anxiety .....	34
Figure 38: Rate of Emergency Department Visits for Depression .....	34
Figure 39: Rate of Emergency Department Visits for Suicidal Ideation .....	35
Figure 40 Rate of Drug Overdose Deaths .....	36
Figure 41: Percent of Deaths Caused by Illicit Opioids .....	36
Figure 42: Leading Causes of Death .....	38
Figure 43: Leading Causes of Injury Death .....	39
Figure 44: Leading Causes of Injury Hospitalization .....	39
Figure 45: Leading Causes of Injury ED Visits .....	40
Figure 46: Top 10 Communicable Diseases .....	41
Figure 47: County Health Rankings Model .....	42

Figure 48: Health Rankings .....43

Figure 49: Beaufort County Quality of Life Ranking.....**Error! Bookmark not defined.**

Figure 50: Beaufort County CHA Questionnaire .....45

Figure 51: Beaufort County CHA Questionnaire regarding COVID-19 .....45

## Acknowledgements

Beaufort County Health Department and Vidant Beaufort Hospital would like to acknowledge the community members that participated in the 2021 Community Health Assessment. In addition, thank you to the community members and organizations that helped to promote the health assessment and collect survey data. Special thanks to the partners and organization leaders who helped prioritize the data to determine and set Beaufort County's priority areas.



## Executive Summary

Beaufort County is pleased to present its 2021 Community Health Needs Assessment. This report provides an overview of the process and methods used to identify and prioritize significant health needs in Beaufort County. The service area for this report is defined as the geographical boundary of Beaufort County, North Carolina. Beaufort County is the **fifth largest** county in the state by total area and covers an area of 958 square miles, of which 827 square miles is land and 131 square miles is water.

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## Leadership

Vidant Beaufort Hospital, a campus of Vidant Medical Center, and Beaufort County Health Department collaborate to lead the Community Health Needs Assessment process in Beaufort County.

Leadership included:

- James Madson– Beaufort County Health Department – Health Director
- JaNell Octigan– Beaufort County Health Department – Human Services Planner IV
- Pam Shadle – Vidant Beaufort Hospital – Director of Marketing, Community Outreach, & Development
- Kelly Ange – Vidant Beaufort Hospital – Community Health Improvement Coordinator
- Anna Parker – Beaufort County Health Department – Public Health Education Specialist

## Collaborative Process Summary

March 2021-April 2021 – Secondary data received **from** state

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April 2021- Vidant Beaufort and Beaufort County Health Department met to develop **strategy** for survey distribution

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April 2021- June 2021- Primary Data collected from Community **Members** July

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2021- August 2021 – Primary and secondary data analysis completed September

2021 – Primary and secondary data ready to share

October 2021 – Vidant Beaufort and Beaufort County Health Department leadership met to review data findings and determine stakeholder list

November 2021 – Stakeholder Prioritization meeting

February 2022 – Finalized Report

## Key Findings

Key findings from select questions on the community survey are integrated into this report by theme or topic area, with an emphasis on the most significant needs as evidenced by both primary and secondary data. This approach is intended to offer a meaningful understanding of health needs. The Community Health Needs Assessment survey examined areas including quality of life, health behaviors, health perceptions, preventive services, exercise, and access to care. A summary of full survey results (all 25 questions) can be found at [www.bchd.net](http://www.bchd.net) or to request a copy contact JaNell Octigan at 252-940-5090 or [Janell.Octigan@bchd.net](mailto:Janell.Octigan@bchd.net).

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### Health Priorities

#### 1. Chronic Disease

- To include prevention and management
- Exercise and nutrition and weight

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#### 2. Mental Health

- Substance Abuse
- Education, Prevention and Treatment

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#### 3. Economy

- Transportation
- Affordable Housing/Substandard Housing
- Education
- Food Insecurity

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#### 4. Vulnerable Populations

- Minority Populations and Aging
- Low Income

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### Next Steps

Beaufort County Health Department and Vidant Beaufort Hospital will work with community partners and organizations, such as BC360 Leadership, Beaufort County Health Clergy, Healthy Congregations, Healthy Communities (BCH3C), Beaufort County Government, Faith-based organizations, and more to implement action plans focused on the 2021 Health Priority Areas.

## Chapter 1: Introduction

### Description of County

Beaufort County has a rich historical past with each town boasting its own bit of history. The settlement of Washington occurred in 1775 by Colonel James Bonner. Washington was named after the first president of the United States, General George Washington. This is the reason that Washington is known as the “Original Washington.” Washington bears the scars of the Civil War in a downtown home that still holds a cannonball shot by a Confederate ship. Despite war and two fires that destroyed much of the town, Washington has persevered and thrived to become what we know and love today. Washington is now home to much of the industry, recreation, and population that is located in Beaufort County.

Beaufort County has the privilege of being home to North Carolina’s oldest town, Bath. Officially founded in 1705, Bath was the first port of entry into N.C. In its early years, the streets and docks of Bath were buzzing with everyone from Royal Governors to Pirates. Edward Teach, better known as Blackbeard, was said to have married a local and settled for a while in Bath. Today Bath is home to several historic sites such as the Palmer-Marsh House and the Bonner House.

Aurora, founded in 1880, is the youngest town in Beaufort County. Aurora is most known for its geological history. Numerous items can attest to this and can be seen at the Aurora Fossil Museum. In fact, everything from the jaw of a giant mega-toothed shark, to the skull of a whale and walrus can be seen here. Aurora is also home to one of the largest phosphate mines in the world, PotashCorp Aurora. PotashCorp Aurora also serves as one of the largest employers in Beaufort County.

Belhaven was once known as a busy industrial town that was home to several lumber companies and a branch of the Norfolk Southern Railroad. The vice-president of Norfolk Southern even made his home in Belhaven, River Forest Manor. The house is still standing today and serves as an inn, restaurant, and marina. Eighteen shipwrecks at the Belhaven waterfront have been identified by the North Carolina State Historic Preservation office.

Beaufort County is home to more than 46,000 residents. No matter what part of Beaufort County that you’re in, you are sure to see a beautiful setting that blends the old with the new. The past, the present, and the future all work together to create the place that so many love and enjoy.

### Overview of Health ENC

Health ENC, a program of the Foundation for Health Leadership and Innovation (FHLI), a nonprofit organization focused on improving health in North Carolina. Health ENC is guided by representatives from local health departments, hospitals and community organizations. The collaborative serves 35 counties with 34 participating health departments and 31 participating hospitals. The collaborative uses a shared approach for primary and secondary data collection to produce a comprehensive Regional Community Health Needs Assessment every three years that can be used to partially satisfy requirements for North Carolina Local Health Department Accreditation and the Internal Revenue Service requirement under the Patient Protection and Affordable Care Act for charitable hospitals.

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## Overview of Community Health Needs Assessment Process

The Community Health Needs Assessment Process gathers population health data that county health departments, hospitals, community groups can use to

- Identify key health needs/issues in eastern North Carolina Communities
- Develop strategies and action plans based upon data aim to improve the quality of life
- Collaborate to maximize results by having a collective impact in the region
- Maintain local control and decision-making about the choice of health priorities and interventions, and
- Improve health, partnerships, and communication.

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## Participating Health ENC Counties

Health ENC serves the following counties: Beaufort, Bertie, Bladen, Camden, Carteret, Chowan, Craven, Cumberland, Currituck, Dare, Duplin, Edgecombe, Franklin, Gates, Greene, Halifax, Hertford, Hoke, Hyde, Johnston, Jones, Lenoir, Martin, Nash, Northampton, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Pitt, Sampson, Tyrrell, Washington, and Wayne Counties.

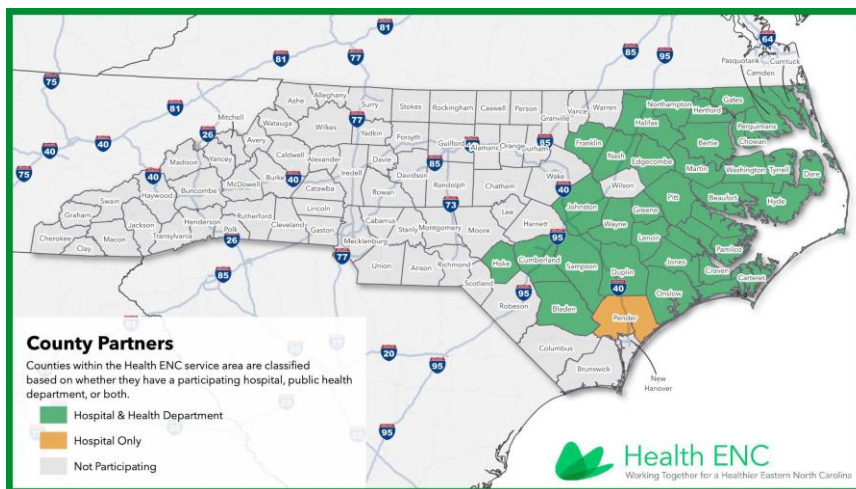


Figure 1 Health ENC Counties

## Overview of Data Collection

### Primary Data – Community Survey

#### Survey Methodology/Design

Health ENC Steering Committee structured the primary data collection for participating health departments and hospitals. The primary data used in the Community Health Needs Assessments included (1) a community survey that could be distributed online or by a paper submission and (2) focus group discussions in some counties. The Health ENC Steering Committee did not encourage focus groups for the 2021-2022 Community Health Needs Assessments because of the global COVID-19 pandemic. However, some counties were able to hold focus group discussions safely despite significant challenges in collecting enough survey responses to accurately represent their community's population.

#### Survey Design:

The Health ENC Steering Committee developed a primary survey to gather information from community members about their health concerns. A workgroup of Steering Committee members convened and examined survey questions utilized in the 2018-2019 Community Health Needs Assessment. The workgroup also examined data readily available from secondary data sources. The workgroup focused on developing survey questions to obtain data from community members which was not readily available in the secondary data or where secondary data was weak. In addition, workgroup members worked to combine questions where appropriate and to be more inclusive in the wording of response choices. The Steering Committee reviewed the sample survey questions and made a few additional revisions to assure the survey only contained questions where community input was needed to guide health priority selection and strategic action planning.

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Once the survey questions were finalized, the Steering Committee decided on targets for each county. Because the survey was a convenience sample that was being conducted during a global pandemic (COVID-19), each county was asked to complete a minimum of 300 surveys with representation from as many community groups as possible to assure sufficient sampling to represent the full community. The target of 300 surveys per county was identified through previous work with data analysis vendors who examined each county's population and confirmed this number should provide an accurate reflection of the total county's population, if responses reflected the population demographics equally.

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The surveys were made available to the public from April 1 – June 30, 2021. Surveys were made available in paper format and electronically using the REDcap software. Health ENC partners received feedback throughout the survey period on the age, gender, race/ethnicity, and language of survey respondents to assist them in promoting the surveys to various community members within their counties. At the completion of the survey period, 16,661 English surveys and 502 Spanish surveys were completed. Most counties did not have an equally distributed response to surveys to represent their entire county's population. As a result, survey responses should be considered as only one component of information utilized to select health priorities. The most underserved populations' feedback is not adequately reflected in most surveys. Health ENC partners were encouraged to include key stakeholders, who served these populations, in the health priority selection process to assure many of their clients' health needs were considered.

The community health assessment survey contained 25 questions and the survey was made available online and via paper. Survey responses were collected from April 1 – June 30, 2021. Social media outlets, websites, public announcements, and the use of community partners were used to help encourage county feedback and participation.

#### Key Areas Examined

- Quality of life, health behaviors, health perceptions
- Preventative services, exercise, and access to care

#### County Responses

- 337 Total English (Total in Health ENC survey =16,661)
- 3 Total Spanish (Total in Health ENC survey =502)

#### Secondary Data Sources

The community health/community health needs assessment should provide a comprehensive source of the best available data to improve the lives of people. With a simple search from a smartphone one can access powerful data from reputable sources. The internet and broad-band connectivity have become essential tools for acquiring information and staying informed.

All data starts with a good data source and paying attention to the data sources is a critical factor in the decisions we make using data. Reputable data sources provide original data or complete transparency about the original source. The data source provides enough information about the data to provide context so that the data may be interpreted. The best data sources are current and reliable. Even if the data lag, and perhaps older than a year or more, data trends are often just as important for decision making as a single data point. Changes in definitions and methodology are documented and easily found with the data.

This assessment relies largely on data that are available from the following sources:

- Healthy North Carolina 2030 (HNC 2030) - <https://schs.dph.ncdhhs.gov/units/ldas/hnc.htm>
- N.C. State Center for Health Statistics - <https://schs.dph.ncdhhs.gov/>
- U.S. Census Bureau - <https://www.census.gov/>
- County Health Rankings and Roadmaps - <https://www.countyhealthrankings.org/>

Additional data/data sources that were reviewed for this assessment can be found in the Appendices.

#### Limitations

- The data presented represents a snapshot of the population, economic, and leading health and wellness issues in eastern NC communities.
- It includes primary data gathered from community surveys and secondary data from health and other sources.
- This information can be used as a guide for helping communities identify leading health issues in the Health ENC County Region.
- Other health issues, data and resources may be available that were not listed here that communities may wish to consider when establishing health priorities

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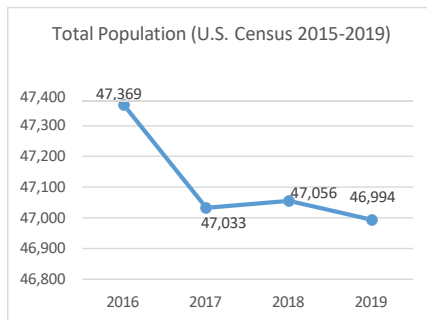
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## Chapter 2: Demographic Profile

### Total Population



- From 2016 to 2019, Beaufort County's population decreased by .08%.
- In 2019, Beaufort County had a population estimate of 46,994.

Figure 2: [ACS Demographic and Housing Estimates, ACS 2015-2019](#)

### Minority Populations

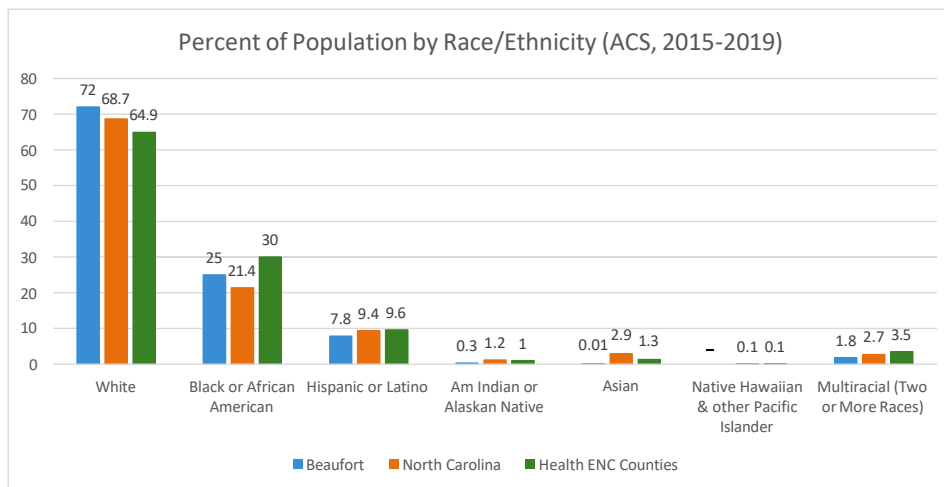


Figure 3: [ACS Demographic and Housing Estimates, ACS 2015-2019](#)

- Beaufort County has a much lower population that identify as Hispanic/Latino (7.8%) compared to NC (9.4%) and Health ENC Counties (9.6%).
- In Beaufort County, the White population accounts for 72.0% of the total population, with the Black or African American population accounting for 25.0% of the total population.

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- The White population in Beaufort County (72.0%) is greater than the White population in both North Carolina (68.7%) and Health ENC counties (64.9%).
- The Black or African American population in Beaufort County (25.0%) is slightly higher than the Black or African American population in North Carolina (21.4%) but lower than the Health ENC counties (30.0%).

### Population Growth

- The projected population growth for Beaufort County for 2029 is estimated to decline to 41,438 persons.
- According to the U.S. Census estimates, from 2010 to 2019, the total population of Beaufort County had decreased by an overall 2%.

Note: Population projection for 2029 comes from the [NC Office of State Mgmt and Budget Pop Projections](#). All other population data is from the Census.

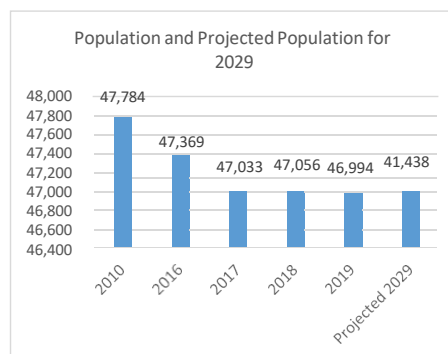


Figure 4: [NC Office of State Mgmt and Budget Pop Projections](#)

### Birth Rates

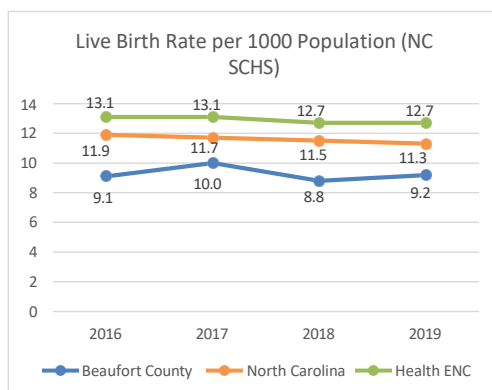


Figure 5: [North Carolina Center for Health Statistics](#)

Birth rates are important measures of population health. The birth rate is usually the dominant factor in determining the rate of population growth; however, population growth is also driven by the age structure of the population (e.g., deaths), immigration and emigration.

This figure illustrates that the birth rates have remained consistent over the measurement period.

In Beaufort County the birth rate is lower compared to the birth rate in North Carolina than in all Health ENC Counties.

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## Age Groups

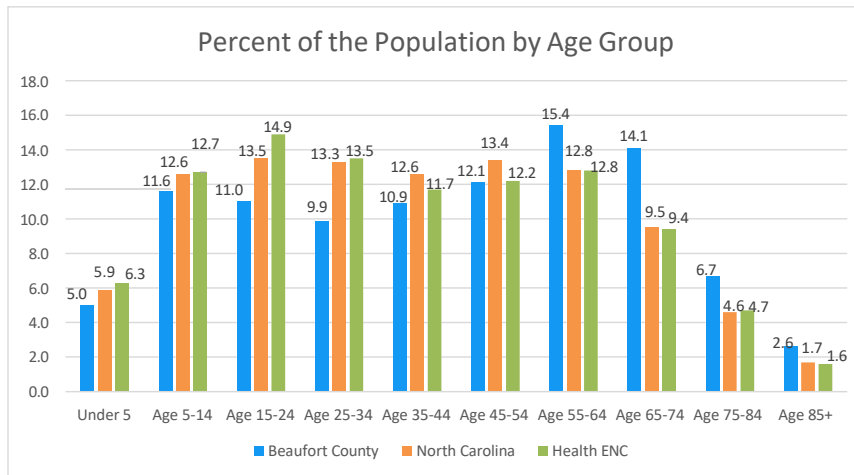


Figure 6: [ACS Demographic and Housing Estimates, ACS 2015-2019](#)

- In Beaufort County, the percent of people between the ages of 55-64 are higher (15.4%) than the Health ENC (12.8%) and North Carolina (12.8%).
- The percentage of those ages 25-34 (9.9%) in Beaufort County are lower than the Health ENC (13.5%) and North Carolina (13.3%). In addition, Beaufort County's percentage of those 35-44 is also lower than Health ENC (11.7%) and North Carolina (12.6%).

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## Military/Veteran Populations

### Military Populations

- The percent of **active duty** military population in Beaufort County reported by the U.S. Census is null (0.0%).
- The Health ENC Counties (4.8%) are much higher than the overall **percent** of all counties in North Carolina (1.1%).

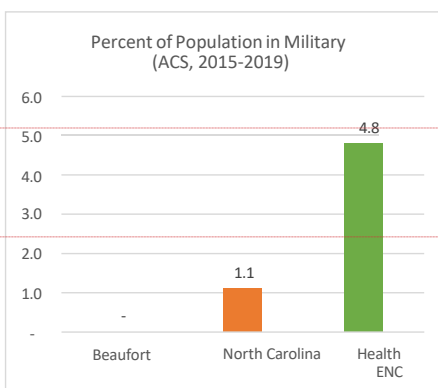


Figure 7: Percent of Population in Military

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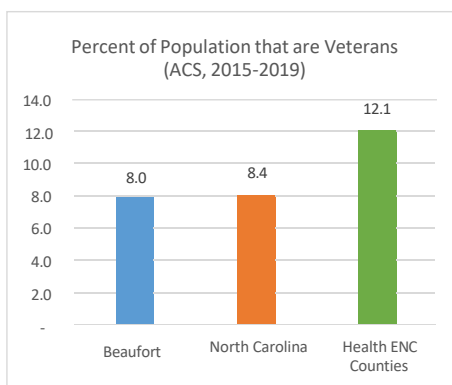


Figure 8: [Explore Census Data](#)

### Veteran Populations

The veteran population is given as a percent of the civilian population aged 18 years and older and this data is used for policy analyses, **to develop programs, and to create budgets** for veteran programs and facilities.

- Beaufort County had a veteran population of 8.0% in 2015-2019 period, compared to 8.4% for North Carolina and 12.1% for Health ENC counties.

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## Analysis of Demographic Data

Population data in this report does not reflect seasonal migrant workers, as well as the homeless population. Acquiring data **for** homeless population is difficult to obtain due to the lack of a clear definition of homelessness, as well as the mobility of this population. Migrant worker populations are hard to track as they come from various locations and are here for a short period of time.

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At the time of this report, data did **not** reflect the impact of the **Coronavirus Pandemic** on the **population** **as** statistics from the U.S. Census were only reported up until 2019.

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## Chapter 3: Socioeconomic Profile

### NC Department of Commerce Tier Designation

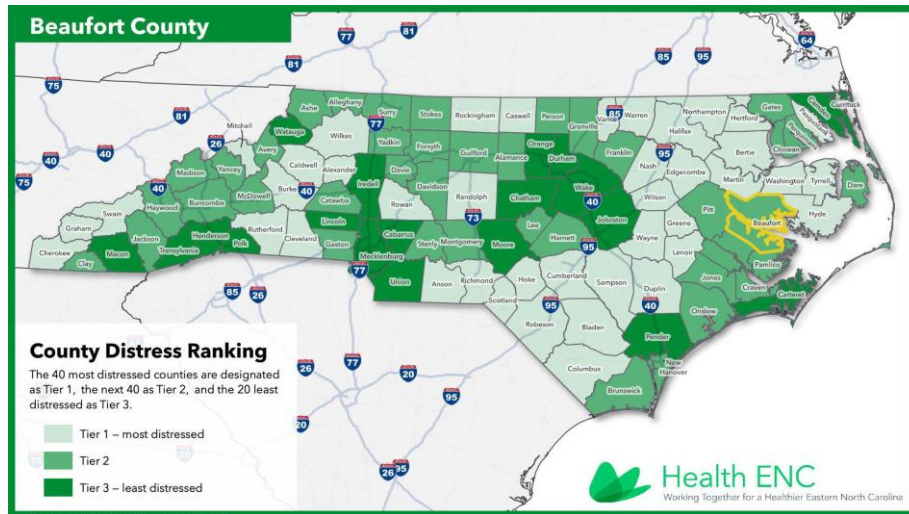


Figure 9: NC Tier Designation

The North Carolina Department of Commerce annually ranks the state's 100 counties based on economic well-being and assigns each a Tier designation. The 40 most distressed counties are designated as Tier 1, the next 40 as Tier 2 and the 20 least distressed as Tier 3. In 2021, Beaufort County was assigned a Tier 2 designation.

The following four factors are used to calculate a County's Tier:

- Average unemployment rate
- Median household income
- Percentage growth in population
- Adjusted property tax base per capita

In 2021, Beaufort County was assigned a Tier 2 designation.

## Income

Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have a greater share of educated residents and lower unemployment rates.

This figure shows the median household income in Beaufort County (\$45,212), which is 17.2% lower than the median household income in North Carolina (\$54,602).

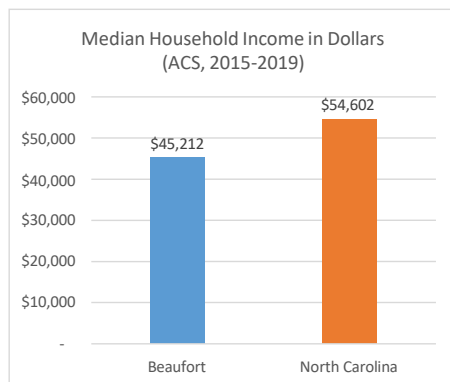


Figure 10: [Median Income in the Past 12 Months, ACS 2015-2019](#)

## Poverty

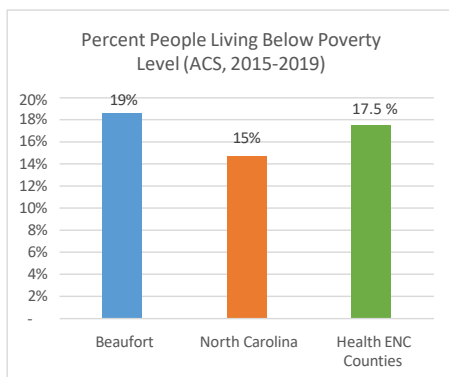


Figure 11: [Poverty Status in the Past 12 Months, ACS 2015-2019](#)

Federal poverty thresholds are set every year by the Census Bureau and vary by size of family and ages of family members. A high poverty rate is both a cause and a consequence of poor economic conditions.

As seen in this figure, 19.0% percent of the population in Beaufort County lives below the poverty level, which is higher than the rate for North Carolina (15.0% of the population) and the Health ENC region (17.5%).

## Poverty by Race and Ethnicity

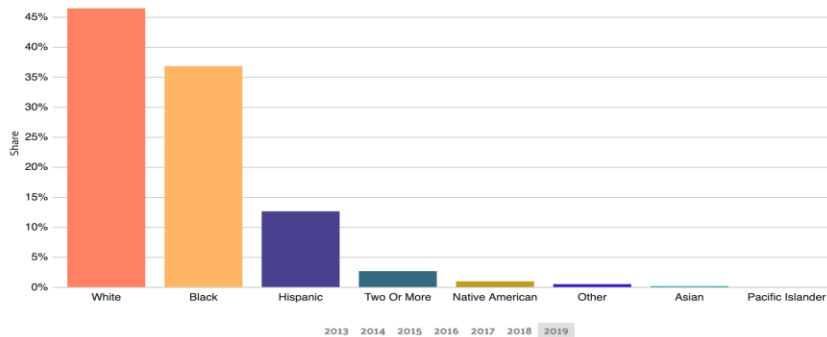


Figure 12: U.S. Census Bureau ACS 5-year Estimate - The above results are from 1-year data release for the year 2019.  
<https://datausa.io/profile/geo/beaufort-county-nc#economy>

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The Census Bureau uses a family's size and the ages of family members to determine the household's money income threshold. If a family's total income is less than the family's threshold, then that family and every individual in it is considered to be living in poverty.

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The most common racial or ethnic group living below the poverty line in Beaufort County, NC is White, followed by Black and Hispanic. However, there is a greater population of White (33,835) than Black (11,748) and Hispanic (3,665). 19% of Beaufort County's population lives in poverty, which is 8,928 people. The below chart depicts the rate of poverty among the 8,928 people living in poverty in Beaufort County.

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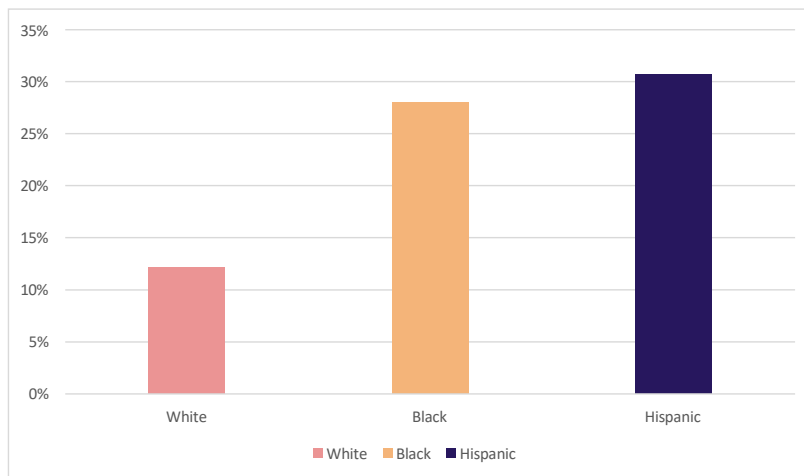
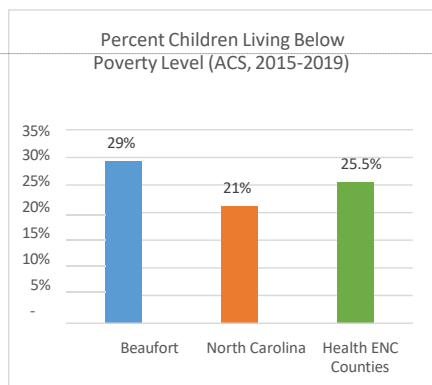


Figure 13

### Children in Poverty

- The percent of children living in poverty is higher for Beaufort County when compared with N.C. and Health ENC Counties.
- Data from the American Community Survey indicated that during the 2015-2019 period, the percent of children living in poverty in Beaufort County was 29%, which is higher than North Carolina (21%) and Health ENC counties (25.5%).



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Figure 14: [Poverty Status in the Past 12 Months, ACS 2015-2019](#)

### Older Adults in Poverty

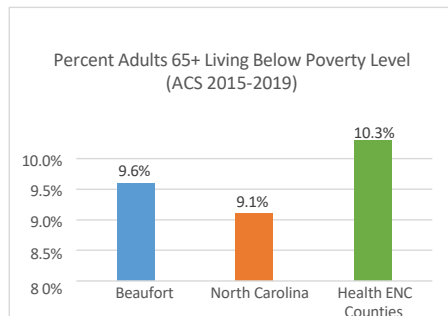


Figure 15: [Poverty Status in the Past 12 Months, ACS 2015-2019](#)

- The percent of older adults age 65+ years living in poverty is greater in Beaufort County (9.6%) than in North Carolina (9.1%), but lower than the percent of older adults living in poverty in Health ENC counties (10.3%).
- Seniors who live in poverty are an especially vulnerable group due to medical needs, social isolation and decreased physical mobility.

### Disabled People in Poverty

- The percent of disabled people living in poverty in Beaufort County (26%) is higher than the average percent of disabled people living in North Carolina (20%).

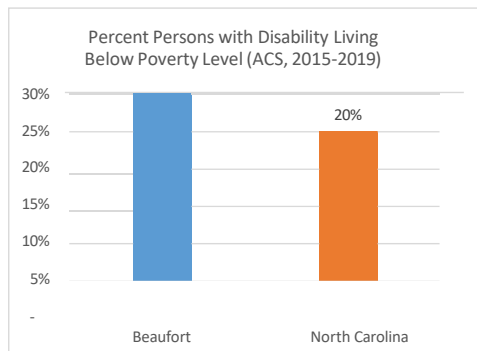
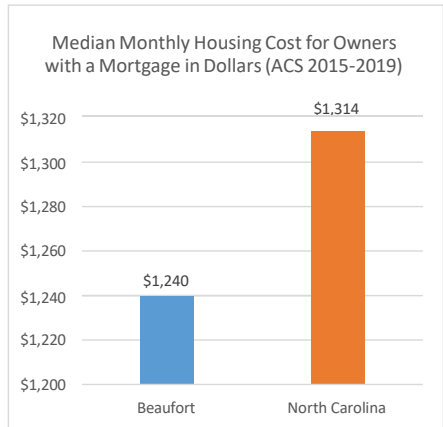


Figure 16: [Poverty Status in the Past 12 Months, ACS 2015-2019](#)

Housing

Median Monthly Housing Costs

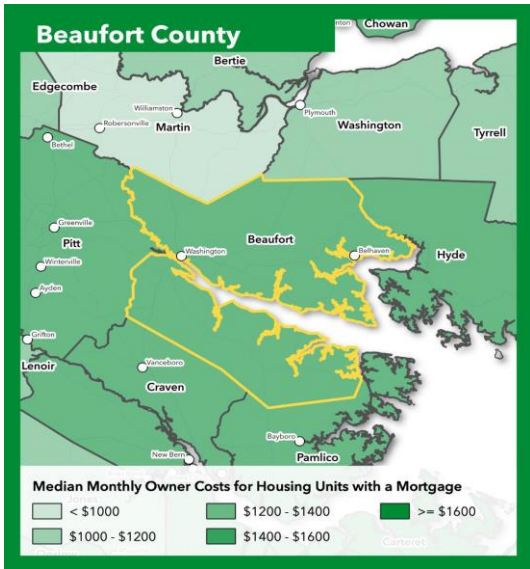


- The average household size in Beaufort County is 2.38 people per household (owners) and 2.34 people per household (renters), which is slightly lower than the North Carolina value of 2.57 people per household (owners) and 2.43 people per household (renters).
- The median monthly housing cost for homeowners in Beaufort County is \$1,240, which is lower than the North Carolina median monthly housing cost of \$1,314.

High costs of homeownership with a mortgage can strain both homeowners and the local housing market.

Figure 17: [Financial Characteristics for Housing Units with a Mortgage, ACS 2015-2019](#)

Median Monthly Housing Costs in Beaufort County and Surrounding Counties



This figure provides a snapshot of median monthly housing costs for owners with a mortgage for Beaufort and surrounding counties.

Figure 18: [County Health Rankings & Roadmaps](#)

### Severe Housing Problems

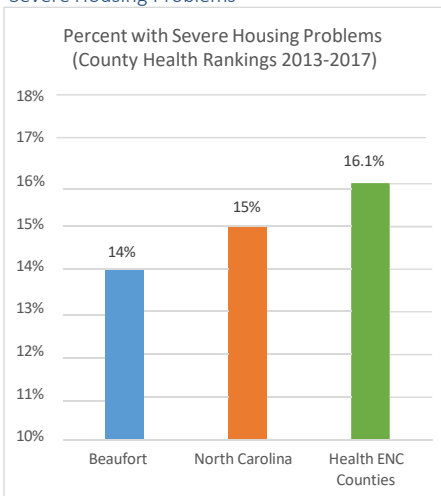


Figure 19: [County Health Rankings](#)

Safe and affordable housing is an essential component of healthy communities. The effects of housing problems are widespread and include at least one of the following problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities.

- In Beaufort County, 14.0% of households have severe housing problems compared to 15.0% in North Carolina and 16.1% in Health ENC Counties.

### Food Insecurity

#### Households with SNAP Benefits

The Supplemental Nutrition Assistance Program (SNAP) is a federal assistance program that provides low-income families with electronic benefit transfers (EBTs) that can be used to purchase food. The goal of the program is to increase food security and reduce hunger by increasing access to nutritious food.

- The **percent** of households with SNAP benefits in Beaufort County is 16.0%, which is 3.0% higher than the state value of 13.0% and 0.7% lower than the Health ENC County region.

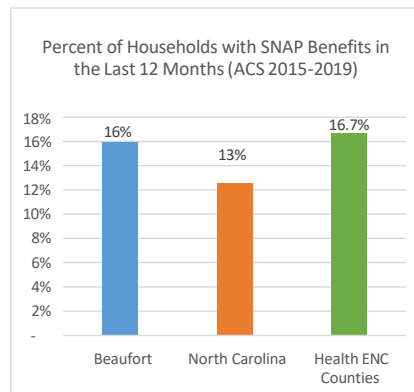


Figure 20: [Food Stamps/Supplemental Nutrition Assistance Program \(SNAP\), ACS 2015-2019](#)



## Education

### Educational Attainment

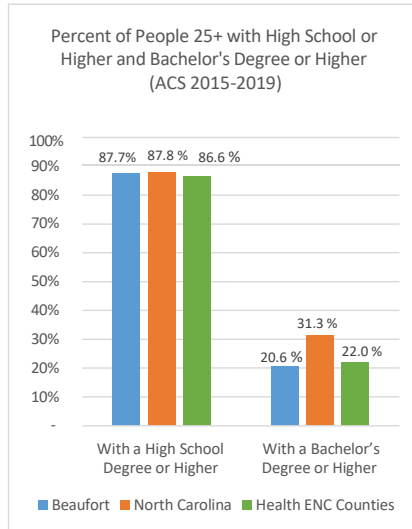


Figure 21: [Educational Attainment, ACS 2015-2019](#)

### High School Dropout Rate

Individuals who dropout of high school are less likely to be employed. When compared to individuals who graduate high school and college, dropouts earn less income.

High school dropouts are generally less healthy and require more medical care. Additionally, increased high school dropout rates are linked to increased criminal activity and incarceration rates. These factors influence a community's economic, social, and civic health.

- Beaufort County's high school dropout rate is 1.6, which is higher than the North Carolina rate (1.5) and the Health ENC region (1.4).
- Beaufort County's high school dropout rate has decreased from 3.2 in 2016-2017 to 1.6 in 2019-2020.

Graduating from high school is an important personal achievement and is essential for an individual's social and economic advancement. Graduation rates can also be an important indicator of the performance of an educational system. Having a bachelor's degree opens up career opportunities in a variety of fields and is often a prerequisite for higher-paying jobs.

- In Beaufort County the percent of population 25 or older with a high school degree or higher was nearly the same (87.7%) as the state (87.8%) but higher than the Health ENC region (86.6%).
- Percent of population with a Bachelor's degree or higher in Beaufort County was lower (20.6%) compared to N.C. (31.3%) and Health ENC region (22.0%).

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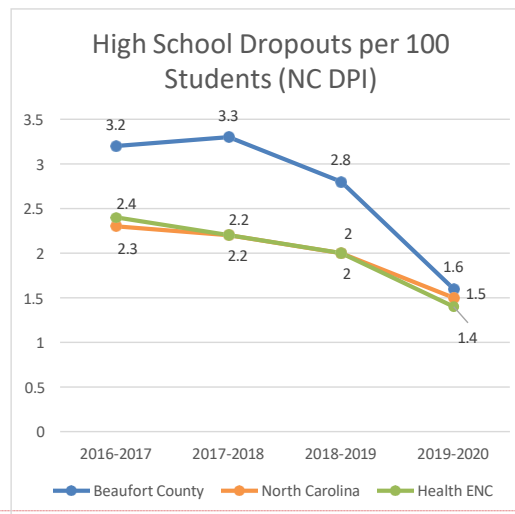


Figure 22: [NC DPI: Discipline, ALP and Dropout Annual Reports](#)

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## High School Suspension Rate

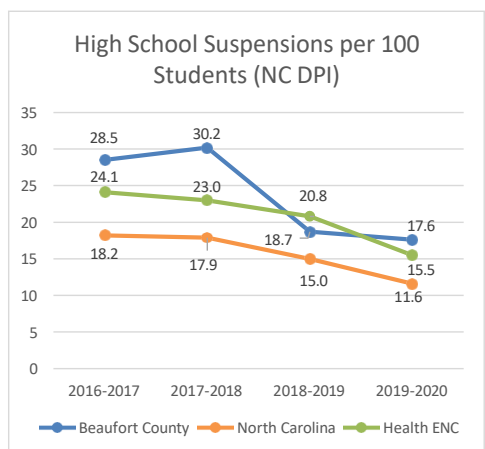


Figure 23: [NC DPI: Discipline, ALP and Dropout Annual Reports](#)

High school suspension is a form of discipline in which a student is temporarily removed from a classroom and/or school due to a violation of school conduct or code. Higher rates of suspension can be related to higher rates of antisocial or delinquent behaviors, which may further contribute to potential future involvement in the juvenile justice system.

Additionally, schools with higher suspension rates have higher rates of law or board of education violations and generally spend more money per student.

- Beaufort County's rate of high school suspension (17.6) is higher than North Carolina's rate (11.6) and Health ENC counties (15.5) in 2019-2020.

## Transportation

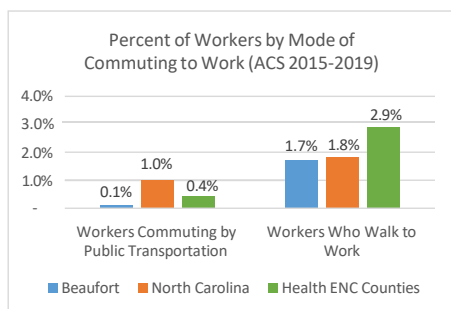


Figure 24: [Commuting Characteristics, ACS 2015-2019](#)

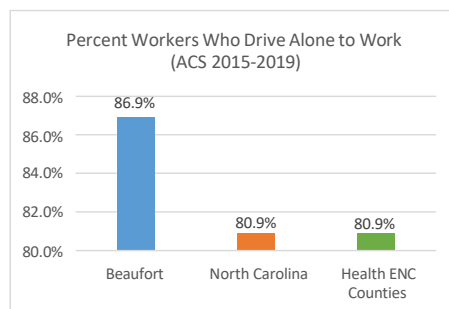


Figure 25: [Means of Transportation to Work, ACS 2015-2019](#)

Public transportation offers mobility, particularly to people without cars. Transit can help bridge the spatial divide between people and jobs, services, and training opportunities. Public transportation also reduces fuel consumption, minimizes air pollution, and relieves traffic congestion. Walking to work helps protect the environment, while also providing the benefit of daily exercise.

- In Beaufort County, an estimated 0.1% of workers commute to work by public transportation, compared to the state value of 1.0%.

- Approximately 1.7% of workers walk to work, slightly lower than the state value of 1.8%.
- An estimated 86.9% of workers 16 and older drive alone to work, compared to 80.9% in N.

## Crime and Safety

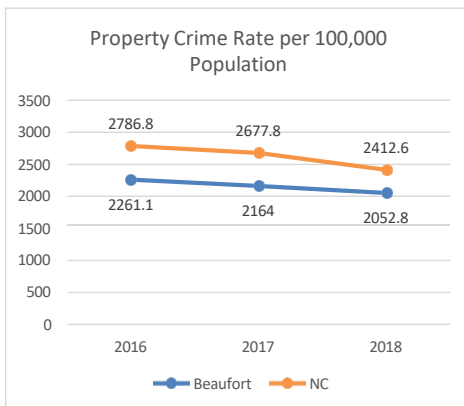


Figure 26 [NCSBI - Uniform Crime Reports](#)

Both violent crime and property crime are used as indicators of a community's crime and safety. Violence negatively impacts communities by reducing productivity, decreasing property values and disrupting social services. Violent crime includes four offenses: murder and non-negligent manslaughter, rape, robbery, and aggravated assault. Property crime includes offenses of burglary, larceny-theft, motor vehicle theft, and arson.

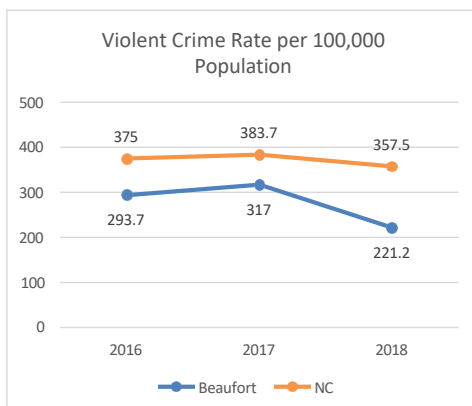


Figure 27 [NCSBI - Uniform Crime Reports](#)

- From 2016 to 2018, the property crime rate ~~has~~ decreased from 2261.1 to 2052.8 and still below the N.C. rate.
- Beaufort County property crime rate (2052.8) is lower than the N.C. property crime rate (2412.6).

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## Juvenile Crime

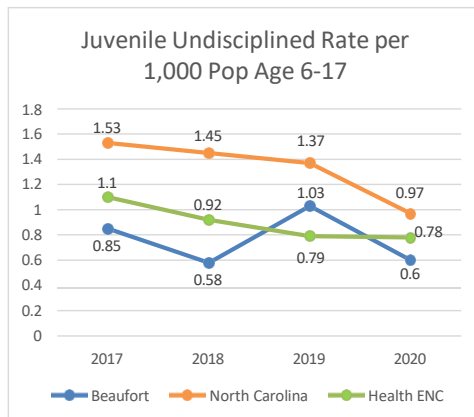


Figure 28 [County Databooks](#)

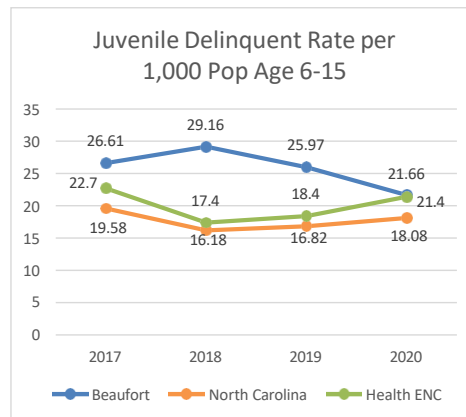


Figure 29 [County Databooks](#)

Youth who commit a crime may not gain the educational credentials necessary to secure employment and succeed later in life. Negative peer influences, history of abuse/neglect, mental health issues, and significant family problems increase the risk of juvenile arrest. The juvenile justice system aims to reduce juvenile delinquency through prevention, intervention, and treatment services.

Undisciplined rate describes juveniles who are unlawfully absent from school, regularly disobedient and beyond disciplinary control of the parent/guardian, are regularly found where it is unlawful for juveniles to be or have run away from home for more than 24 hours.

- The 2017 juvenile undisciplined rate in Beaufort County (0.85) was lower than the rate in North Carolina (1.53) and the Health ENC region (1.1).
- While the juvenile crime rate in Beaufort County increased from 2018 to 2019, the rate decreased from 1.03 in 2019 to 0.6 in 2020.
- The 2020 juvenile delinquent rate for Beaufort County (21.66) was higher than North Carolina (18.08) and the Health ENC region (21.4).
- Since 2018, the Beaufort County juvenile delinquent rate has been experiencing a decreasing trend, which is good.

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## Child Abuse

Child abuse includes physical, sexual and emotional abuse. All types of child abuse and neglect can have long lasting effects throughout life, damaging a child's sense of self, ability to have healthy relationships, and ability to function at home, at work, and at school.

- Child Abuse & Neglect Reports Investigated is the rate of children who had reports of possible child abuse and neglect.
- Beaufort County investigated child abuse rate (63.7) is higher than the N.C. investigated child abuse rate (45.2).

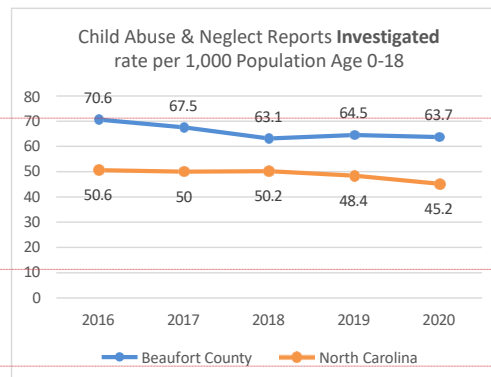


Figure 30: Child Abuse and Neglect Reports Investigated and Substantiated / KIDS COUNT Data Center

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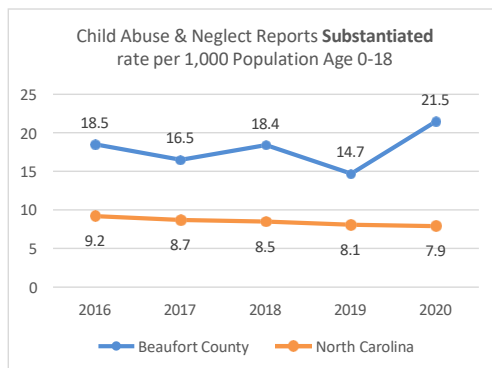


Figure 31: Child Abuse and Neglect Reports Investigated and Substantiated / KIDS COUNT Data Center

- Child Abuses & Neglect Reports Substantiated is the rate of children that evidence of abuse and/or neglect was confirmed.
- The 2020 child abuse substantiated rate in Beaufort County (21.5) is higher than North Carolina (7.9).

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A key in helping identify child abuse is being aware of the RED FLAGS for possible abuse and neglect.

- Socially withdrawn
- Dirty clothes, clothes inappropriate for weather, poor hygiene
- Failure to thrive, or a malnourished child
- Untreated medical problems/illness
- Severe dental cavities
- Developmental delay
- Self-abusive behaviors
- Behavioral problems such as anxiety or aggression

Remember the 3 **R**'s. Recognize. Respond. Report.

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## Incarceration

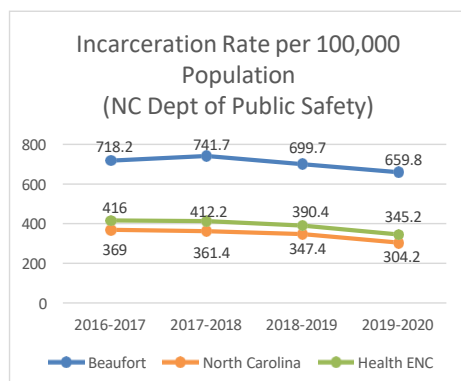


Figure 32: [Incarceration Rate](#)

According to the U.S. Bureau of Justice Statistics, approximately 1 out of 100 adults in the U.S. are in jail or prison. Conditions in jails and prisons can lead to an increased risk of infectious diseases, such as Tuberculosis and Hepatitis C, as well as assault from other inmates. After incarceration, individuals are likely to face a variety of social issues, such as employment discrimination, disruption of family relationships and repeat offenses.

- Since 2016, the incarceration rate in Beaufort County has decreased.
- The incarceration rate in Beaufort County is higher (659.8) than North Carolina (304.2) and Health ENC Counties (345.2).

## Civic/Political Engagement

Exercising the right to vote allows a community to choose elected officials and hold them accountable. Voting ensures that all citizens have the opportunity to voice their opinions on issues, such as the use of tax dollars, civil rights and foreign policy. By voting, individuals shape their communities and influence the next generation of society. A high level of voter turnout indicates that citizens are involved and interested in who represents them in the political system.

- Beaufort County has a higher percent of residents who are of voting age (79.6%) than North Carolina (77.6%) and Health ENC Counties (77.1%).

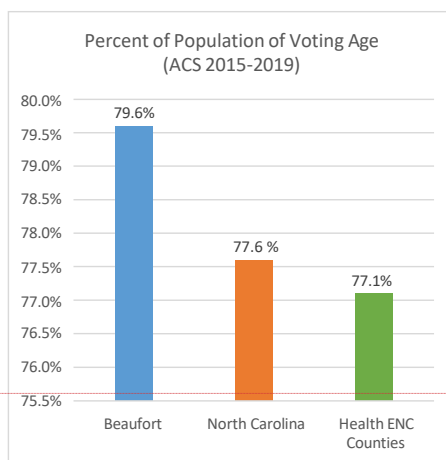


Figure 33: [ACS Demographic and Housing Estimates](#)

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## Analysis of Socioeconomic Profile

Beaufort County has a lack of public transportation. Being in a rural county creates difficulty when it comes to carpooling. **Currently the** only public transportation resource available is B.A.T.S (Beaufort Area Transport System). Through this system, individuals are able to schedule transportation for a **fee**, **however** there are stipulations to locations and use of the service. In addition, there are no scheduled routes for public transportation. This results in little to no one utilizing public transportation.

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In 2019, Reducing the Risk (RTR) was implemented in Beaufort County Schools. This program works with 9<sup>th</sup> graders to educate adolescents on how to reduce teen pregnancy and **sexual** transmitted infections by increasing abstinence and the use of contraceptives. The parent/guardian involvement in the program is a vital piece of RTR, in which parents learn how to communicate with their **teen** in a healthy, positive way. RTR has always emphasized the education and empowerment of students, which can have a positive impact on high school dropout rates and teen pregnancy.

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Department of social services commented that one contributing factor to the child abuse rates is the increased cases **with** substance use by parents or caretakers: including **opioid**, methamphetamine, fentanyl, and heroin.

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In 2018, Beaufort County Schools received a Project Aware/Project Activate grant which is focused on supporting mental health. Schools also use Positive Behavior Interventions and Support (PBIS), which is an evidence-based framework that helps improve student behavior, academic success and overall school environment. If children met the criteria, they were identified as “at-risk” and home visits were conducted. Social workers and school counselors met consistently to evaluate data, update risk assessments for at-risk children, and discuss visits and communication with families. As of the publication of this CHNA, Beaufort County Schools continues to provide free breakfast and lunch for all students. During the summer, the Summer Feeding Program helps to supplement food for children whose sole meal each day is provided at school. If students are unable to pick up their food, food is delivered to them.

When a child’s basic needs, such as access to food, clothes, safety and housing, are not met, the additional tasks of school and homework become less of a priority. Bright Futures helps provide stability and resources to meet students' baseline **needs** **so** they are able to have more stability and focus on their education.

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## Chapter 4: Clinical Care Profile

### Health Insurance Coverage

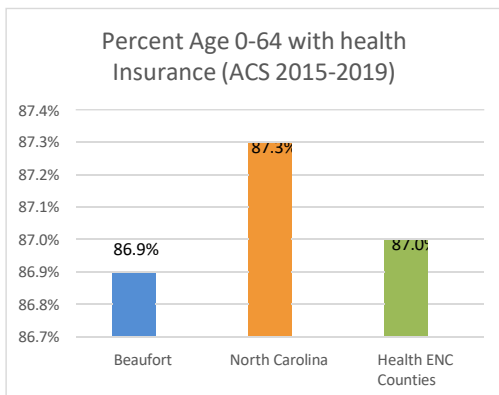


Figure 34: [Health Insurance Coverage in the United States, ACS 2015-2019](#)

Medical costs in the United States are very high. People without health insurance may not be able to afford medical treatment or prescription drugs. They are also less likely to get routine checkups and screenings, so if they do become ill they may not seek treatment until the condition is more advanced, and therefore more difficult and costly to treat.

- Over 13% of individuals, ages 0-64 years old, are uninsured in Beaufort County.
- The percent of individuals, ages 0-64 years old, that have health insurance coverage in Beaufort County is 86.9%, which is lower than the rate for North Carolina (87.3%) and the Health ENC counties (87.0%)

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### Government Health Insurance Only Coverage – Medicaid, Medicare, Tricare

This graph shows the percent of the population only receiving health insurance through Medicaid, Medicare, or military healthcare (TRICARE).

- In Beaufort County, 16.8% of the population reported receiving health insurance coverage through Medicaid, 6.5% Medicare and 0.2% Tricare.

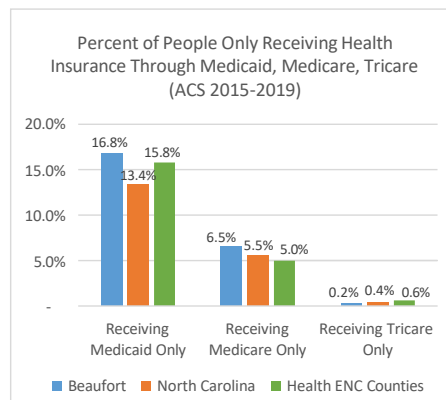


Figure 35: [Types of Health Insurance Coverage by Age](#)

## Primary Care Practitioners

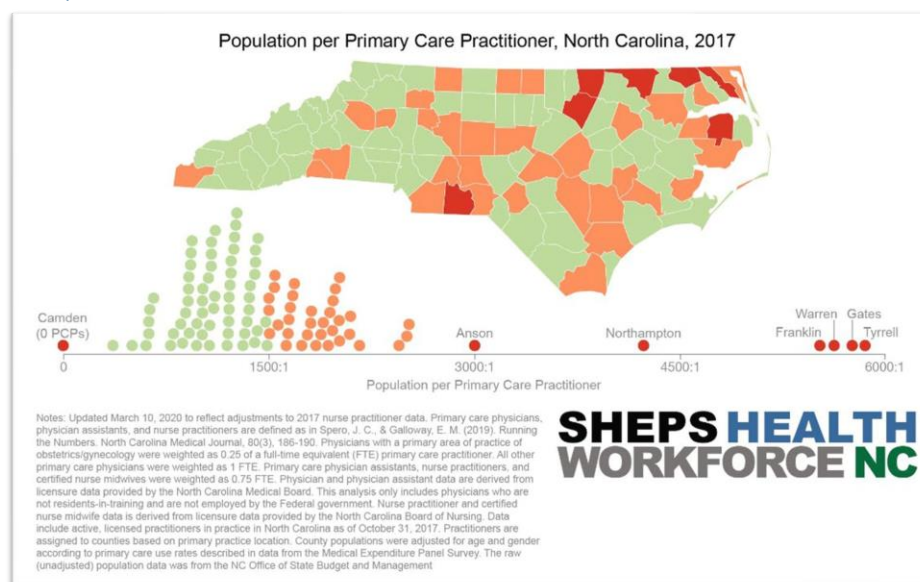


Figure 36: Population per Primary Care Practitioner, (Sheps Health Workforce NC)

Access to primary care is necessary to improving the health outcomes of communities. With the recent spread of the novel Coronavirus in North Carolina, primary care is critical, as it is an entry-point to further care. Many rural areas in North Carolina lack adequate access to primary care providers. The disparities in access between rural and metropolitan areas have continued to grow despite an overall increase of physicians in NC.

The NC Institute of Medicine (NCIOM) definition of primary care practitioner includes physicians, nurse practitioners (NPs), physician assistants (PAs) and certified nurse midwives (CNMs). In Figure 35, Beaufort County is shaded in green, a color that indicates the county is meeting the NCIOM target ratio of 1 primary care provider to every 1,500 people. This is largely due to coverage of Pitt County (in Greenville), however transportation may not allow equal access for Beaufort County residents.

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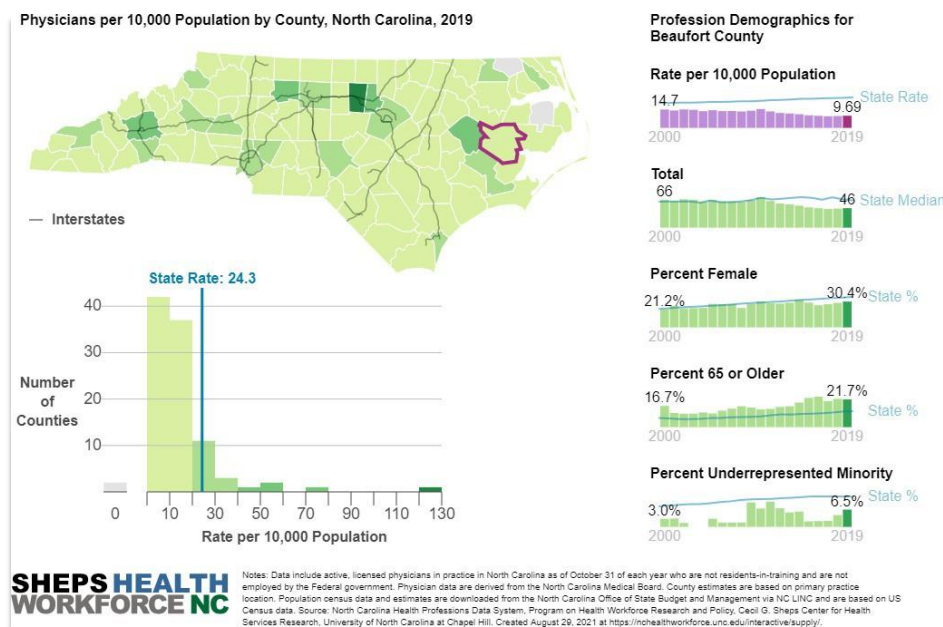


Figure 37: North Carolina Health Professions Data System, [Program on Health Workforce Research and Policy](https://nchealthworkforce.unc.edu/interactive/supply/), Cecil G. Sheps Center for Health Services Research, University of North Carolina at Chapel Hill. Created September 29, 2021 at <https://nchealthworkforce.unc.edu/interactive/supply/>

As shown in this figure, the number of physicians per 10,000 population in Beaufort County decreased from 14.7 physicians in 2000 to 9.69 in 2019, which is below the state rate of 24.3 per 10,000 population.

## Mental Health

Although the mind and body are often viewed as being separate, mental and physical health are closely related. Good mental health can positively affect your physical health. In return, poor mental health can negatively affect your physical health.

In 2019, Beaufort County's mental health provider rate (750:1) was greater than the North Carolina rate (410:1). Therefore, there are less mental health providers per our county population. Beaufort County's Emergency Department visits rate for depression, anxiety, and suicidal ideation were all higher than North Carolina's rates. In addition, Beaufort County's prevalence of depression among people 18 years or older was 22% of the population.

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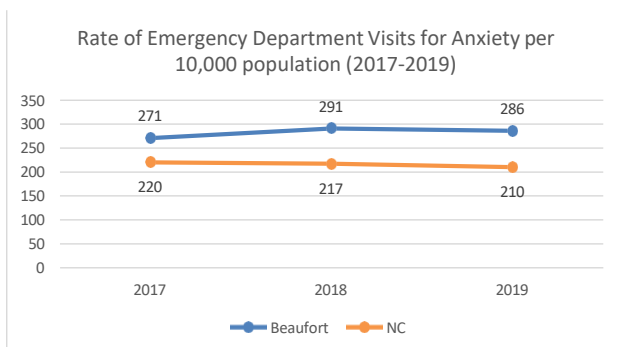


Figure 38 [NC Detect](#)

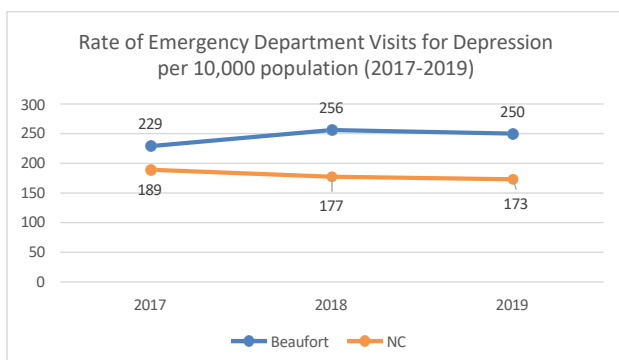


Figure 39 [NC Detect](#)

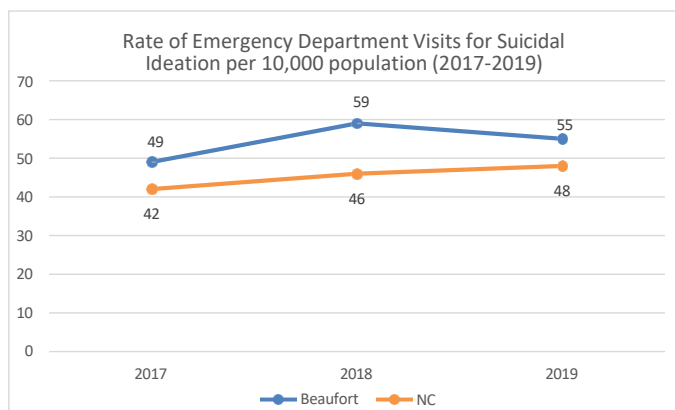


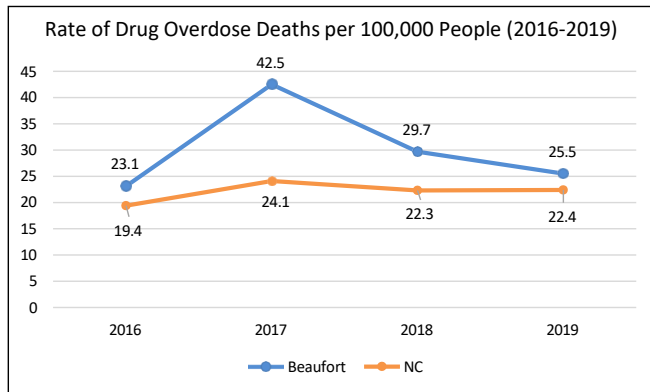
Figure 40 [NC Detect](#)

If you or someone you know is in need of treatment or mental health facilities, visit <https://findtreatment.samhsa.gov/> and enter your zip code to find facilities closest to you.

## Substance Use

Since 2000, more than 28,000 North Carolinians lost their lives to drug overdose. This epidemic is devastating families and communities. It is overwhelming medical providers and is straining prevention and treatment efforts. The drug epidemic continues to affect North Carolina, including Beaufort County.

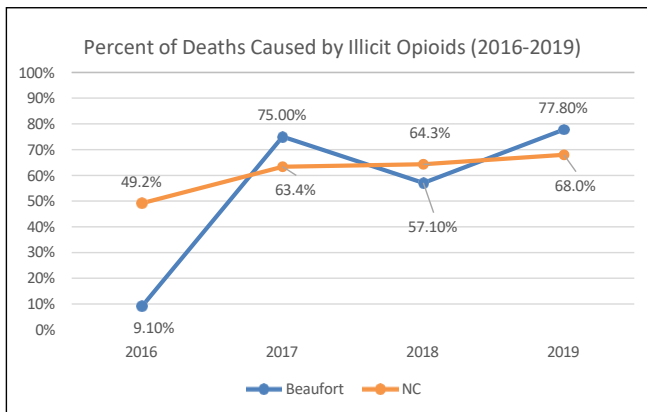
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- Since 2016, Beaufort County has had a greater rate of drug overdose deaths, per 100,000 than North Carolina

Figure 41 NCDHHS Dashboard

The above data includes deaths from all types of medications and drugs, including prescribed opioids, heroin, synthetic narcotics, fentanyl, cocaine, methamphetamine, and benzodiazepines.



- In 2019, Beaufort County's percent of deaths (77.8%) by illicit opioids was greater than North Carolina (68%).

Figure 42 NC Detect

Opioid-related overdose deaths with medications such as oxycodone and hydrocodone have been the main cause of overdose death. Illicit substances such as heroin, fentanyl and drugs that are similar to fentanyl have started to become a leading contributor to overdose deaths. The percent of deaths caused by illicit opioids was nine times greater in 2019 than in 2016. An alarming trend for Beaufort County.

## Analysis of Clinical Care Profile

Beaufort County's Medicare coverage is higher than both North Carolina and ENC. Beaufort County is well known for being a retirement destination. Those who are retired tend to be eligible for Medicare coverage, which could explain the higher rate of Medicare coverage.

Beaufort County, like other rural counties, has had a hard time recruiting providers. Beaufort County is close in proximity to Greenville (Pitt County), which is home to Brody School of Medicine and Vidant Medical Center. Vidant Medical Center is the only Level 1 Trauma Center east of Interstate 95 which means it is the closest trauma center for 29 counties in eastern North Carolina. The medical school combined with the teaching hospital provides clinicians more diverse medical practice opportunities. Thus, providers tend to establish practice in a more metropolitan area.

In addition, Beaufort County residents experience additional barriers, such as a lack of transportation. Being in a rural county creates difficulty when it comes to carpooling. Currently the only public transportation resource available is B.A.T.S (Beaufort Area Transport System). Through this system, individuals are able to schedule transportation for a fee, however there are stipulations to locations and use of the service. In addition, there are no scheduled routes for public transportation. This results in little to no one utilizing public transportation.

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## Chapter 5: Chronic and Communicable Disease Profile

### Leading Causes of Death

This table shows the top 10 leading causes of mortality in Beaufort County, North Carolina, and Health ENC Counties in 2019.

Beaufort County				North Carolina				Health ENC Counties			
Rank	Cause	Deaths	Rate	Rank	Cause	Deaths	Rate	Rank	Cause	Deaths	Rate
1	Heart Disease	130	276.63	1	Cancer	19,963	190.34	1	Heart Disease	4,546	210.2
2	Cancer	130	276.63	2	Heart Disease	19,661	187.46	2	Cancer	4,345	200.91
3	Cerebrovascular Disease	32	68.09	3	Chronic Lower Respiratory Diseases	5,411	51.59	3	Cerebrovascular Disease	1,215	56.18
4	Chronic Lower Respiratory Diseases	29	61.71	4	Cerebrovascular Disease	5,203	49.61	4	Chronic Lower Respiratory Diseases	1,114	51.51
5	Alzheimer's Disease	28	59.58	5	Other Unintentional Injuries	4,683	44.65	5	Other Unintentional Injuries	1,006	46.52
6	Diabetes Mellitus	25	53.2	6	Alzheimer's Disease	4,508	42.98	6	Alzheimer's Disease	918	42.45
7	Other Unintentional Injuries	22	46.81	7	Diabetes Mellitus	3,127	29.81	7	Diabetes Mellitus	838	38.75
8	Nephritis Nephrotic Syndrome and Nephrosis	15	31.92	8	Nephritis Nephrotic Syndrome and Nephrosis	2,121	20.22	8	Nephritis Nephrotic Syndrome and Nephrosis	476	22.01
9	Essential Primary Hypertension	9	19.15	9	Pneumonia and Influenza	1,730	16.49	9	Motor Vehicle Injuries	460	21.27
10	Motor Vehicle Injuries	9	19.15	10	Motor Vehicle Injuries	1,608	15.33	10	Pneumonia and Influenza	382	17.66

Figure 43: Leading causes of death are calculated based on the crude number of deaths per 100,000 population in 2019. Deaths: North Carolina State Center for Health Statistics 2019 Vital Statistics Public Use Data Files, downloaded from the Odum Institute for Research in Social Science at UNC-Chapel Hill Dataverse [web site](#), May 2021. Population: National Center for Health Statistics 2019 Bridged-Race Population Estimates ([https://www.cdc.gov/nchs/nvss/bridged\\_race.htm](https://www.cdc.gov/nchs/nvss/bridged_race.htm)). Analysis by ECU Department of Public Health, Health Systems Research and Development.

As shown, death rates for many of the conditions listed are higher for Beaufort County than the state and the Health ENC County Region rates.

Beaufort County rates for the 10 causes of death were higher than the North Carolina rates for the same cause of death. When compared to Health ENC County Region rates, Beaufort County had a higher death rate for 9 out of 10 of the conditions above.

## Injury and Death Data

The Injury and Violence Prevention Branch Surveillance Unit tracks injury and violence data by tracking emergency department, hospital discharge and mortality statistics. The purpose of this is to track the risk factors and incidence of fatal and nonfatal injuries. This information is available to anyone interested or involved with injury and violence prevention in the state.

### Leading Causes of Injury Death

Leading Causes of Injury Death 2016 to 2019 BEAUFORT		
Rank	Cause	#
1	Poisoning - Unintentional	49
2	MVT - Unintentional	35
3	Fall - Unintentional	34
4	Firearm - Self-Inflicted	25
5	Firearm - Assault	10
TOTAL		203

Figure 44: [N.C. DPH: IVP Branch: Data and Surveillance](#)

1. **Poisoning – Unintentional:** This refers to the cause of injury and death by harmful effects of a drug or toxin by ingesting, inhaling or injection in which the intent was accidental.
2. **MVT – Unintentional:** This refers to the cause of injury and death that occurred on a public motorway and the intent was accidental.
3. **Fall – Unintentional:** Reason for injury and death resulted from striking a surface because of gravity ~~in~~ which was accidental.
4. **Firearm – Self-Inflicted:** Reason for injury and death was caused ~~from~~ bullets from handguns, shotguns, and rifles by the individual who was injured.
5. **Firearm -Assault:** Injuries from penetrating-force injuries from bullets from handguns, shotguns, and rifles by another individual.

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### Leading Causes of Injury Hospitalization

Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT		
Rank	Cause	#
1	Fall - Unintentional	557
2	MVT - Unintentional	172
3	Poisoning - Unintentional	97
4	Poisoning - Self-Inflicted	52
5	Unspecified - Unintentional	32
TOTAL		1,115

Figure 45: [N.C. DPH: IVP Branch: Data and Surveillance](#)

1. **Fall – Unintentional:** Reason for hospitalization was due to an injury from a fall that was accidental.
2. **MVT- Unintentional:** Reason for hospitalization was due to a motor vehicle traffic that was not accidental in nature.
3. **Poisoning – Unintentional:** Reason for hospitalization was due to the harmful effects of ingestion, inhalation or injection of a drug or toxin where the intent was accidental. It is important to note this does not include harmful effects from normal uses of medications such as adverse side effects of drugs that ~~was~~ correctly administered.
4. **Poisoning – Self Inflicted:** Reason for hospitalization was due to the harmful effects of ingestion, inhalation or injection of a drug or toxin where the intent was deliberate or self-directed violence.
5. **Unspecified – Unintentional:** The cause of the injury was not ~~documented~~ but the injury was described as an accident.

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Leading Causes of Injury  
Emergency Department Visits

Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#
1	Fall - Unintentional	4,649
2	Unspecified - Unintentional	2,469
3	MVT - Unintentional	1,979
4	Struck By/Against - Unintentional	1,376
5	Natural/Environmental - Unintentional	732
<b>TOTAL</b>		<b>16,444</b>

Figure 46: [N.C. DPH: IVP Branch: Data and Surveillance](#)

1. **Fall- Unintentional:** Cause of the injury was due to a fall that was accidental.
2. **Unspecified – Unintentional:** The cause of the injury that resulted in an ED visit was not documented adequately but it was accidental in nature.
3. **MVT- Unintentional:** Reason for hospitalization was due to a motor vehicle traffic that was accidental in nature.
4. **Struck By/ Against – Unintentional:** This refers to an injury that was caused by being struck by a human, animal or ~~other~~ object that is not a vehicle or machinery that was accidental in nature.
5. **Natural/Environmental -Unintentional:** Injuries resulting from exposure to adverse natural and environmental conditions such as severe heat or cold, animal or insect bites.

### Top Ten Reportable Communicable Diseases

Preventing and controlling the spread of communicable diseases **are** a top concern among communities. The top communicable diseases as reported by NC DHHS in Beaufort County in 2018 are shown below.

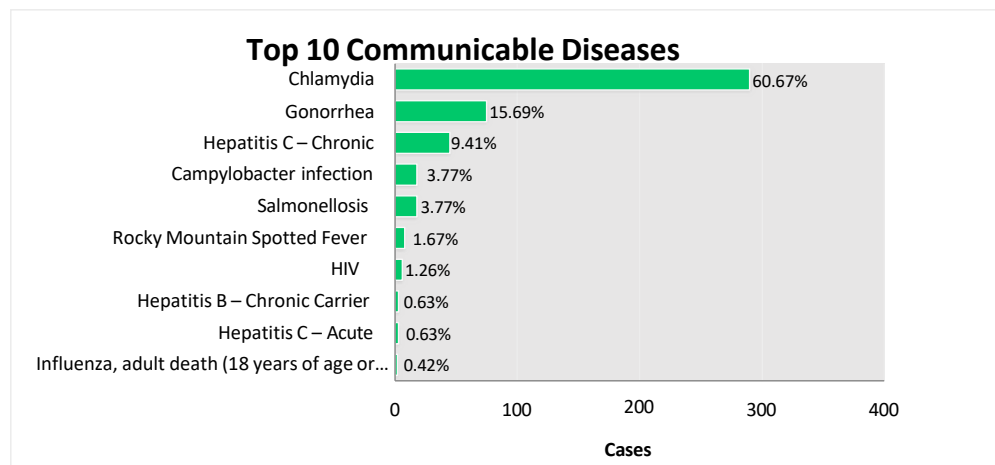


Figure 47: [Top 10 Communicable Diseases](#)

Chlamydia ranked highest among percent of cases reported. Chlamydia is a common STD that can infect both men and women. It can cause serious, permanent damage to a woman's reproductive system.

### Analysis of Chronic and Communicable Disease Profile

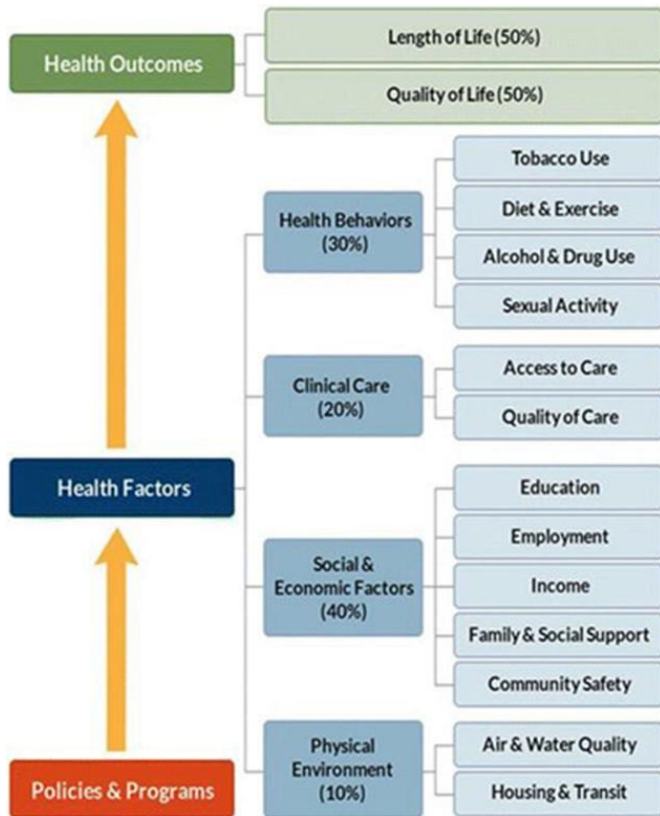
Beaufort County Health Department implemented a program in which testing for chlamydia was able to be done using a urine sample, which was a less invasive method for men, than previous methods. The change in testing methods led to more individuals, specifically men, being more open to being tested and therefore **identified** more cases.

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Reducing the Risk was implemented in Beaufort County Schools in 2018. This program works with 9<sup>th</sup> graders to educate adolescents on how to reduce teen pregnancy and sexually transmitted infections by increasing abstinence and the use of barrier methods and contraceptives, as well as informing students of resources available to them, such as STD screenings.

## Chapter 6: County Health Ranking Indicators

### Population Health Model



County Health Rankings model © 2014 UWPB

Figure 48: County Health Rankings <https://www.countyhealthrankings.org/>

The County Health Rankings are based on a model of community health that emphasizes the many factors that influence how long and how well we live. The Rankings use more than 30 measures that help communities understand how healthy their residents are today (health outcomes) and what will impact their health in the future (health factors). Explore the Model to learn more about these measures and how they fit together to provide a profile of community health

- Health Outcomes shed light on how healthy a county is now. This focuses on the physical and mental well-being of residents in a community by quantifying the length and quality of life.
- Health Factors are areas that have an impact on our Health Outcomes. Health Factors can be modified with the intent to improve the quality of life and length of life. These measures are indicators of how healthy our community can be in future years.
- The Rankings provides county-level data on health behavior, clinical care, social and economic and physical environment factors.

## Chapter 7: HNC 2030 Indicator Rankings by Health ENC Regions

The County Health Rankings contain many “indicators” or measures that can be used to identify problem areas (areas to explore) and areas where a county is making progress (areas of strength). As shown below, the areas shaded in green are doing well or trending upwards; areas shaded in blue are areas where a community may want to focus efforts.

	Beaufort	NC
<b>HEALTH OUTCOMES</b>		
Premature Death	10,200	7,600
Low Birth Weight	10%	9%
<b>HEALTH FACTORS</b>		
<b>Health Behaviors</b>		
Adult Smoking	22%	18%
Adult Obesity	45%	32%
Alcohol-impaired driving deaths	15%	28%
Sexual Transmitted Diseases	615.9	647.8
<b>Clinical Care</b>		
Uninsured	13%	13%
Mammography Screening	55%	46
Flu vaccinations	55%	52%
<b>Social &amp; Economic Factors</b>		
Unemployment	4.60%	3.90%
Children in Poverty	30%	19%
Children in single parent households	39%	28%
<b>Physical Environment</b>		
Driving alone to work	87%	81%
Drinking water violations	Yes	
Air Pollution - particulate matter	7.3	8.5

Areas of strength

Areas to explore

Figure 49: Health Rankings

Please visit the County Health Rankings website to see more indicators/measures and a full description. You can also use the dashboard to see how your county ranks to other counties in the US.

Premature death is based on Years of Potential Life Lost Rate;

Sexually Transmitted Diseases or Infections are number of newly diagnosed Chlamydia cases per 100,000

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## Chapter 8: Survey Findings

Top 3 Quality of Life Issues identified in the community survey:

- 22.73% (248) responded Low income/Poverty
- 16.32% (178) responded Drugs/Alcohol (substance abuse) and,
- 11.73% (128) responded Lack of Affordable Housing

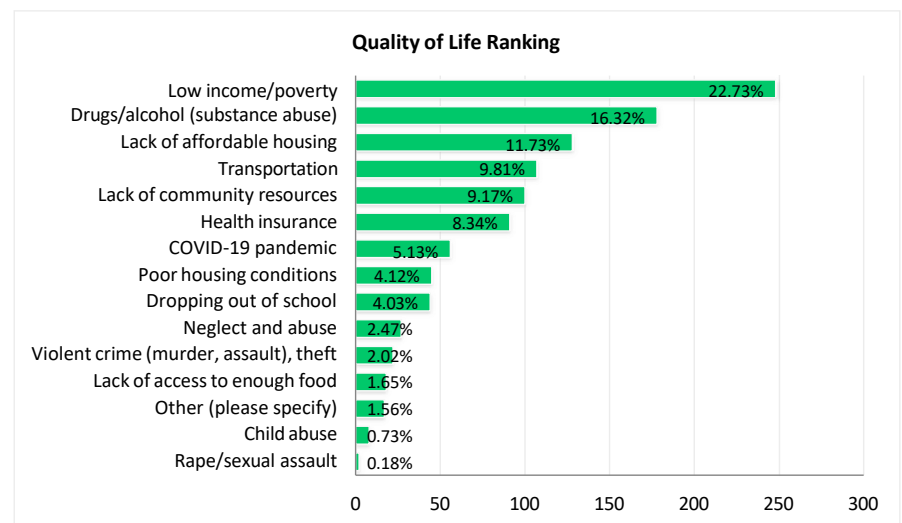


Figure 50: [Beaufort County Quality of Life Ranking](#)

To see the results to all community survey questions, please click the link above and select your county.

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Figure 50 below shows how people responded to certain questions when asked about how they feel or view issues that support a safe and healthy lifestyle in their **county** specifically, Beaufort County.

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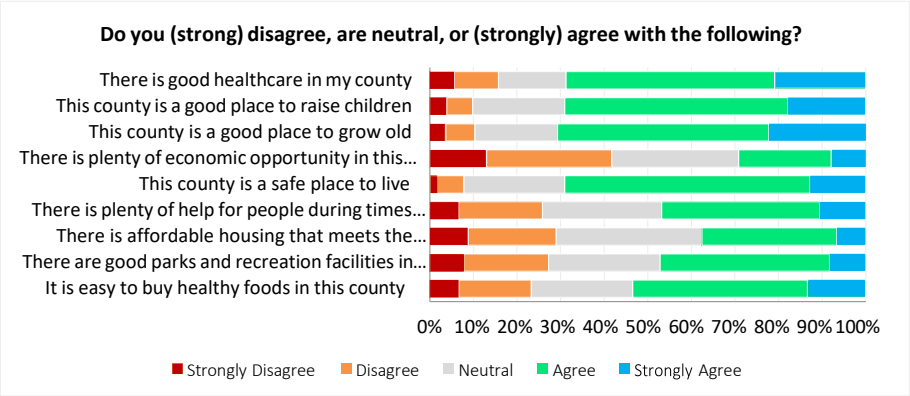


Figure 51: [Beaufort County CHA Questionnaire](#)  
To see the results to all community survey questions, please click the link above and select your county.

In the first statement, “there is good healthcare in my **county**”, less than 20% of people either strongly disagreed or disagreed, while more than 50% agreed and more than 20% strongly agreed.

Overall, far more people agreed than disagreed with the statement that Beaufort County is a safe place to live.

More than 40% of people either strongly disagreed or disagreed with the statement that there is plenty of economic opportunity in this county, while less than 30% agreed or strongly agreed.

**QUESTION: Have you had a COVID-19 vaccine?**

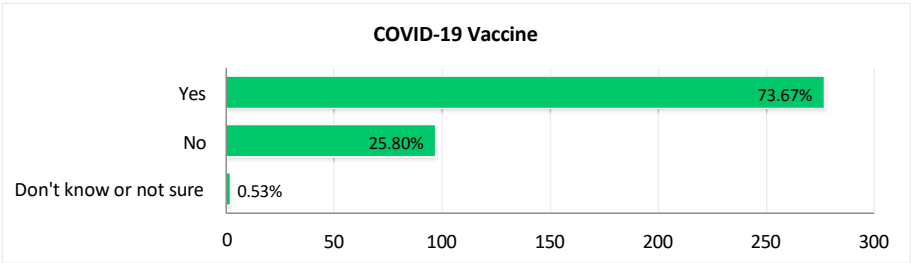


Figure 52: [Beaufort County CHA Questionnaire](#)  
To see the **results to** all community survey questions, please click the link above and select your county.



## Chapter 9: Community Prioritization Process

Beaufort County Community Health Assessment Leadership Team, which consisted of Beaufort County Health Department (James Madson, JaNell Octigan, Anna Parker and Brittany Joseph) and Vidant Beaufort Hospital (Pam Shadle & Kelly Ange), determined a list of stakeholders to invite that best represented the community. The list contained about 50 stakeholders who were invited to review CHNA data and prioritize focus areas. This prioritization meeting was held November 12, 2021. Leaders in attendance were presented the CHNA data and given the opportunity to ask questions. After questions were answered, stakeholders were given a list of all priority areas and asked to rank what they felt were the top 4 areas of focus. The consensus was that the following areas would be the focus areas:

1. Chronic Disease
  - To include prevention and management
  - Exercise and nutrition and weight
2. Mental Health
  - Substance Abuse
  - Education, Prevention and Treatment
3. Economy
  - Transportation
  - Affordable Housing/Substandard Housing
  - Education
  - Food Insecurity
4. Vulnerable Populations
  - Minority Populations and Aging
  - Low Income

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## CHNA References

Data Sources and References for ENC Health Community Health Assessment (2020-2021)

Health Outcomes	Source	Years
Life expectancy	NC-DHHS State Center for Health Statistics	2014-2018
Leading causes of death	NC-DHHS State Center for Health Statistics / CDC, NCHS	2019
Fetal deaths and fetal death rates	NC-DHHS State Center for Health Statistics	2014-2018
Leading causes of <b>injury</b> death, hospitalization, and ED visits	NC-DHHS, Injury & Violence Prevention Branch	2016-2019
Communicable diseases	NC-DHHS State Center for Health Statistics	2018
Clinical Care	Source	Years
Population per primary care physicians	Cecil G. Sheps, Center for Health Services Research, UNC	2017
Physicians per population by county	Cecil G. Sheps, Center for Health Services Research, UNC	2019
Health Insurance Coverage	U.S. Census Bureau ACS 5-year Estimate	2015-2019
Government Health Insurance Only	U.S. Census Bureau ACS 5-year Estimate	
Health Behavior Factors	Source	Years
BRFSS	NC-DHHS State Center for Health Statistics	2018
Health ENC Primary Data Questions – Quality of Life, Behavior	Health ENC Report	2020-2021
Healthy NC, 2030	NCIOM / NC DHHS	2020
County Health Rankings	Robert Wood Johnson Foundation	Varies
Social and Economic Factors	Source	Years
Population	U.S. Census Bureau ACS 5-year Estimate	2015-2019
Projected Population	NC Office of State Mgmt & Budget Pop Projections and US Census	2021
General population characteristics	Census Population Estimates	2015-2019
Education	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Employment	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Income	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Minority Populations	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Military Population	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Veteran Population	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Birth Rate	NC State Center for Health Statistics	2016-2019
Poverty (% of population with income <200% of poverty level)	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Poverty by race and ethnicity	U.S. Census Bureau ACS 5-year Estimate	2013-2019
Children in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Older adults in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Disabled people in poverty	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Housing – Median monthly costs	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Housing – median monthly costs in surrounding counties	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Employment by industries	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Food Insecurity	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Percent of population below 200% by zip code	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Educational attainment	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
High School dropout rate (% dropout per 100 students)	N.C. Dept of Public Instruction	2016-2020
High School suspension rate (% suspension per 100 students)	N.C. Dept of Public Instruction	2019-2020
Transportation (% of workers commuting; % of workers drive alone)	U.S. Census Bureau, ACS 5-year Estimate	2015-2019
Tier Designation (County Distress Ranking)	N.C. Department of Commerce	2021
Community and Safety Factors	Source	Years
Crime and Safety	N.C. State Bureau of Investigations, uniform crime report	2016-2019
Juvenile Crime (% Undisciplined and % Delinquent per 1,000)	NC. Dept. of Public Safety, juvenile justice county Databook	2017-2020
Incarceration (Rate per 100,000 population)	N.C. Dept. of Public Safety	2019-2020
Child Abuse (Reports per 1000, age 0-18 years)	Annie E. Casey Foundation Kids Count Data Center	2015-2018
Severe housing problems	Robert Wood Johnson County Health Rankings	2013-2017

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Note: This list is provided as a resource for data and information and may not include all of the above references noted in the slide set.

## **Appendices to the 2021 Community Health Needs Assessment**

- Appendix A    Resource Guide
- Appendix B    Community Survey Tool
- Appendix C    Healthy North Carolina (HNC 2030) State and Local Data
- Appendix D    Additional Secondary Data for the Community Health Needs Assessment

## Appendix A: Community Resources

### PRIMARY CARE

Facility:	Contact/Hours:	Services:	More Information:
<b>AGAPE Community Health Clinic FQHC</b> 120 E. M.L.K. Jr. Dr. Washington, NC	P: (252) 940-0602 F: (252) 940-0605 Monday 8am-7pm Tuesday-Friday 8am-5pm Saturday 8am-1pm	<ul style="list-style-type: none"> <li>Primary Care</li> <li>Dental Health</li> <li>Mental/Behavioral Health</li> <li>Prescription Assistance</li> </ul>	<ul style="list-style-type: none"> <li>Sliding Fee Scale For Uninsured</li> <li>Walk-In's Welcome</li> <li>Same Day Appointments</li> </ul>
<b>Healthworx</b> 1201 Carolina Avenue Washington, NC	P: (252) 833-0365 F: (252) 833-0364 Monday-Friday 8am-3pm	<ul style="list-style-type: none"> <li>Primary Care</li> <li>Urgent Care Services</li> <li>Drug Screenings</li> <li>DOT Physicals</li> </ul>	<ul style="list-style-type: none"> <li>Walk-In's Welcome</li> <li>Same Day Appointments</li> </ul>
<b>Coastal Family Practice (Oneal's)</b> 820 W. Main Street Belhaven, NC	P: (252) 943-0056 F: (888) 768-2015 Monday-Friday 9am-6pm	<ul style="list-style-type: none"> <li>Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>Walk-In's Welcome</li> </ul>
<b>Urgent Care Down East</b> 853 West 15 <sup>th</sup> Street Washington, NC	P: (252) 623-2000 F: (877) 559-4667 Monday-Tuesday 8am-6pm Wednesday 8am-5pm Thursday-Friday 8am-6pm Saturday 8am-4pm	<ul style="list-style-type: none"> <li>Urgent Care Services</li> <li>Drug Screenings</li> <li>Workman's Compensation form</li> <li>DOT Physicals</li> <li>New Hire Physicals</li> <li>TB Skin Test</li> </ul>	<ul style="list-style-type: none"> <li>Walk-In's Only</li> <li>Last Patient 30 Minutes Before Closing</li> </ul>
<b>Vidant Family Medicine-Aurora</b> 151 3rd Street Aurora, NC	P: (252) 322-4021 F: (252) 322-5088 Monday/Friday 8am-5pm Wednesday 8am-12pm Tuesday/Thursday Closed	<ul style="list-style-type: none"> <li>Primary Care</li> <li>Specialty Referrals</li> </ul>	<ul style="list-style-type: none"> <li>Same Day Appointments</li> </ul>
<b>Vidant Multispecialty Clinic</b> 598 Old County Road Belhaven, NC	P: (252) 943-0600 F: (252) 943-2377 <b>Primary Care:</b> Monday-Friday 8am-5pm <b>Immediate Care:</b> 7 days a week 7:30 am- 7:30 pm <b>Cardiology:</b> Wednesday 9am-1pm; every other Friday <b>Physical Therapy:</b> Monday-Friday 8am-4:30pm	<ul style="list-style-type: none"> <li>Primary Care (Health Coaching Provided)</li> <li>Prenatal Care</li> <li>Urgent Care 24/7</li> <li>Cardiology</li> <li>Physical Therapy</li> </ul>	<ul style="list-style-type: none"> <li>Walk-In's Welcome</li> </ul>
<b>Vidant Family Medicine-Chocowinity</b> 740 Bragaw Lane Chocowinity, NC	P: (252) 946-9562 F: (252) 946-9071 Monday-Thursday 7:30am-5:30pm Friday 7:30am-5pm	<ul style="list-style-type: none"> <li>Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>Same Day Appointments</li> </ul>
<b>Vidant Family Medicine-Washington</b> 501 W. 15th Street Washington, NC	P: (252) 975-2667 F: (252) 975-2507 Monday-Thursday 7:30am-5:30pm Friday 7:30am-5pm	<ul style="list-style-type: none"> <li>Family Medicine</li> <li>Primary Care</li> </ul>	
<b>Vidant Internal Medicine</b> 1380 Cowell Farm Rd Washington, NC	P: (252) 946-2101 F: (252) 946-9896 Mon-Thurs 7:30am-5:30pm Friday 7:30am-5pm Saturday 8 am-4pm	<ul style="list-style-type: none"> <li>Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>Some Same Day Appointments</li> <li>COVID Testing Monday-Friday 8am-4pm</li> </ul>

	Sunday 12pm-4pm		
<b>Washington Pediatrics</b> 1206 Brown Street Washington, NC	P: (252) 946-4134 F: (252) 946-2432 Monday-Friday 8:15am-5pm Saturday 8:15am-12pm	<ul style="list-style-type: none"> <li>Primary Care Pediatrics and Adolescents</li> </ul>	<ul style="list-style-type: none"> <li>Saturday Sick Patients Only</li> <li>Monday-Friday Walk-In's Welcome 8:15am-11am And 2pm-4pm</li> </ul>

## SPECIALIZED HEALTH CARE:

<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>Breast &amp; Cervical Cancer Control Program</li> <li>Childhood &amp; Adult Immunizations</li> <li>Counseling Services (including psychiatry)</li> <li>Diabetes Prevention Program</li> <li>Diabetes Self-Management</li> <li>Environmental Health</li> <li>Family Planning Services &amp; Contraceptive</li> <li>Flu Immunizations</li> <li>Healthy Living Clinic</li> <li>Nutrition Counseling</li> <li>Prenatal Care</li> <li>STD Screenings &amp; Treatment</li> <li>TB Screenings</li> <li>Tobacco Counseling</li> <li>WIC Services</li> </ul>	<ul style="list-style-type: none"> <li>Sliding Fee Scale For Uninsured</li> <li>Some Programs You Must Qualify For (Call For More Information)</li> <li>Interpreter Services Provided</li> </ul>
<b>Vidant Women's Care</b> 1210 Brown Street Washington, NC	P: (252) 975-1188 F: (252) 975-3800 [main] F: (252) 974-9224 [referrals & appointments] Monday-Thursday 8am-5pm Friday 8am-12pm	<ul style="list-style-type: none"> <li>Prenatal Care</li> <li>Women's Health</li> <li>Obstetrics</li> <li>Gynecology</li> </ul>	<ul style="list-style-type: none"> <li>Appointments only</li> </ul>
<b>Vidant Urology</b> 1202 Brown Street Washington, NC	P: (252) 946-0136 F: (252) 946-0189 Monday-Thursday 8am-5pm Friday 8am-12pm	<ul style="list-style-type: none"> <li>Urology</li> </ul>	
<b>Vidant Women's Care</b> 1204 Brown Street Washington, NC	P: (252) 946-6544 F: (252) 975-6540 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>Primary Care for Women</li> <li>Women's Health</li> <li>Gynecology</li> </ul>	

<b>ECU Adult Specialty Care</b> 2390 Hemby Lane Greenville, NC 27834	P: (252) 744-4500 F: (252) 744-5713 Monday-Friday 7:45am-5pm	<ul style="list-style-type: none"> <li>• Treatment of Infectious Disease (Flu, Lyme Disease, HIV and AIDS, and sexually transmitted diseases~ Hepatitis C)</li> <li>• Viral Infections including West Nile and others</li> <li>• Tuberculosis</li> <li>• Fevers and parasitic infections</li> <li>• Malaria</li> <li>• Treatment of antibiotic resistant diseases (MRSA &amp; other forms of staph infections)</li> </ul>	<ul style="list-style-type: none"> <li>• Mychart Accounts</li> <li>• Infusion Center</li> <li>• International Travel Clinic</li> </ul>
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## BEHAVIORAL HEALTH:

<b>Center for Family Violence Prevention</b> 111 E. 3 <sup>rd</sup> Street Greenville, NC	P: (252) 758-4400 Emergency: (252) 752-3811 Monday-Friday 8:30am-5pm	<ul style="list-style-type: none"> <li>• Specialized classes (Anger Management, Domestic Violence 101)</li> <li>• Court Advocacy</li> <li>• Family Services</li> <li>• SafeHouse</li> <li>• Counseling for Domestic Violence Victims and Families (individual and group counseling)</li> </ul>	<ul style="list-style-type: none"> <li>• Serves Pitt, Martin And Washington Counties</li> </ul>
<b>DREAM Provider Care Services</b> 216 W. Stewart Pkwy Washington, NC	P: (252) 946-0585 Emergency: (1-866) 437-1821 F: (252) 946-0580 Monday/Tuesday/Wednesday/ Friday 8am-8pm Thursday 8am-7pm Saturday 8am-5pm	<ul style="list-style-type: none"> <li>• Comprehensive Clinical Assessment</li> <li>• Individual, Marriage, and Family Therapy</li> <li>• Substance Abuse Services</li> <li>• Medication Management</li> <li>• DWI Services</li> <li>• Community Support Team-Adults</li> <li>• Intensive In-Home Services-Child/Adolescents</li> <li>• Day Treatment-Child/Adolescents</li> <li>• Triple P Positive Parenting</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Interpreter Available</li> <li>• Sliding Fee Scale For Uninsured</li> </ul>
<b>Integrated Family Services</b> 2269 Statonsburg Rd Greenville, NC  2305 Executive Circle Suite 101 Greenville, NC	(Greenville) P: (252) 439-0700 (Mobile Crisis/Washington) P: 1-866-437-4614 (24/7) F: (252) 439-0900 <b>Greenville &amp; Washington Office:</b> Monday-Friday 8am-5pm <b>Open Access Clinic:</b> Monday 12pm-5pm Tuesday 8am-12pm	<ul style="list-style-type: none"> <li>• Mobile Crisis Management</li> <li>• Psychiatric Services</li> <li>• Intensive In-Home Services</li> <li>• Therapeutic Foster Care</li> <li>• Mental Health</li> <li>• Evaluations</li> </ul>	<ul style="list-style-type: none"> <li>• Programs To Assist Uninsured Clients</li> </ul>
<b>LifeQuest, Inc.</b> 230 E. 8th Street Washington, NC	P: (252) 975-8080 F: (252) 975-8055 Monday-Friday 8am-4pm	<ul style="list-style-type: none"> <li>• Outpatient Enhanced Services</li> <li>• Psychosocial Rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>• Admission Criteria Can Be Found On Their Website</li> </ul>

<b>New Hope Counseling Services</b> 122 S. Harvey St Washington, NC	P: (252) 833-4047 F: (252) 833- 4048 After Hours Crisis: (252) 947-1072 Social Worker: (252) 412-3207	<ul style="list-style-type: none"> <li>• Bipolar Disorder</li> <li>• Anxiety/Phobias, Depression</li> <li>• Attachment Disorders</li> <li>• PTSD</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> </ul>
<b>Pamlico Counseling</b> 408 E. 11th Street Washington, NC	P: (252) 975-2027 F: (252) 975-3483	<ul style="list-style-type: none"> <li>• Anxiety/Phobias, Depression</li> <li>• ADHD</li> <li>• Bipolar Disorder</li> <li>• Eating Disorders, OCD</li> <li>• Personality Disorders</li> <li>• PTSD</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> <li>• Hours Vary Based on Clinician</li> <li>• After Hours &amp; Weekends Appointments Available</li> </ul>
<b>Passages Counseling Services</b> 131 North Market Street Washington, NC	P: (252) 975-3111 F: (252) 975-3035 Monday-Thursday 9am-5pm Friday 9am-12pm OR by appointment for assessment and individual therapy Group Therapy Tuesday/Thursday 9am-11am & 6:30pm-8:30pm Saturday 8am-10am	<ul style="list-style-type: none"> <li>• Abuse Recovery</li> <li>• Drug/Alcohol Addiction, Substance Abuse</li> <li>• Marriage Counseling</li> <li>• Family Counseling</li> <li>• Group/Individual Counseling</li> <li>• Depression/Anxiety</li> <li>• Anger Management</li> <li>• Assessment &amp; Treatment for DWI</li> <li>• Employee Assistance Program</li> </ul>	
<b>PORT Human Services</b> 1379 Cowell Farm Rd Washington, NC	P: (252) 975-8852 F: (252) 975-8887 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Criminal Justice/Court Ordered Services</li> <li>• Psychosocial</li> <li>• Rehabilitation Program</li> <li>• Community Intervention Center</li> </ul>	
<b>Real Crisis Intervention</b> 1310 E Arlington Blvd. Greenville, NC	P: (252) 758-4357 F: (252) 758-0455 Open 24/7	<ul style="list-style-type: none"> <li>• 24-hour Counseling and Referrals</li> <li>• Sexual Assault Services</li> <li>• Advocacy</li> <li>• Suicide Intervention / Prevention</li> <li>• Dial-A-Teen</li> </ul>	<ul style="list-style-type: none"> <li>• Walk-In's Welcomed</li> </ul>
<b>Trillium</b> 201 W. 1 <sup>st</sup> Street Greenville, NC	P: 1-866-998-2597 Emergency: 1-877-685-2415 F: (252) 215-6878	<ul style="list-style-type: none"> <li>• Care Coordination</li> <li>• Mental Health and Substance Abuse Counseling</li> </ul>	<ul style="list-style-type: none"> <li>• Inpatient &amp; Outpatient</li> <li>• Resources directly connects Medicaid and those who are uninsured</li> </ul>

### **EMERGENCY NEEDS:**

<b>American Red Cross</b> 135 N. Market Street Washington, NC	P: (252) 946-4110 or 1-800-RED CROSS	<ul style="list-style-type: none"> <li>• Immediate One-Time Assistance for fire/disaster victims</li> <li>• Army Emergency Relief</li> </ul>
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<b>Salvation Army</b> 112 East 7 <sup>th</sup> Street Washington, NC	P: (252) 946-2523 Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>Emergency Assistance (9am-4pm): Food, rent, clothing, utilities, fire/disaster victims</li> <li>Thrift Store</li> <li>Food and Toy assistance at Christmas</li> </ul>
<b>United Way</b> 113 East 15 <sup>th</sup> Street Washington, NC	P: (252) 975-6209 Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>Emergency Assistance: fire/disaster victims</li> <li>GED prep</li> <li>Housing</li> <li>Cooking classes</li> <li>Prescriptions, transportations for mentally ill</li> <li>Weekend meals for kids</li> <li>Tax advice</li> <li>Adult literacy</li> <li>After school camps</li> <li>Fitness classes for seniors</li> </ul>

### **FOOD ASSISTANCE:**

<b>Beaufort County Dept. Social Services</b> 632 W. 5th Street Washington, NC	P: (252) 975-5500 F: (252) 975-5555 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>SNAP (Food Stamps) ← Must Qualify</li> <li>Congregate &amp; Home Delivered Meals ← Must Qualify</li> <li>Crisis Intervention Program (heating/cooling)</li> <li>APS, CPS</li> <li>Medical Transportation</li> <li>Childcare Assistance ← Must Qualify</li> <li>Medicaid (Adult and Family &amp; Children) ← Must Qualify</li> </ul>
<b>WIC Program</b> Beaufort County Health Department 1436 Highland Drive Washington, NC	P: (252) 946-9705 F: (252) 946-8430 Monday-Friday 8am-5pm *Tuesday's extended hours till 6pm	<ul style="list-style-type: none"> <li>Nutrition Education for pregnant women and children ages 0-5 ← Must Qualify</li> <li>Provides ecards to assist with food, baby food, formula ← Must Qualify</li> <li>Breastfeeding Peer Counselor ← If On WIC</li> </ul>

### **FOOD BANKS:**

<b>First Church of Christ</b> 520 E. 10th Street Washington, NC	P: (252) 946-5236 2 <sup>nd</sup> Saturday Each Month 11am-12:30pm	<ul style="list-style-type: none"> <li>Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>Each Person/Family Can Only Be Served Once A Month</li> </ul>
<b>Athen's Chapel Church of Christ</b> 35 Della Wallace Rd Bath, NC	P: (252) 927-5401 1 <sup>st</sup> Saturday Each Month 10am-12pm	<ul style="list-style-type: none"> <li>Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>Each Person/Family Can Only Be Served Once A Month</li> </ul>
<b>Eagles Wings Haw Branch Mobile Food Pantry</b> 1501 Haw Branch Rd Chocowinity, NC	P: (252) 946-5083 3 <sup>rd</sup> Saturday Each Month 11am-2pm	<ul style="list-style-type: none"> <li>Food Distributions</li> </ul>	



<b>Deeper Life Ministries</b> 4470 Hwy 264 W. Washington, NC	P: (252) 946-4400 Every Wednesday 9am-11am	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• One Box Per Month</li> </ul>
<b>Eagle's Wings Food Pantry</b> 932 W. 3rd Street Washington, NC	P: (252) 975-1138 <b>Client Interviews &amp; Food Pickup:</b> [Tuesdays Only] 9am-11:30am & 2pm-4:30pm **Closed 5 <sup>th</sup> Tuesday of the Month <b>Emergency Food Services:</b> 1 <sup>st</sup> Saturday of Month 9am-11am	<ul style="list-style-type: none"> <li>• Emergency Food Services</li> <li>• Food Distributions</li> <li>• Home Bound Food Deliveries</li> </ul>	<ul style="list-style-type: none"> <li>• Each Person/Family Can Only Be Served Once A Month</li> <li>• Must Qualify, Interview Required</li> <li>• Medically Fragile Individuals</li> </ul>
Edward Christian Church 23 Academy St Edward, NC	<b>Edward Christian Church:</b> 1 <sup>st</sup> Thursday of Month 10am-12pm		
Mallard Creek Apartments 245 S. 5 <sup>th</sup> Street Aurora, NC	<b>Mallard Creek Apts:</b> 2 <sup>nd</sup> Thursday of Month 10am-12pm		
Aurora United Methodist Church 327 E. Main Street Aurora, NC	<b>Aurora UMC:</b> 4 <sup>th</sup> Thursday of Month 10am-12pm		
S W Snowden Elementary School 693 7 <sup>th</sup> Street Aurora, NC	S W Snowden Elementary 3 <sup>rd</sup> Saturday of Each Month 9am-11am		
<b>ISAIAH 58 Food Pantry</b> Harvest Church 2020 15th Street Washington, NC	P: (252) 833-4894 3 <sup>rd</sup> Saturday of Month	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID And Utility Bill For Address Verification</li> </ul>
<b>Macedonia Church of Christ</b> 1678 Swamp Rd Pantego, NC	P: (252) 943-2195 3 <sup>rd</sup> Wednesday of Month 9am-1:30pm	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID Required</li> </ul>
<b>Martha's Project</b> 1014 US Hwy 264 Bypass Belhaven, NC	P: (252) 943-2124 4 <sup>th</sup> Friday of Month 8am-11am	<ul style="list-style-type: none"> <li>• Food Distribution</li> <li>• Clothing and Household Items</li> </ul>	
<b>Mt. Gilead Outreach Food Bank</b> 223 W. Main Street Belhaven, NC	P: Fridays 12pm-2pm	<ul style="list-style-type: none"> <li>• Food Distribution</li> <li>• Heating Assistance</li> </ul>	
<b>Refugee Tower Church Food Pantry</b> 611 E. 6th Street Washington, NC	P: (252) 362-1294 Thursday & Friday 12pm-5pm	<ul style="list-style-type: none"> <li>• Holiday programs</li> <li>• Winter coats</li> <li>• Small toys for children</li> <li>• Food Distribution</li> </ul>	
<b>St. John's Church of Christ</b> 2240 St. John Church Rd. Washington, NC	P: (252) 975-3700 4 <sup>th</sup> Saturday of Month	<ul style="list-style-type: none"> <li>• Food Distribution</li> </ul>	

<b>St. Vincent de Paul Pantry</b> Mother of Mercy Catholic Church 114 W. 9th Street Washington, NC	P: (252) 946-2941 Wednesday 10am-11am	<ul style="list-style-type: none"> <li>• Food Distributions</li> <li>• Assistance with medication, rent, utilities</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID Required</li> <li>• Interview Required For Assistance</li> </ul>
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### SOUP KITCHENS:

<b>Maranatha 7th day Adventist Soup Kitchen</b> 501 E. 6th Street Washington, NC	P: (252) 975-1138 Saturday 1:30pm-	<ul style="list-style-type: none"> <li>• Soup Kitchen</li> </ul>	
<b>Zion Shelter and Soup Kitchen</b> 114 W. Martin Luther King Drive Washington, NC	P: (252) 975-1978 Monday-Friday 11am-11:30am	<ul style="list-style-type: none"> <li>• Soup Kitchen</li> </ul>	

### OTHER ASSISTANCE:

<b>House of Hope</b> 15th Street Church of God 336 E. 15th Street Washington, NC	P: (252) 946-7771 Tuesdays 9am-12pm	<ul style="list-style-type: none"> <li>• Clothing Ministry</li> </ul>	
<b>Tideland EMC</b> PO Box 159 Pantego, NC 27860  Corporate Office 25831 Hwy 264 East Pantego, NC	24 Hour Member Service: P: (252) 943-3046 F: (252) 943-3510 24 Hour Outage Reporting: 800-882-1001 252-944-2400 (Beaufort County) Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Utility Assistance</li> </ul>	← Must Qualify

### SHELTERS:

<b>The Anchor House- Restore One</b> PO Box 3278 Greenville, NC	P: (252) 746-0302 National Human Trafficking Hotline: 1-888-3737-888 F: (252) 746-1321 Monday-Friday 9am-6pm Saturday 10am-7pm	<ul style="list-style-type: none"> <li>• Shelter for male victims of sex trafficking age 12-18yo</li> </ul>	<ul style="list-style-type: none"> <li>• Males 12-18 Years Old</li> </ul>
<b>Beaufort, Martin, Bertie Shelter Home</b> 1081 Nai Radial Lane Williamston, NC (Call for Locations)	P: (252) 792-1883 P: (252) 792-8357	<ul style="list-style-type: none"> <li>• Shelter for 6 boys and 5 girls ages 7-17 (for 90 days)</li> </ul>	<ul style="list-style-type: none"> <li>• Children 7-17 Years Old</li> </ul>
<b>Coastal Women's Shelter</b> 1333 S.Glenburnie Road New Bern, NC	P: (252) 638-4509 Crisis Line (24/7): (252) 638-5995 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Women's Domestic Violence Shelter</li> <li>• Court Advocacy</li> <li>• DV Counseling</li> <li>• Support Groups</li> </ul>	<ul style="list-style-type: none"> <li>• Women And Children</li> </ul>

<b>Community Crossroads Center</b> 207 Manhattan Ave Greenville, NC	P: (252) 752-0829 F: (252) 752-4366 After 6pm P: (252) 752-1107 <b>Shelter Hours</b> Monday-Friday 6pm-8am Saturday-Sunday 6pm-9am Office Hours Monday-Thurs 8am-4:30pm Friday 8am-4pm	<ul style="list-style-type: none"> <li>Housing men, women, families; Take-In 6-8pm</li> <li>Stable Solutions Program</li> <li>Shelter Plus Program</li> <li>Solid Ground Program</li> </ul>	<ul style="list-style-type: none"> <li>Must Prove Homelessness</li> <li>Must Have State Issued ID</li> <li>Night Only/Emergency Shelter</li> <li>Non-Sex Offenders Only</li> </ul>
<b>Open Door Community Center</b> 1240 Cowell Farm Road Washington, NC 27889	P: (252) 623 - 2150	<ul style="list-style-type: none"> <li>Safe housing</li> </ul>	<ul style="list-style-type: none"> <li>Women &amp; Children</li> </ul>
<b>Religious Community Services</b> 919 George Street New Bern, NC 28560	P: (252) 633-2767 <b>Food &amp; Clothing:</b> Monday-Friday 11am-1pm <b>Rent &amp; Utility:</b> Registration 7:30am-8am (1 <sup>st</sup> and 3 <sup>rd</sup> Monday) Registered Clients Only 9am-1pm (1 <sup>st</sup> and 3 <sup>rd</sup> Monday) <b>Community Kitchen:</b> Monday-Saturday 10:30am-11:45am Sunday 8:30am-9:45am	<ul style="list-style-type: none"> <li>Housing men, women, families</li> <li>Financial, prescriptions, &amp; transportation assistance</li> <li>Rent and Utility assistance</li> <li>Food and Clothing</li> <li>Transportation</li> </ul>	<ul style="list-style-type: none"> <li>Shelter 7 Days</li> </ul>
<b>Ruth's House Domestic Violence Shelter</b> Antique Shop 228 West Main Street Washington, NC 27889	Help Line: (252) 940-0007  F: (252) 946-0709	<ul style="list-style-type: none"> <li>Women's Domestic Violence Shelter</li> <li>DV Counseling</li> <li>Court Advocacy</li> <li>Community Education and Outreach</li> </ul>	<ul style="list-style-type: none"> <li>Women And Children</li> </ul>
<b>Zion Shelter</b> 114 E. MLK Jr. Dr Washington, NC	P: (252) 975-1978 <b>Office Hours</b> Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>Men's Shelter, Take-In 9:30-11:00pm</li> </ul>	<ul style="list-style-type: none"> <li>Men Only</li> </ul>

### **HOUSING ASSISTANCE:**

<b>Martin County Community Action INC</b> 689 Flanders Filter Road Washington, NC	P: (252) 946-5632 Monday-Saturday 10am-9pm Sunday 1pm-6pm	<ul style="list-style-type: none"> <li>Assist with weatherization and home repairs</li> <li>Low Income housing assistance</li> <li>Open Mon-Sat-10am-9pm; Sun-1pm-6pm</li> </ul>	<ul style="list-style-type: none"> <li>Must Qualify</li> </ul>
<b>Mid-East Commission</b> 1502 North Market St Suite A Washington, NC	P: (252) 946-8043 F: (252) 946-5489 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>Low Income housing assistance</li> <li>Section 8</li> </ul>	<ul style="list-style-type: none"> <li>Must Qualify</li> </ul>
<b>Washington Housing Authority</b> 809 Pennsylvania Ave Washington, NC	P: (252) 946-0061 F: (252) 975-1279 Monday-Friday 8:30am-5pm *Closed 12pm-1pm for lunch	<ul style="list-style-type: none"> <li>Low Income housing assistance</li> <li>Section 8</li> <li>Family Self-Sufficiency Program</li> <li>Homeownership Program</li> </ul>	<ul style="list-style-type: none"> <li>Must Qualify</li> </ul>

### **EMPLOYMENT ASSISTANCE:**

<b>Beaufort County NCWorks Career</b>	P: (252) 940-0900 F: (252) 946-8700	<ul style="list-style-type: none"> <li>Job Training Partnership Act</li> </ul>
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<b>Center</b> 1502 North Market St Washington, NC	Monday-Thursday 8am-5pm Friday 9am-5pm	<ul style="list-style-type: none"> <li>Welfare to Work, Employment and Training</li> <li>Grant Job training, educational assistance, employment opportunities</li> </ul>
<b>Blind Center/Division of Services for the Blind</b> 219 N. Harvey Street Washington, NC	P: (252) 946-6208 Monday-Thursday 9am-5pm	<ul style="list-style-type: none"> <li>Vocational Rehabilitation and job placement for visually impaired</li> <li>Teach independent living skills to visually impaired</li> <li>Visual Impairment</li> </ul>
<b>Tesi Staffing &amp; Employee Services (Blue Arbor)</b> 731 W. 15th Street Washington, NC	P: (252) 946-1588 F: (252) 946-3718	<ul style="list-style-type: none"> <li>Staffing Agency</li> <li>Employee Services</li> </ul>
<b>NC Works Career Center</b> 3101 Bismarck St Greenville, NC	P: (252) 355-9067 F: (252) 355-9075 Monday-Friday 8:30am-5pm	<ul style="list-style-type: none"> <li>Job Search and Development</li> </ul>
<b>Executive Personnel Group</b> 1989 W. 15th Street Washington, NC	P: (252) 946-7119 F: (252) 946-9856	<ul style="list-style-type: none"> <li>Staffing Agency</li> </ul>
<b>Martin County Community Action INC</b> 689 Flanders Filter Rd Washington, NC	P: (252) 974-2959 P: (252) 946-5632 P: (252) 792-7162 Monday-Saturday 10am-9pm Sunday 1pm-6pm	<ul style="list-style-type: none"> <li>Addresses needs for disabled, elderly, and low income</li> <li>Job Counseling</li> </ul>
<b>Mega Force Staffing</b> 2001 W.15th Street Washington, NC	P: (252) 975-3150 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>Staffing Agency</li> </ul>
<b>Professional Staffing Solutions</b> 2289 W. 5th Street, Suite 200 Washington, NC	P: (252) 940-0070 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>Staffing Agency</li> </ul>
<b>Vocational Rehabilitation</b> 953 Washington Street Washington, NC 27889	P: (252) 946-0051 F: (252) 946-4995	<ul style="list-style-type: none"> <li>Disability and vocational assessment</li> <li>Employment Training and Placement</li> <li>Counseling</li> <li>Can Assist with medical expenses</li> <li>Prior Authorization</li> </ul>

### **EDUCATION OPPORTUNITIES/ASSISTANCE:**

<b>Beaufort County Community College</b> 5337 US Hwy 264 E. Washington, NC 27889	Main Campus Switchboard P: (252) 946-6194	<ul style="list-style-type: none"> <li>Offers various programs</li> <li>Basic skills, job readiness, job skills training</li> <li>GED</li> </ul>
<b>Beaufort County Cooperative Extension</b> 155 A Airport Road Washington, NC	P: (252) 946-0111 F: (252) 975-5887	<ul style="list-style-type: none"> <li>Consumer shopping skills</li> <li>Budgeting Meal Planning</li> <li>Family Record Keeping</li> <li>Conservation Practices</li> <li>4-H Youth Development</li> </ul>

<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430	<ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Diabetes Self-Management Classes</li> <li>• Miscellaneous Classes and Presentations</li> <li>• Nutritional Counseling</li> <li>• Hepatitis C, HIV, and Syphilis Testing</li> <li>• Medical Nutrition Therapy</li> <li>• Tobacco Counseling</li> </ul>	<ul style="list-style-type: none"> <li>• Referrals Required for Some Programs</li> </ul>
<b>Family Resource Center</b> Mother of Mercy Catholic Church 112 W. 9th Street Washington, NC	P: (252) 946-2941 (ext.2) Monday-Friday 9am-1pm	<ul style="list-style-type: none"> <li>• Educational and Job programs</li> <li>• Food pantry</li> <li>• Financial Assistance</li> </ul>	
<b>Literacy Volunteers of Beaufort County</b> 113 E. 15 <sup>th</sup> Street Washington, NC 27889	P: (252) 974-1812 Monday-Thursday 9am-1pm	<ul style="list-style-type: none"> <li>• Free, confidential, 1-on-2 tutoring sessions</li> <li>• Help prepare for GED, ASVAB, NC drivers License, US Citizenship test</li> <li>• U.S. citizenship</li> <li>• Read/feed summer programs</li> </ul>	<ul style="list-style-type: none"> <li>• Anyone 18 &amp; Older</li> <li>• Walk-In's Welcomed</li> </ul>
<b>Purpose of God Annex</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484 Monday-Thursday 9am-5pm *Summer Hours Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>• GED Assistance</li> <li>• Employment Skills and Job Preparedness</li> <li>• On-The-Job Training ages 18-55yo</li> </ul>	
<b>St. John's Church of Christ</b> 2240 St. John Church Rd. Washington, NC	P: (252) 975-3700	<ul style="list-style-type: none"> <li>• Budgeting &amp; Finance</li> </ul>	

## **TRANSPORTATION:**

<b>Beaufort Area Transit System (BATS)</b> 1534 W. 5th Street Washington, NC	P: (252) 946-5778 F: (252) 946-0010 Monday-Friday 7am-5pm	<ul style="list-style-type: none"> <li>• Human services and general transportation</li> <li>• Medicaid</li> </ul>	<ul style="list-style-type: none"> <li>• Fares Based On Distance Traveled</li> <li>• All Trips Are To Be Requested By 1pm The Day Before Scheduling An Appointment</li> <li>• Requires 24hr Notice.</li> <li>• Under 16 years of age requires a guardian</li> </ul>
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### **PHONE ASSISTANCE:**

<b>Assurance Wireless</b>	P: 1-888-898-4888	<ul style="list-style-type: none"><li>• 2GB Data per month &amp; unlimited texts &amp; 350 Voice minutes</li></ul>	<ul style="list-style-type: none"><li>• Must Qualify</li></ul>
<b>SafeLink Wireless Cell Phones</b>	Enrollment & Plan Changes P: 1-800-723-3546 Technical Support P: 1-800-378-1684 <b>Enrollment &amp; Plan Changes</b> Monday-Saturday 8am-10pm Sunday 8am-7pm <b>Technical Support</b> 8am-12am (7 days/week)	<ul style="list-style-type: none"><li>• Government's Lifeline support program</li></ul>	<ul style="list-style-type: none"><li>• One Per Household</li></ul>

### **CHILDCARE ASSISTANCE:**

<b>Beaufort County Community College</b> 5337 US Hwy 264 E. Washington, NC	Main Campus Switchboard P: (252) 946-6194 F: (252) 940-6414	<ul style="list-style-type: none"><li>• Childcare Assistance for Students</li></ul>	<ul style="list-style-type: none"><li>• Must Qualify</li></ul>
<b>Beaufort County DSS</b> 632 W. 5th Street Washington, NC	P: (252) 975-5500 F: (252) 975-5555 Monday-Friday 8am-5pm	<ul style="list-style-type: none"><li>• Childcare Assistance Program</li><li>• Adult Protective Services</li><li>• Child Protective Services</li><li>• Transportation</li><li>• SNAP (Food Stamps)</li><li>• Foster Care</li></ul>	<ul style="list-style-type: none"><li>• Must Qualify</li></ul>
<b>Beaufort/Hyde Partnership For Children</b> 979 Washington Sq. Mall Washington, NC	P: (252) 975-4647 F: (252) 975-4722 Monday-Thursday 8:30am-5pm	<ul style="list-style-type: none"><li>• Childcare Referral Specialist to help assure quality childcare</li></ul>	

### **AFTER SCHOOL/SUMMER PROGRAMS:**

<b>Adventure Zone Kids</b> Washington Assembly Of God 2029 W 5 <sup>th</sup> Street Washington, NC	P: (252) 946-6185	<ul style="list-style-type: none"><li>• Summer Enrichment Program</li></ul>	<ul style="list-style-type: none"><li>• School Aged Children</li></ul>
<b>Boys &amp; Girl Club of Beaufort</b> 1089 N. Bridge Street PO Box 2331 Washington, NC	P: (252) 355-2345 Washington Location P: 844-440-2717 (Ext. 8320) <b>Hours of Operation</b> Monday-Friday 2:30pm-7pm <b>Non-School &amp; Summer Hours</b> Monday-Friday 7am-6pm <b>Early Release Days</b> 12pm-6pm	<ul style="list-style-type: none"><li>• After School Program</li><li>• Summer Program</li></ul>	
<b>John Cotton Tayloe Elementary School</b> 910 Tarboro Street Washington, NC	Summer Enrichment Program Registration P: 252-975-2179 P: 252-946-3350	<ul style="list-style-type: none"><li>• After School Program</li><li>• Summer Enrichment Program</li></ul>	<ul style="list-style-type: none"><li>• School Aged Children</li></ul>

<b>Purpose of God Annex</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Homebound Student Program</li> <li>• Summer Program</li> </ul>	<ul style="list-style-type: none"> <li>• Students Ages 6-15 Years Old</li> </ul>
<b>Unity Christian Academy</b> 1501 Haw Branch Rd Chocowinity, NC	P: (252) 946-5083	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Summer Enrichment Program</li> </ul>	

## **PARENTING SUPPORT:**

<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• WIC Services</li> <li>• Care Coordination For Children</li> <li>• Pregnancy Care Management</li> <li>• Breastfeeding Peer Counselor</li> <li>• Car Seat Installations and Inspections</li> <li>• Childhood Immunizations</li> <li>• Healthy Beginnings Program</li> <li>• Safe Sleep Program</li> </ul>	<ul style="list-style-type: none"> <li>← Must Qualify</li> <li>← Medicaid Clients</li> <li>← Medicaid Clients</li> <li>← WIC Clients</li> </ul>
<b>Beaufort/Hyde Partnership For Children</b> 979 Washington Sq. Mall Washington, NC	P: (252) 975-4647 F: (252) 975-4722 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Car Seat Installations and Inspections</li> <li>• Pre-K Screenings</li> <li>• Parents as Teachers Program</li> <li>• FREE Playgroups in Belhaven, Pinetown, Aurora, and Washington</li> <li>• Lending Library</li> <li>• Toys For Tots Intake</li> </ul>	<ul style="list-style-type: none"> <li>← Must Qualify</li> <li>← Ages 2-5</li> <li>← Must Qualify</li> </ul>
<b>BHM Regional Library</b> 158 N. Market Street Washington, NC	P: (252) 946-6401 Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>• Playgroup</li> <li>• Tutoring</li> </ul>	
<b>Breastfeeding Support Group</b> Vidant Wellness Center 2610 Stantonsburg Rd Greenville, NC	P: (252) 847-7439 3 <sup>rd</sup> Monday of Month 6:30pm	<ul style="list-style-type: none"> <li>• Support group for all breastfeeding moms</li> </ul>	<ul style="list-style-type: none"> <li>• Infants &amp; Children Are Welcome</li> <li>• Child Care Is Available</li> </ul>
<b>Children's Home Society</b> 920 Woodbridge Park Rd Greenville, NC	P: 252-752-1166	<ul style="list-style-type: none"> <li>• Adoption Services</li> <li>• Foster Care</li> </ul>	
<b>Coastal Pregnancy Center</b> 1312 John Small Ave Washington, NC	P: (252) 946-8040	<ul style="list-style-type: none"> <li>• Free Pregnancy Tests</li> <li>• Counseling &amp; Supportive Services</li> <li>• Parenting Classes &amp; Baby Items</li> <li>• Adoption Referrals</li> </ul>	<ul style="list-style-type: none"> <li>• No Specific Referral Form</li> </ul>
<b>Cornerstone Family Worship Center</b> 1918 W. 5th Street Washington, NC	P: (252) 946-6109	<ul style="list-style-type: none"> <li>• Family Understanding Nurturing Program</li> <li>• Dinner is served &amp; transportation provided</li> </ul>	<ul style="list-style-type: none"> <li>• Preschool, Pre-Adolescents, &amp; Adolescents</li> </ul>

<b>Family Connects</b> 198 NC HWY 45 N Plymouth, NC	P: (252) 793-1806	<ul style="list-style-type: none"> <li>Specialized Registered Nurse provides no-cost postpartum and newborn home visits (including breastfeeding)</li> </ul>	<ul style="list-style-type: none"> <li>Serves All Residents Of Beaufort, Hyde, Bertie, And Chowan</li> </ul>
<b>Family Resource Center</b> Mother of Mercy Catholic Church 114 W. 9th Street Washington, NC	P: (252) 946-2941		
<b>Hopeful Beginnings</b> Vidant Medical Center Greenville, NC	P: (252) 847-4819	<ul style="list-style-type: none"> <li>Support group helps postpartum mothers cope</li> </ul>	<ul style="list-style-type: none"> <li>Up To 1 Year After Delivery</li> </ul>
<b>Purpose of God Annex</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484	<ul style="list-style-type: none"> <li>Tuff Luv Camp</li> <li>Project New Hope</li> <li>Advocacy Services</li> </ul>	<ul style="list-style-type: none"> <li>For Students Facing Suspension</li> <li>For Adults With Criminal Backgrounds</li> </ul>
<b>Tender Hearts Support Group</b> Vidant Wellness Center 2610 Stantonsburg Rd Greenville, NC	P: (252) 847-4819 3 <sup>rd</sup> Wednesday of Month 7pm		

#### MENTORSHIP:

<b>Beaufort County Police Activities League (PALs)</b> <b>Pamlico Pals</b> 310 W. Main Street Peterson Building Suite 202D Washington, NC	P: (609) 412-9743	<ul style="list-style-type: none"> <li>Governor's 1-on-1 volunteer program</li> <li>Interpersonal skill building program</li> </ul>	<ul style="list-style-type: none"> <li>Matches Troubled Youth With Mentors</li> <li>Ages 7-17</li> <li>Youth Referral Form Online</li> </ul>
<b>Purpose of God Annex Outreach Center</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484	<ul style="list-style-type: none"> <li>Project New Hope</li> <li>Advocacy Services</li> </ul>	<ul style="list-style-type: none"> <li>For Men With Criminal Backgrounds</li> </ul>



## **SUPPORT GROUPS:**

<b>Alcoholics Anonymous of Northeastern NC</b>  St. Peters Episcopal Church 101 N Bonner St. Washington, NC  Trinity Episcopal Church 182 NC 33 West Chocowinity, NC	Beaufort County Group (252) 975-6113 Northeastern NC Hotline 1-888-991-7823  <b>St. Peters Episcopal Church</b> Monday 7pm-Open Discussion Tuesday & Wednesday 1pm-Closed Discussion Thursday 7pm-Open Big Book Study Saturday 10am-Open Discussion Sunday 3pm-Open Discussion Newcomer's Steps 1,2, & 3  <b>Trinity Episcopal Church</b> Friday 7pm-Open Speaker	<ul style="list-style-type: none"> <li>Counties served: Beaufort, Bertie, Camden, Chowan, Currituck, Gates, Hertford, Hyde, Martin, Pasquotank, Tyrrell, &amp; Washington</li> </ul>	<ul style="list-style-type: none"> <li>Closed Meetings Are For Anyone With A Desire To Stop Drinking</li> <li>Open Meetings Are For Anyone, But Those With An Alcohol Program Are Asked To Participate In Discussion Only</li> </ul>
<b>Belhaven- Sidney Fellowship Group</b> Free Will Baptist Church 5580 Sidney Rd Belhaven, NC	P: (252) 964-4402		
<b>Belhaven- Easy Does It Group</b> White Plains Church Ministry 718 Pine St Belhaven, NC	P: (252) 943-3619 Saturdays 8am	<ul style="list-style-type: none"> <li>Open Speaker</li> </ul>	
<b>Celebrate Recovery</b> Harvest Church 2020 West 15th Street Washington, NC	P: (252) 833-4894 Thursdays 6:30pm-8:30pm	<ul style="list-style-type: none"> <li>Addiction support group</li> <li>Dinner at 5:45pm-small donation appreciated</li> </ul>	<ul style="list-style-type: none"> <li>Any Kind Of Addiction (Chemical, Co-Dependency, Over Eating Grief, Gambling, Shopping, Etc.)</li> </ul>
<b>Chocowinity- Grateful Group</b> Trinity Episcopal Church 182 NC Hwy 33 East Chocowinity, NC	P: (252) 946-9958 Friday 8pm	<ul style="list-style-type: none"> <li>Open Speaker</li> </ul>	
<b>Diabetes Support Group</b> Grace Martin Harwell Senior Center 310 W. Main Street Washington, NC	P: (252)-975-9368 3 <sup>rd</sup> Tuesday of Month 11am-12pm		<ul style="list-style-type: none"> <li>55 Years Or Older</li> </ul>
<b>Down East Area of</b>	24 Hour Helpline		

<b>Narcotics Anonymous - Keep It Simple</b> Westbrook Housing Authority 100 Manual Drive Washington, NC	(866) 321-1631 Sundays 8am-9pm-Discussion & Open to Everyone
<b>Washington- Beaufort County Group</b> Westbrook Housing Authority 100 Manual Drive Washington, NC	P: (252) 975-6113 Monday 8pm-Open Speaker Tuesday 12pm-Closed Discussion Wednesday 6pm-Living Sober Discussion Saturday 12pm-Open Speaker Sunday 3pm-Beginners Discussion

### **LEGAL AID:**

<b>Legal Aid of NC</b> 301 Evans Street #102 Greenville, NC	P: (252) 758-0113 Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>• Free legal assistance in areas of civil law,</li> <li>• Involving basic human needs like safety, shelter, income etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Low Income</li> </ul>
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## **COMMUNITY ALCOHOL ANONYMOUS MEETINGS:**

<b>Ahoskie</b> <i>Turning Point Group</i> St. Thomas Episcopal Church 424 Church St. West		Thursday 8pm-Open
<b>Chocowinity</b> <i>Grateful Group</i> Trinity Episcopal Church 182 NC 33 West		Friday 7pm-Open Speaker
<b>Coinjock</b> <i>Coinjock Principles Group</i> Coinjock Baptist Church 193 Worth Guard Rd.		Saturday 9am-Closed Step Study
<b>Columbia</b> <i>Tyrrell County Group</i> Wesley Memorial Methodist Church 508 Main St.		Monday 7pm-Open Thursday 8pm-Open
<b>Edenton</b> <i>Edenton/Chowan Group</i> Edenton United Methodist Church 225 Virginia Rd.		Monday & Wednesday 8pm Monday (Open Speaker) & Wednesday (Closed 12 Steps & Traditions Study) Tuesday & Thursday 12pm-Closed Discussion Friday 12:30pm-Closed Discussion Saturday 10am-Open Beginners Meeting
<i>Log Cabin Group</i> 202 Bandon Rd. Arrowhead Beach Area		Monday 8pm-Closed Discussion
<b>Elizabeth City</b> <i>Brown Bag Group</i> Serenity House 300 E. Pearl St.		Monday-Friday 12pm Monday, Tuesday, Thursday, Friday (Open Discussion) & Wednesday (Open 12-Step Study)
<i>Dry Dockers Group</i> Serenity House 300 E. Pearl St.		Monday-Friday @ 7:00pm
<i>Primary Purpose Group</i> Riverside Methodist Church 1400 Edgewood Dr.		Wednesdays 7pm-Closed Big Book Study
<i>Serenity Group</i> Cann Presbyterian Church 311 W. Main St.		Wednesday 8pm-Closed Discussion (Park Behind Church, Off Fearing St)
<i>Friday Night 12 &amp; 12</i> St. Phillips Chapel @ Christ Church 200 S. McMorrine St.		Friday 8pm-Open Discussion (Park Behind Church, Off Fearing St)
<i>Living Sober Group</i> Serenity House 300 E. Pearl St.		Friday 7pm-Open Discussion Saturday 9am-Open Discussion/Study

<i>Grupo Esperanza</i> Serenity House 300 E. Pearl St.	Saturdays 6pm-Open Discussion (Spanish Speaking)
<i>On The Fence Group</i> Albermale Hospital, N. Entrance 1144 N. Road St.	Saturday 7pm-Open Big Book Topic
<i>Men's Big Book Study</i> Cann Presbyterian Church 311 W. Main St.	Sunday 7pm-Closed Discussion (Park Behind Church, Off Fearing St)
<i>Sunday Night Group</i> Salvation Army Church 906 Fourth St.	Sunday 8pm-Open Speaker 1 <sup>st</sup> Sunday, Open Discussion Otherwise
<b>Hertford</b> <i>Hertford Group</i> Hertford United Methodist Church 207 W. Market St.	Thursday 8pm-Open Discussion
<b>Moyock</b> <i>Yes We Can Group</i> Moyock Baptist Church 123 Oak St. (off NC 168)	Tuesday 8pm-Open Discussion
<i>Wedgewood Lakes Group</i> Crawford Fire House 121 Shawboro Rd.	Thursday 8pm-Big Book Study
<b>Murfreesboro</b> <i>Murfreesboro Group</i> Murfree Center 201 Broad St.	Wednesday 8pm-Open
<b>Powells Point</b> <i>Powells Point ABC Group</i> Powells Point Baptist Church 8383 Caratoke Hwy	Monday 8pm-Open Discussion Friday 6pm-Open Big Book
<b>Sunbury</b> <i>Gates County Sunbury Group</i> Beulah Baptist Church 967 U.S. 158 E.	Tuesday 8pm-Open Discussion
<b>Washington</b> <i>Beaufort County Group</i> St. Peter's Episcopal Church 101 N. Bonner St.	Monday 7pm-Open Discussion Tuesday 1pm-Closed Discussion Wednesday 1pm-Closed 12-Step Thursday 7pm-Open Big Book Study Saturday 10am-Open Discussion Sunday 3 pm-Open, Newcomer's Steps 1,2, &3
<b>Williamston</b> <i>Martin County Group</i> Macedonia Church 7640 Hwy 17	Thursday 8pm-Open Big Book Study/Discussion

Appendix B: Community Survey Tool

Community Health Needs Assessment 2021

PID 1535

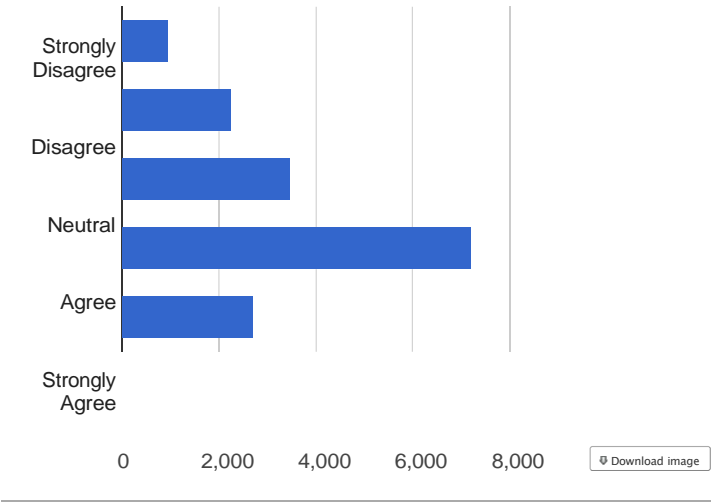
Data Exports, Reports, and Stats

Beaufort County

There is good healthcare in my county. *(healthcare)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

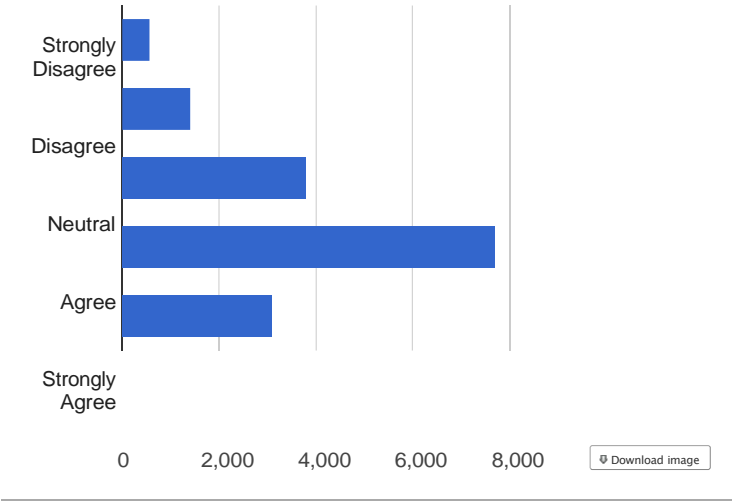
Counts/frequency: Strongly Disagree (17, 4.5%), Disagree (52, 13.9%), Neutral (70, 18.7%), Agree (184, 49.1%), Strongly Agree (52, 13.9%)



This county is a good place to raise children. *(raise\_children)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

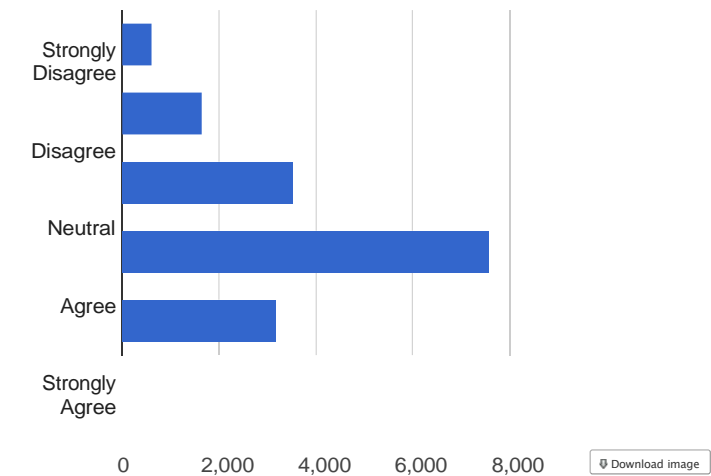
**Counts/frequency:** Strongly Disagree (12, 3.2%), Disagree (26, 6.9%), Neutral (66, 17.6%), Agree (207, 55.2%), Strongly Agree (64, 17.1%)



This county is a good place to grow old. (grow\_old)

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

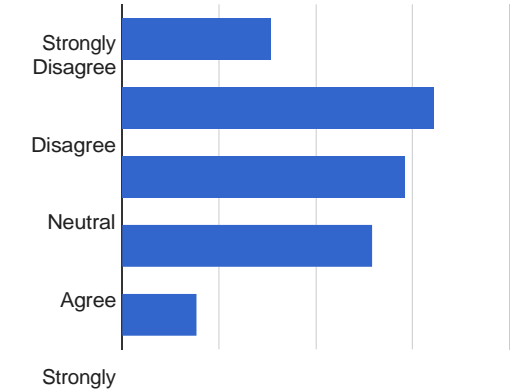
Counts/frequency: Strongly Disagree (8, 2.1%), Disagree (34, 9.1%), Neutral (44, 11.7%), Agree (215, 57.3%), Strongly Agree (74, 19.7%)



There is plenty of economic opportunity in this county. (econ\_app)

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

Counts/frequency: Strongly Disagree (56, 14.9%), Disagree (126, 33.6%), Neutral (106, 28.3%), Agree (78, 20.8%), Strongly Agree (9, 2.4%)



Agree

0

1,500

3,000

4,500

6,000

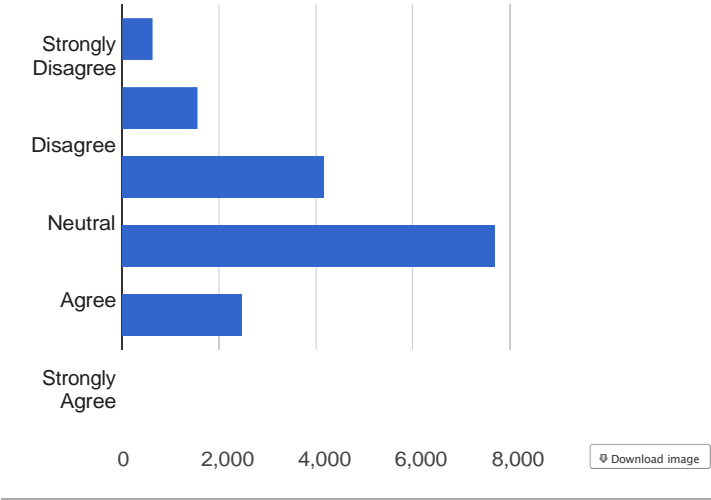
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This county is a safe place to live *(safe)*

Total Count (N)	Missing*	Unique
374	3 (0.8%)	5

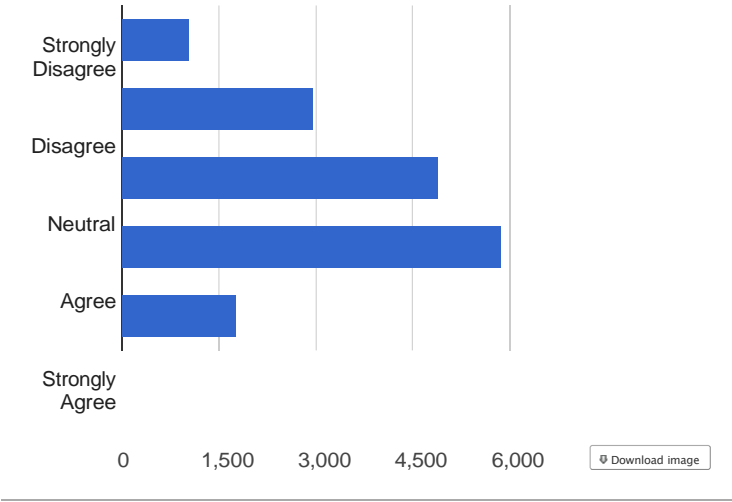
**Counts/frequency:** Strongly Disagree (5, 1.3%), Disagree (17, 4.5%), Neutral (69, 18.4%), Agree (236, 63.1%), Strongly Agree (47, 12.6%)



There is plenty of help for people during times of need in this county. *(help)*

Total Count (N)	Missing*	Unique
375	<a href="#">2 (0.5%)</a>	5

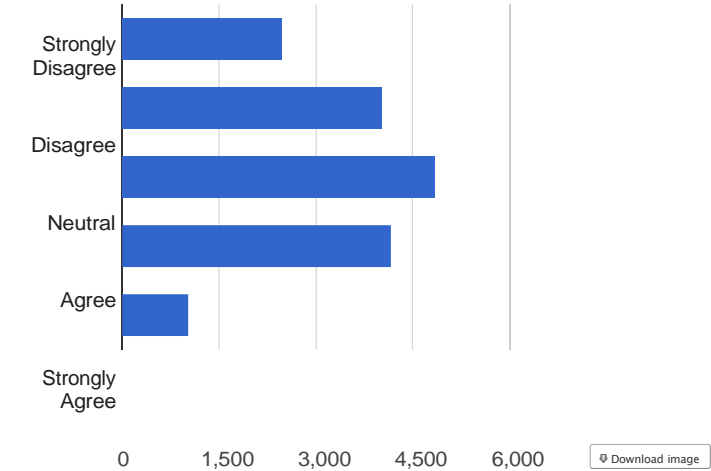
**Counts/frequency:** **Strongly Disagree** (24, 6.4%), **Disagree** (68, 18.1%), **Neutral** (125, 33.3%), **Agree** (136, 36.3%), **Strongly Agree** (22, 5.9%)



There is affordable housing that meets the needs in this county (affordable)

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

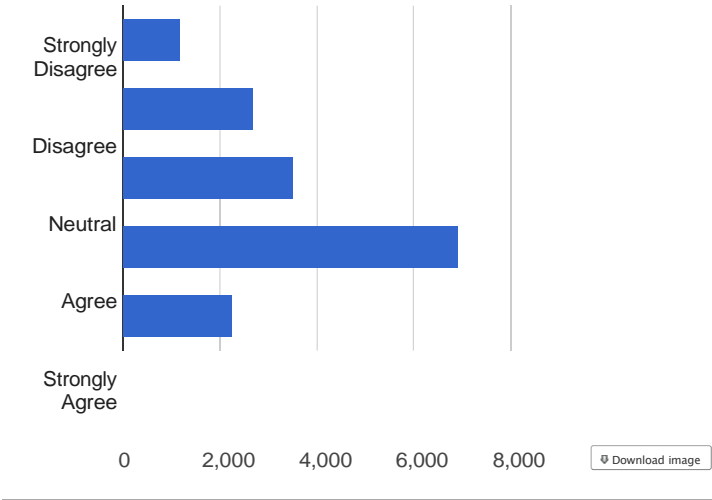
Counts/frequency: Strongly Disagree (51, 13.6%), Disagree (102, 27.2%), Neutral (124, 33.1%), Agree (85, 22.7%), Strongly Agree (13, 3.5%)



There are good parks and recreation facilities in this county. *(parks)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	5

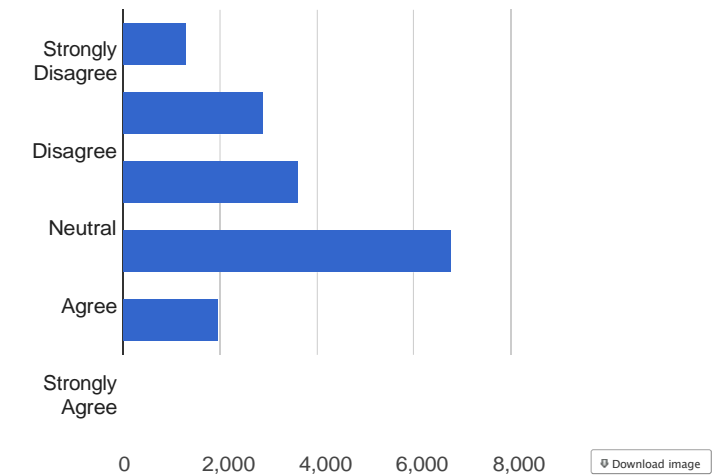
**Counts/frequency:** Strongly Disagree (20, 5.3%), Disagree (69, 18.4%), Neutral (81, 21.6%), Agree (164, 43.7%), Strongly Agree (41, 10.9%)



It is easy to buy healthy foods in this county. (healthyfood)

Total Count (N)	Missing*	Unique
376	1 (0.3%)	5

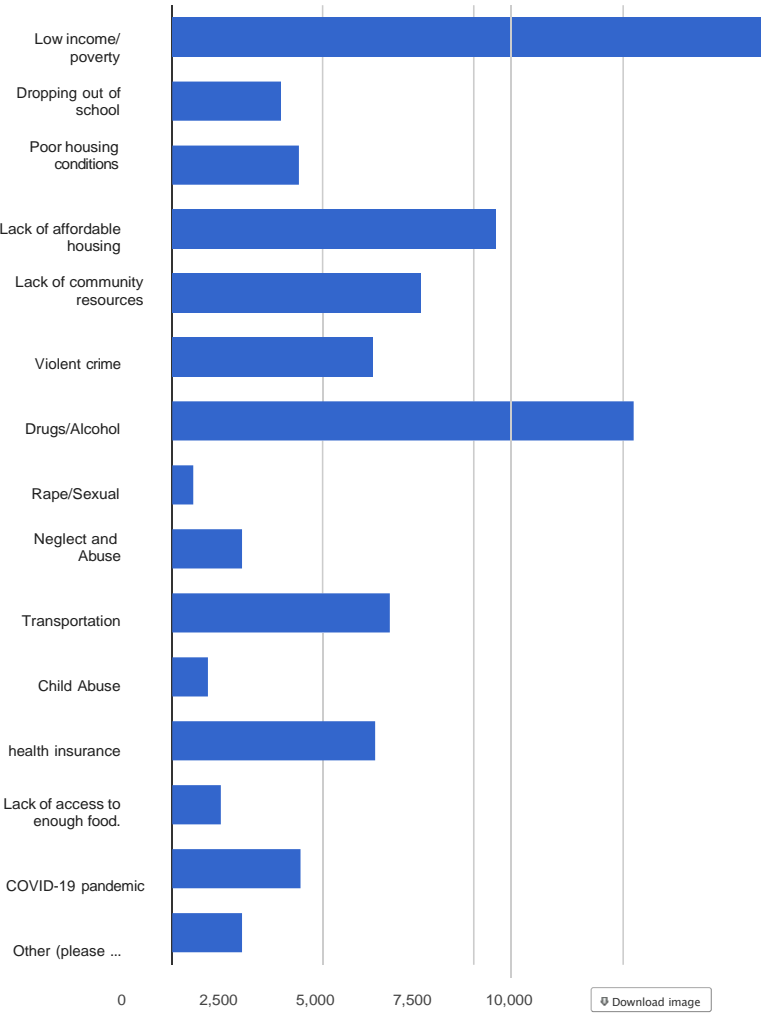
Counts/frequency: Strongly Disagree (30, 8.0%), Disagree (59, 15.7%), Neutral (85, 22.6%), Agree (175, 46.5%), Strongly Agree (27, 7.2%)



Please select the top 3 issues which have the highest impact on quality of life in this county. (topissues)

Total Count (N)	Missing*	Unique
373	4 (1.1%)	15

Counts/frequency: Low income/poverty (248, 66.5%), Dropping out of school (44, 11.8%), Poor housing conditions (45, 12.1%), Lack of affordable housing (128, 34.3%), Lack of community resources (100, 26.8%), Violent crime (murder, assault) Theft (22, 5.9%), Drugs/Alcohol (Substance Use) (178, 47.7%), Rape/Sexual Assault (2, 0.5%), Neglect and Abuse (27, 7.2%), Transportation (107, 28.7%), Child Abuse (8, 2.1%), health insurance (91, 24.4%), Lack of access to enough food (18, 4.8%), COVID-19 pandemic (56, 15.0%), Other (please specify) (17, 4.6%)



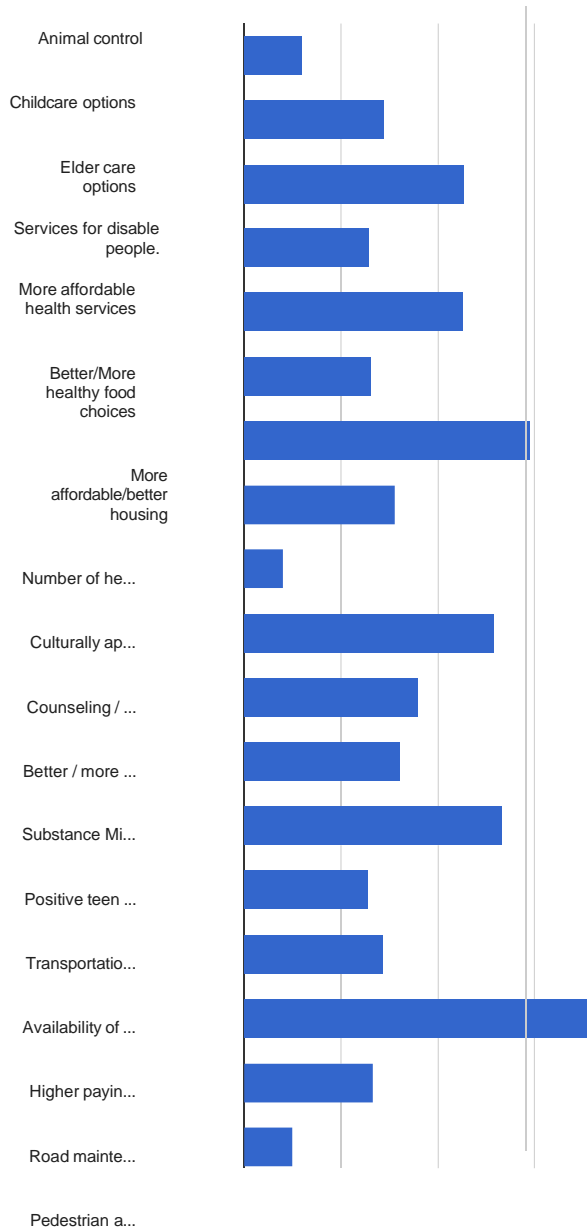
Other (topthreeother1)

Total Count (N)	Missing*
16	361 (95.8%)

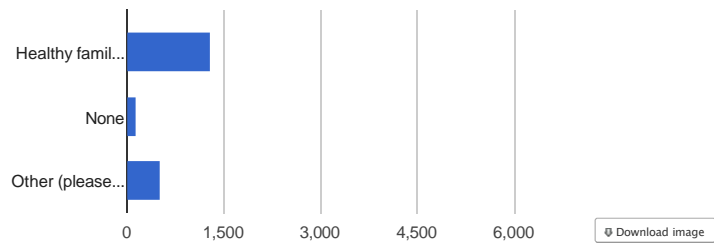
Please select what you feel are the top 3 services that need the most improvement in your community. *(improvements)*

Total Count (N)	Missing*	Unique
372	5 (1.3%)	21

**Counts/frequency:** Animal control (11, 3.0%), Childcare options (34, 9.1%), Elder care options (109, 29.3%), Services for disabled people (43, 11.6%), More affordable health services (76, 20.4%), Better/More healthy food choices (48, 12.9%), More affordable / better housing (97, 26.1%), Number of healthcare providers (58, 15.6%), Culturally appropriate health services (7, 1.9%), Counseling / mental and behavioral health / support groups (112, 30.1%), Better / more recreational facilities (parks, trails, community centers) (43, 11.6%), Substance Misuse Services/ Recovery Support (62, 16.7%), Positive teen activities (88, 23.7%), Transportation options (53, 14.2%), Availability of employment (58, 15.6%), Higher paying employment (116, 31.2%), Road maintenance (25, 6.7%), Pedestrian and cyclist road safety (17, 4.6%), Healthy family activities (26, 7.0%), None (5, 1.3%), Other (please specify) (9, 2.4%)







**Other** *(improvement\_other)*

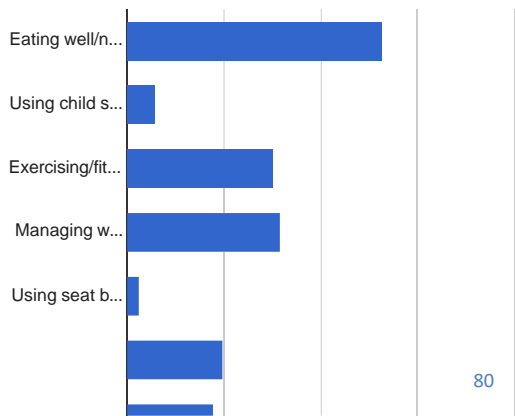
Total Count (N)	Missing*
8	369 (97.9%)

Please select the top 3 health behaviors that you feel people in your community need more information about. *(health\_behavin)*

Total Count (N)	Missing*	Unique
372	5 (1.3%)	27

**Counts/frequency:** Eating well/nutrition (148, 39.8%), Using child safety car seats (7, 1.9%), Exercising/fitness (63, 16.9%), Managing weight (95, 25.5%), Using seat belts (1, 0.3%), Suicide prevention (41, 11.0%), Driving safely (28, 7.5%), Mental/Behavioral Health (171, 46.0%), Domestic violence prevention (36, 9.7%), Crime prevention (22, 5.9%), Elder care (83, 22.3%), Child care/parenting (45, 12.1%), Rape/sexual abuse prevention (5, 1.3%), COVID-19 (29, 7.8%), Going to a dentist for check-ups/preventive care (23, 6.2%), Quitting smoking/tobacco use prevention (28, 7.5%), Substance misuse prevention (95, 25.5%), Harm reduction (3, 0.8%), Breastfeeding (5, 1.3%), Going to the doctor for yearly check-ups and screenings (45, 12.1%), Getting prenatal care during pregnancy (12, 3.2%), Getting flu shots and other vaccines (16, 4.3%), Preparing for an emergency/disaster (18, 4.8%), Caring for family members with special needs / disabilities (46, 12.4%), Preventing pregnancy and sexually transmitted diseases (safe sex) (30, 8.1%), None (3, 0.8%), Other (please specify) (3, 0.8%)

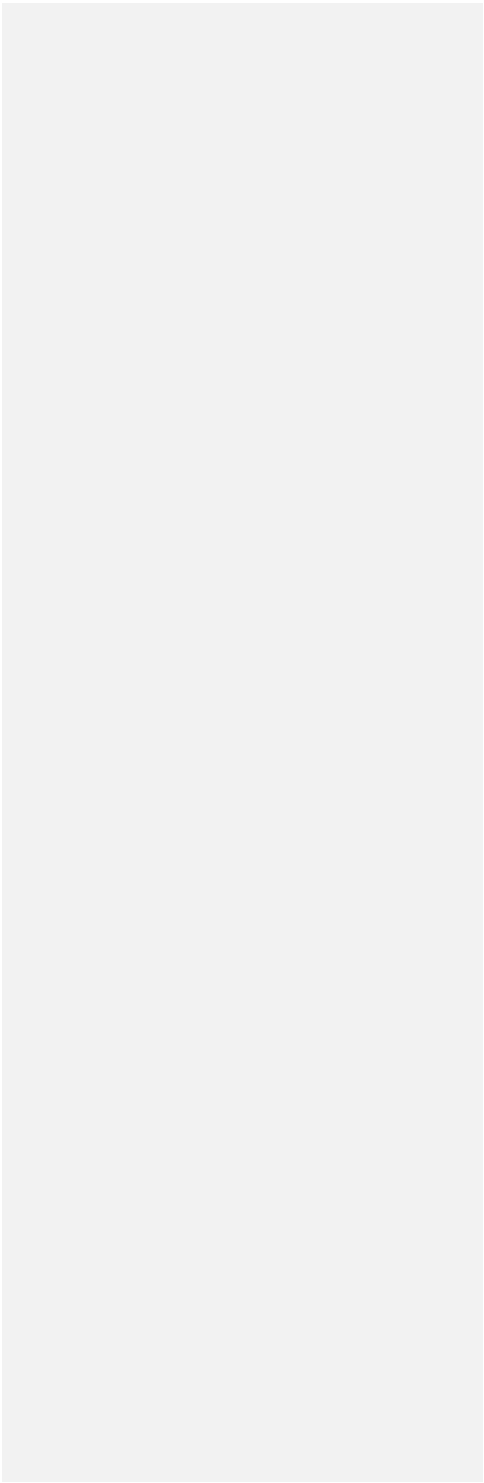
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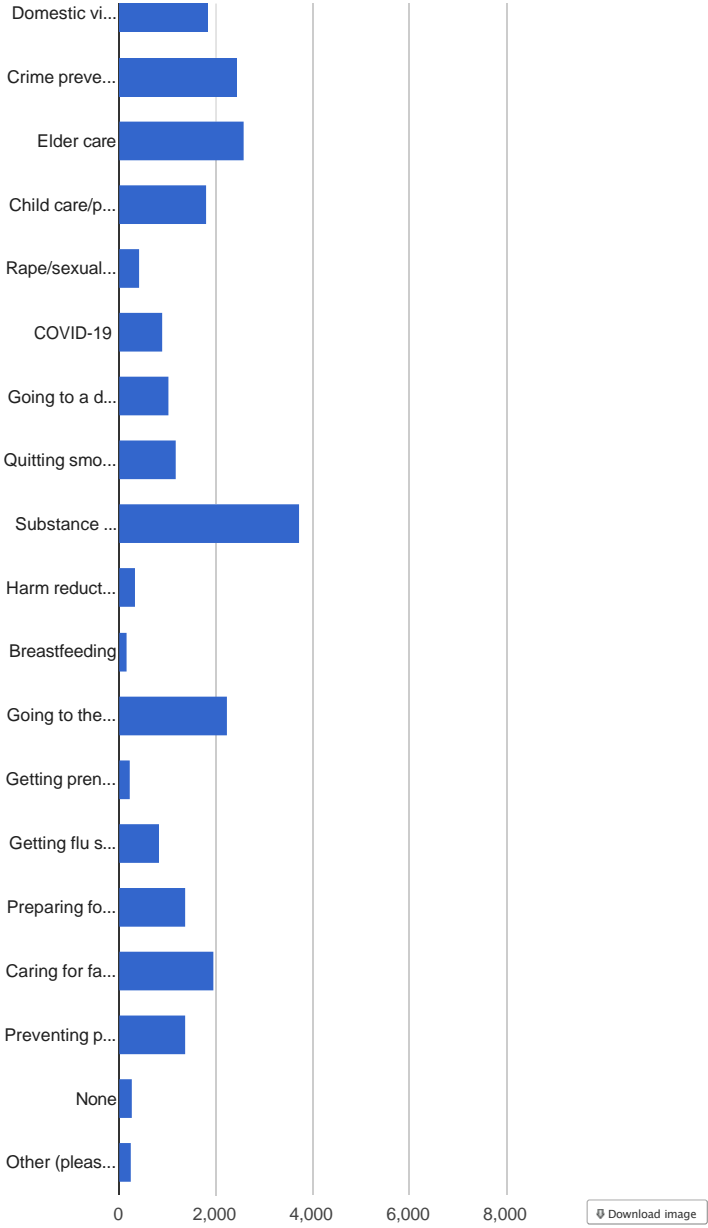


Suicide prev...

Driving safely

Mental/Beha...





Other (heath\_behavin\_other)

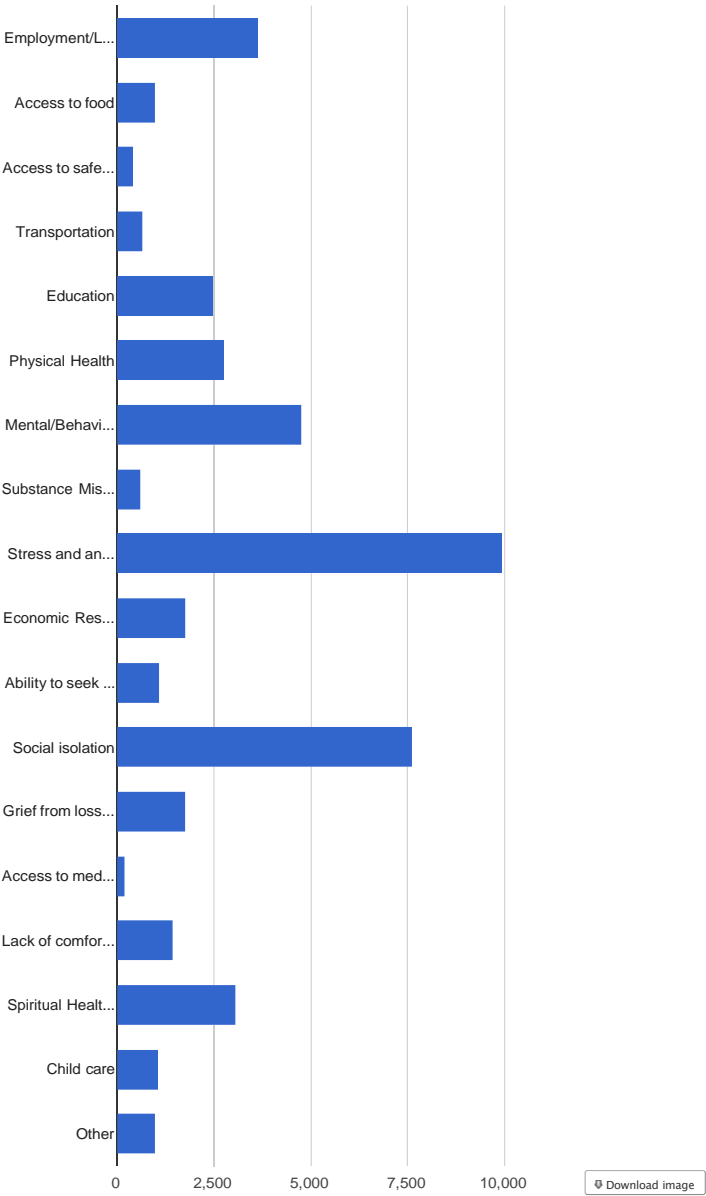
Total Count (N)	Missing*
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3	374 (99.2%)
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Please select the top 3 areas where COVID-19 have impacted you most severely/significantly? *(covid)*

Total Count (N)	Missing*	Unique
372	5 (1.3%)	18

**Counts/frequency:** Employment/Loss of Job (73, 19.6%), Access to food (20, 5.4%), Access to safe housing (8, 2.2%), Transportation (12, 3.2%), Education (41, 11.0%), Physical Health (64, 17.2%), Mental/Behavioral Health (107, 28.8%), Substance Misuse (9, 2.4%), Stress and anxiety (235, 63.2%), Economic Resources (36, 9.7%), Ability to seek medical care (26, 7.0%), Social isolation (173, 46.5%), Grief from loss of loved one (45, 12.1%), Access to medication (6, 1.6%), Lack of comfort in seeking medical care (28, 7.5%), Spiritual Health/Well-being (76, 20.4%), Child care (30, 8.1%), Other (23, 6.2%)



Other (other\_covid)

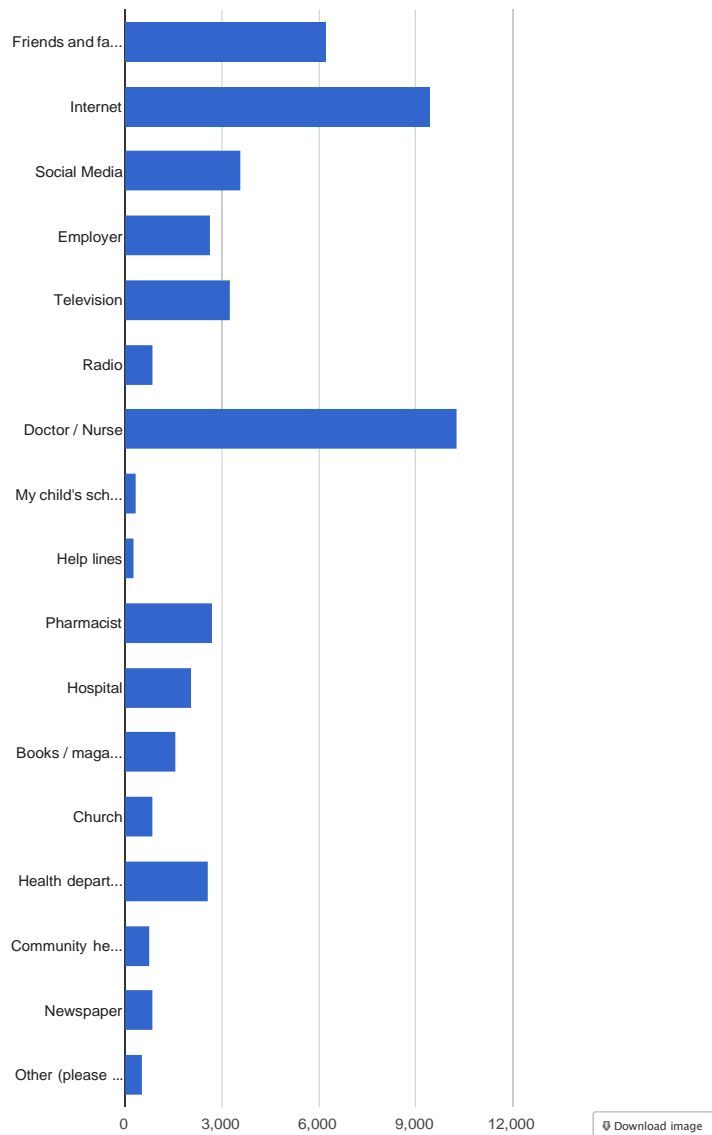
Total Count (N)	Missing*
18	359 (95.2%)

Where do you get most of your health-related information? (Please check all that apply)

(health\_info)

Total Count (N)	Missing*	Unique
375	2 (0.5%)	17

**Counts/frequency:** Friends and family (146, 38.9%), Internet (215, 57.3%), Social Media (76, 20.3%), Employer (83, 22.1%), Television (83, 22.1%), Radio (25, 6.7%), Doctor / Nurse (239, 63.7%), My child's school (7, 1.9%), Help lines (5, 1.3%), Pharmacist (51, 13.6%), Hospital (52, 13.9%), Books / magazines (39, 10.4%), Church (23, 6.1%), Health department (62, 16.5%), Community health worker (16, 4.3%), Newspaper (22, 5.9%), Other (please specify) (10, 2.7%)



**Other** (health\_info\_other)

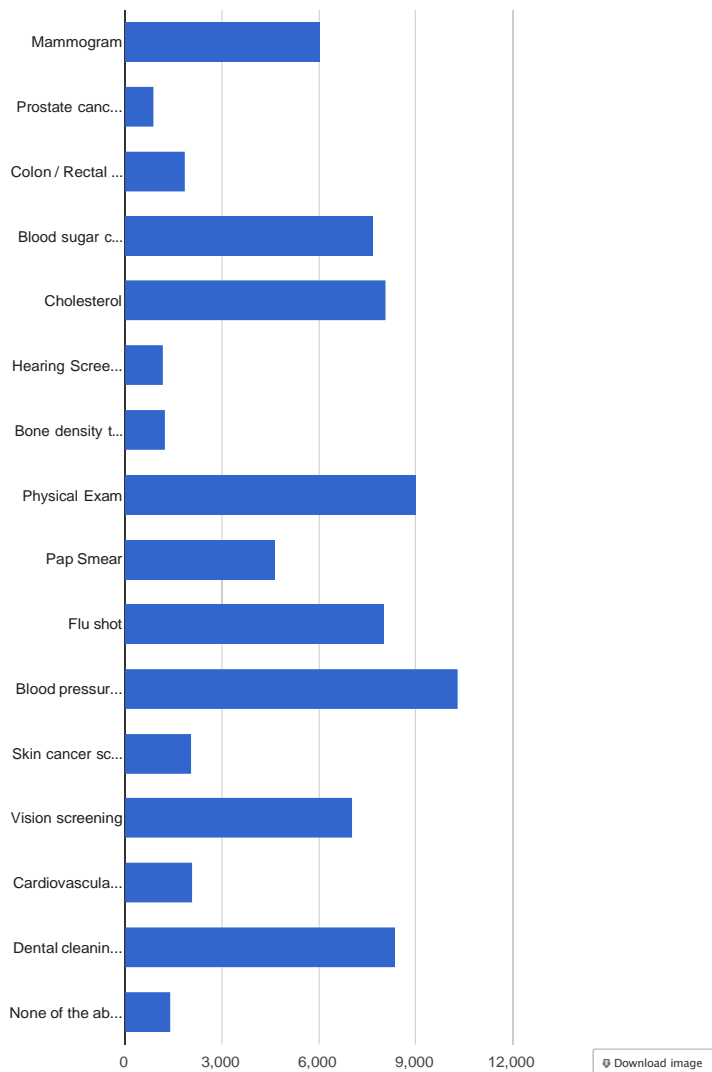
Total Count (N)	Missing*
8	369 (97.9%)

Which of the following preventative services have you had in the past 12 months? (Check all that apply) *(prevent\_services)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	16

**Counts/frequency:** Mammogram (193, 51.5%), Prostate cancer screening (21, 5.6%), Colon / Rectal exam (43, 11.5%), Blood sugar check (194, 51.7%), Cholesterol (226, 60.3%), Hearing Screening (23, 6.1%), Bone density test (37, 9.9%), Physical Exam (240, 64.0%), Pap Smear (120, 32.0%), Flu shot (207, 55.2%), Blood pressure check (251, 66.9%), Skin cancer screening (62, 16.5%), Vision screening (182, 48.5%), Cardiovascular screening (53, 14.1%), Dental cleaning / x-rays (217, 57.9%), None of the above (17, 4.5%)

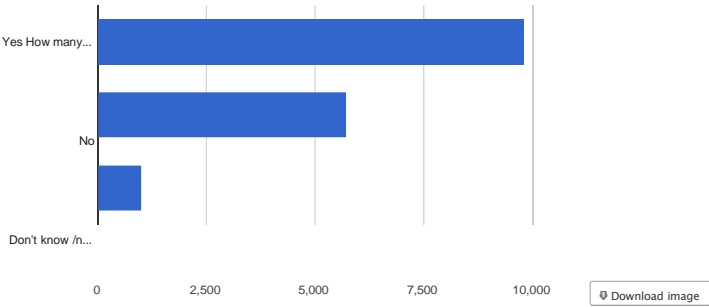




During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour? (Please select only one) *(physicalactivity)*

Total Count (N)	Missing*	Unique
374	3 (0.8%)	3

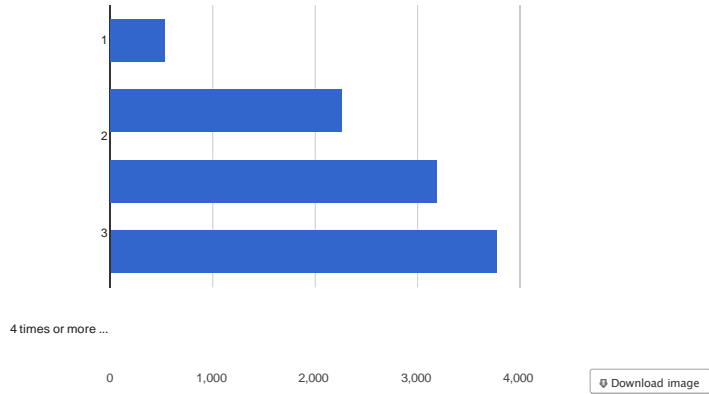
Counts/frequency: Yes How many times per week? (233, 62.3%), No (124, 33.2%), Don't know /not sure (17, 4.5%)



How many times per week? (exercisetimesweek)

Total Count (N)	Missing*	Unique
233	144 (38.2%)	4

Counts/frequency: 1 (13, 5.6%), 2 (50, 21.5%), 3 (66, 28.3%), 4 times or more per week (104, 44.6%)

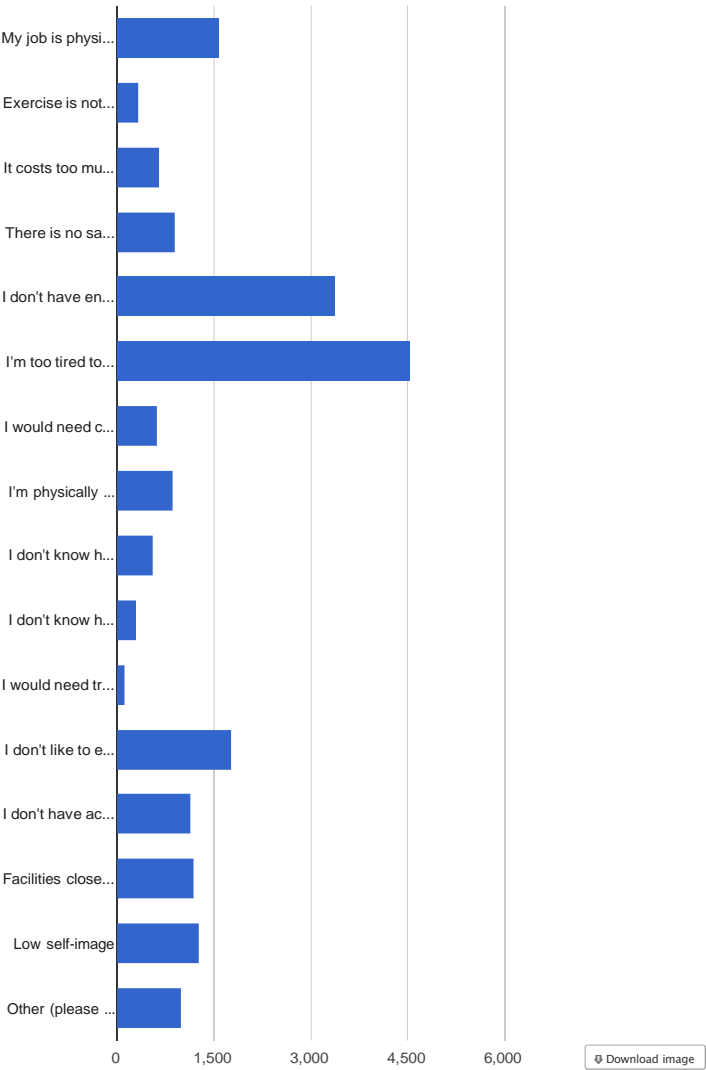


If you do not exercise at least a half hour a few days each week, please select the reasons why you do not exercise? (Please select all that apply) (notexercise)

Total Count (N)	Missing*	Unique
247	130 (34.5%)	16

Counts/frequency: My job is physical or hard labor. (32, 13.0%), Exercise is not important to me. (2, 0.8%), It costs too much to exercise. (15, 6.1%), There is no safe place to exercise. (8, 3.2%), I don't have enough time to exercise. (87, 35.2%), I'm too tired to exercise. (123, 49.8%), I would need child care and I don't have it. (12, 4.9%), I'm physically disabled. (17, 6.9%), I don't know how to find exercise partners. (8, 3.2%), I don't know how to safely (6, 2.4%), I would need transportation and I don't have it. (3,

1.2%), I don't like to exercise. (49, 19.8%), I don't have access to a facility that has the things I need, like a pool, golf course, or a track. (22, 8.9%), Facilities closed due to COVID 19 (41, 16.6%), Low self-image (43, 17.4%), Other (please specify) (22, 8.9%)



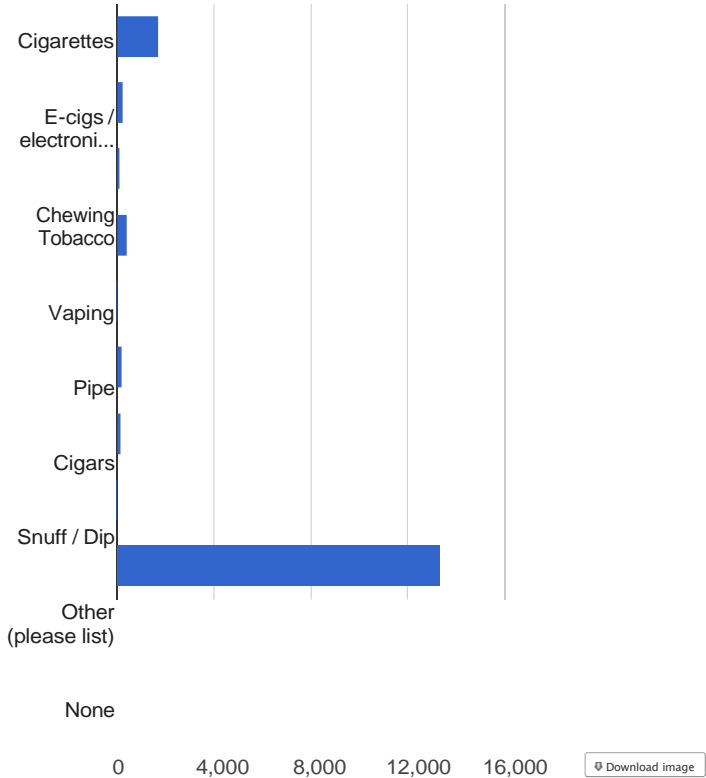
Other (exercise\_other)

Total Count (N)	Missing*
16	361 (95.8%)

Please select any tobacco product you currently use, (please\_select\_any\_tobacco)

Total Count (N)	Missing*	Unique
366	11 (2.9%)	8

**Counts/frequency:** Cigarettes (31, 8.5%), E-cigs / electronic cigarettes (4, 1.1%), Chewing Tobacco (3, 0.8%), Vaping (8, 2.2%), Pipe (0, 0.0%), Cigars (3, 0.8%), Snuff / Dip (3, 0.8%), Other (please list) (1, 0.3%), None (321, 87.7%)



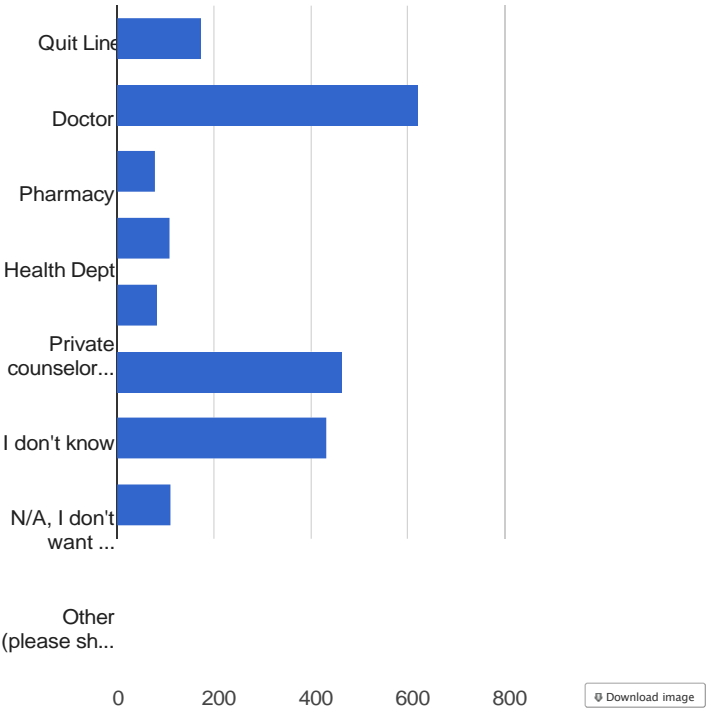
**Other (please list)** *(other\_please\_list)*

Total Count (N)	Missing*
1	376 (99.7%)

**Where would you go for help if you wanted to quit?** *(quit)*

Total Count (N)	Missing*	Unique
43	334 (88.6%)	6

**Counts/frequency:** Quit Line NC (5, 11.6%), Doctor (13, 30.2%), Pharmacy (0, 0.0%), Health Dept (5, 11.6%), Private counselor / therapist (0, 0.0%), I don't know (11, 25.6%), N/A, I don't want to quit (6, 14.0%), Other (please share more) (3, 7.0%)



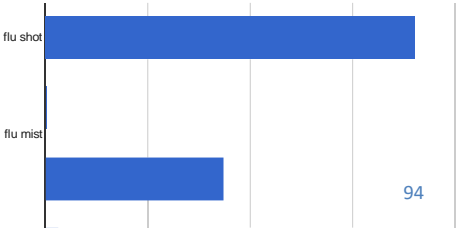
Other: (quit\_other)

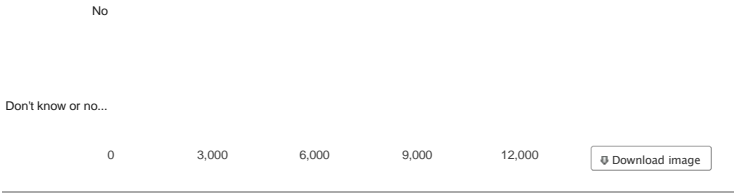
Total Count (N)	Missing*
3	374 (99.2%)

An influenza / flu vaccine can be a "flu shot" injected into your arm or a spray like "Flu Mist" which is sprayed into your nose. During the past 12 months, have you received a seasonal flu vaccine? (Choose only one) (flu)

Total Count (N)	Missing*	Unique
376	1 (0.3%)	3

Counts/frequency: flu shot (275, 73.1%), flu mist (0, 0.0%), No (96, 25.5%), Don't know or not sure (5, 1.3%)



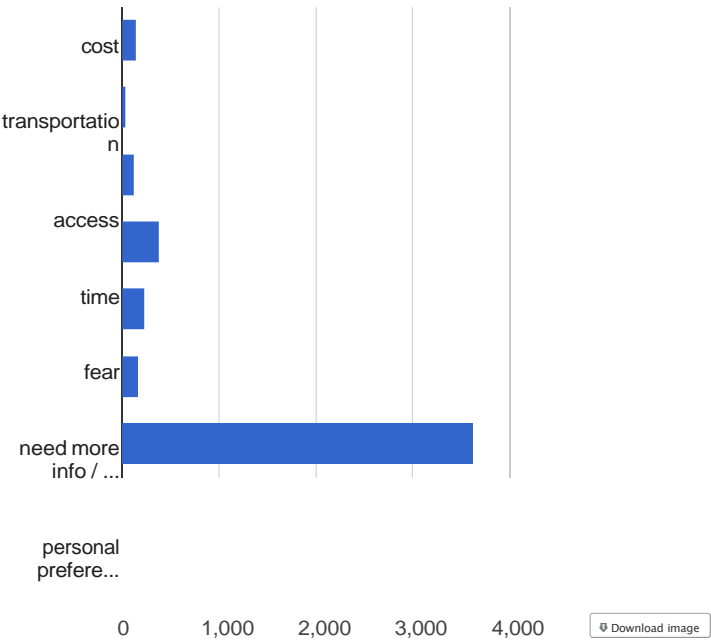




If you did not get your flu vaccine, why not? Please check any barriers. (flu\_barriers)

Total Count (N)	Missing*	Unique
83	294 (78.0%)	5

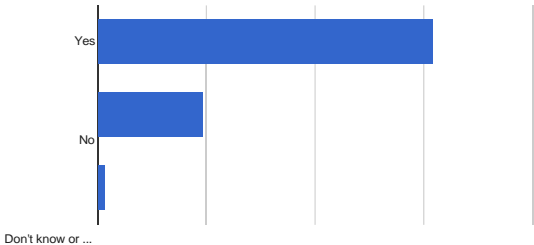
Counts/frequency: cost (0, 0.0%), transportation (0, 0.0%), access (1, 1.2%), time (4, 4.8%), fear (3, 3.6%), need more info / have questions (3, 3.6%), personal preference (72, 86.7%)

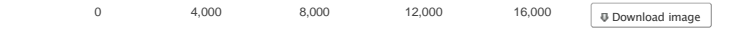


Have you had a COVID-19 vaccine? (covidshot)

Total Count (N)	Missing*	Unique
376	1 (0.3%)	3

Counts/frequency: Yes (277, 73.7%), No (97, 25.8%), Don't know or not sure (2, 0.5%)

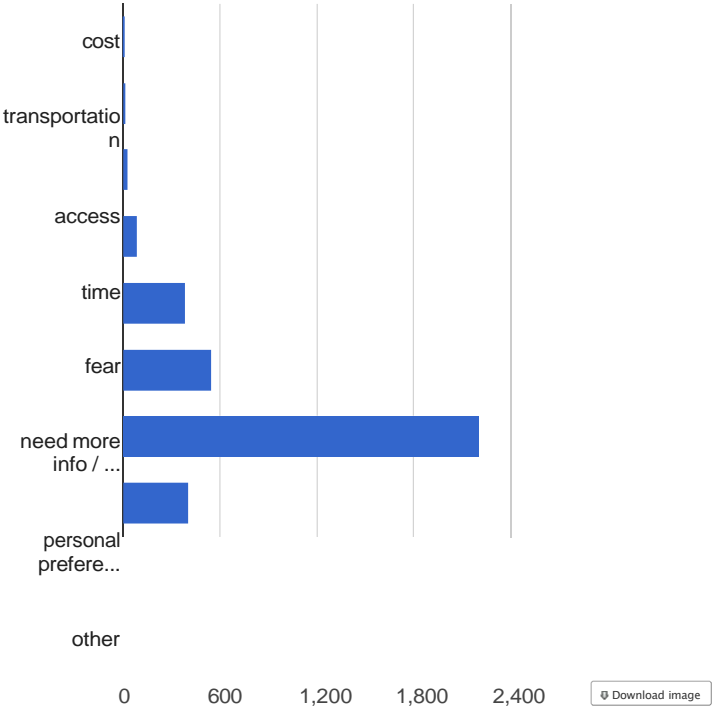




If you did not get your COVID-19 vaccine, why not? Please check any barriers. *(covidyesskip)*

Total Count (N)	Missing*	Unique
93	284 (75.3%)	5

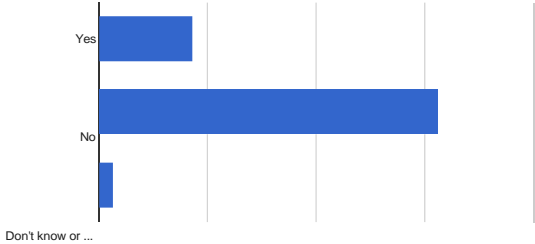
**Counts/frequency:** cost (0, 0.0%), transportation (0, 0.0%), access (0, 0.0%), time (1, 1.1%), fear (7, 7.5%), need more info / have questions (15, 16.1%), personal preference (64, 68.8%), other (6, 6.5%)



In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility? (Please choose only one) *(healthcarehelp)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	3

**Counts/frequency:** Yes (80, 21.3%), No (292, 77.9%), Don't know or not sure (3, 0.8%)

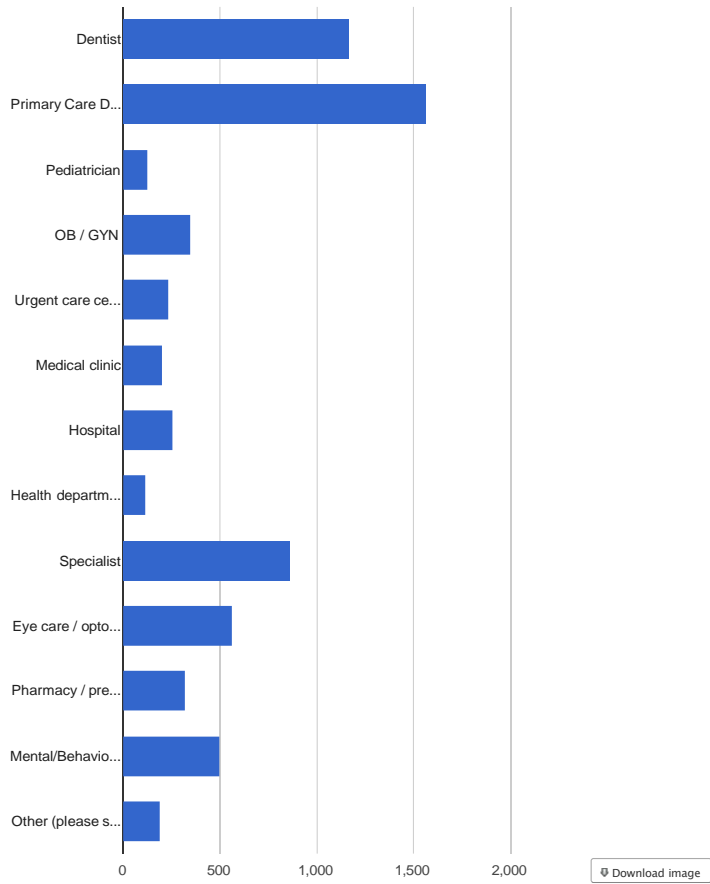




If yes, what type of provider or facility did you have trouble getting healthcare from? (Please choose all that apply) *(healthcareproviderhelp)*

Total Count (N)	Missing*	Unique
78	299 (79.3%)	13

**Counts/frequency:** Dentist (20, 25.6%), Primary Care Doctor (46, 59.0%), Pediatrician (5, 6.4%), OB / GYN (5, 6.4%), Urgent care center (8, 10.3%), Medical clinic (7, 9.0%), Hospital (6, 7.7%), Health department (1, 1.3%), Specialist (14, 17.9%), Eye care / optometrist / ophthalmologist (12, 15.4%), Pharmacy / prescriptions (6, 7.7%), Mental/Behavioral Health Providers (13, 16.7%), Other (please share more) (2, 2.6%)



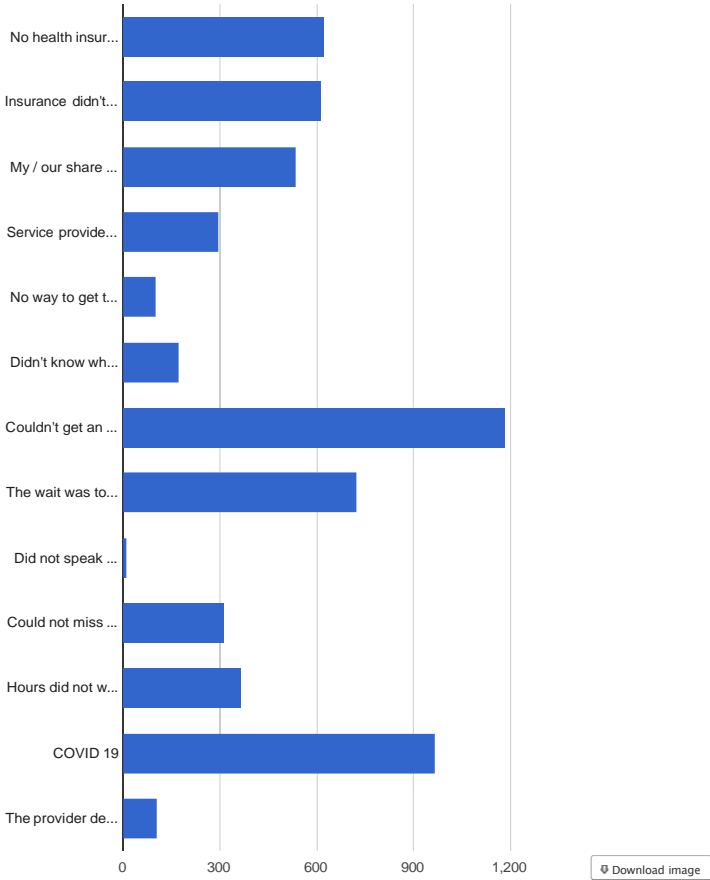
**Other** *(healthcareprovider\_other)*

Total Count (N)	Missing*
2	375 (99.5%)

Which of these problems prevented you from getting the necessary health care? (Please choose all that apply) *(healthcarewhichproblems)*

Total Count (N)	Missing*	Unique
88	<a href="#">289 (76.7%)</a>	13

**Counts/frequency:** No health insurance (17, 19.3%), Insurance didn't cover what I / we needed. (9, 10.2%), My / our share of the cost (deductible / co-pay) was too high. (11, 12.5%), Service provider would not take my / our insurance or Medicaid. (4, 4.5%), No way to get there. (2, 2.3%), Didn't know where to go (6, 6.8%), Couldn't get an appointment (34, 38.6%), The wait was too long (22, 25.0%), Did not speak my language (1, 1.1%), Could not miss work to go (10, 11.4%), Hours did not work with my availability (12, 13.6%), COVID 19 (27, 30.7%), The provider denied me care or treated me in a discriminatory manner because of a protected status (age, race, sexual preference, disease, etc.) (4, 4.5%)



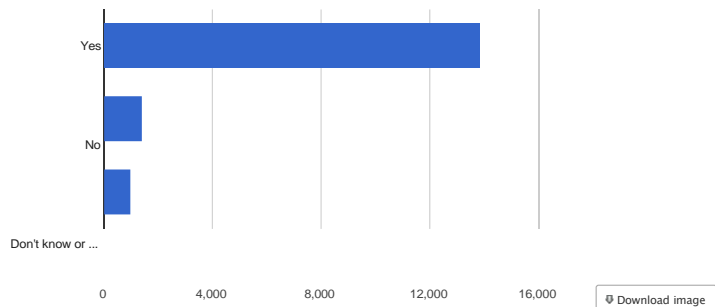
In a natural disaster (hurricane, flooding, tornado, etc.), do you feel like you know how to access or find the information you need to stay safe? *(naturaldisasteraccess)*

Total Count (N)	Missing*	Unique

374	3 (0.8%)	3
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**Counts/frequency:** Yes (343, 91.7%), No (16, 4.3%), Don't know or not sure (15, 4.0%)

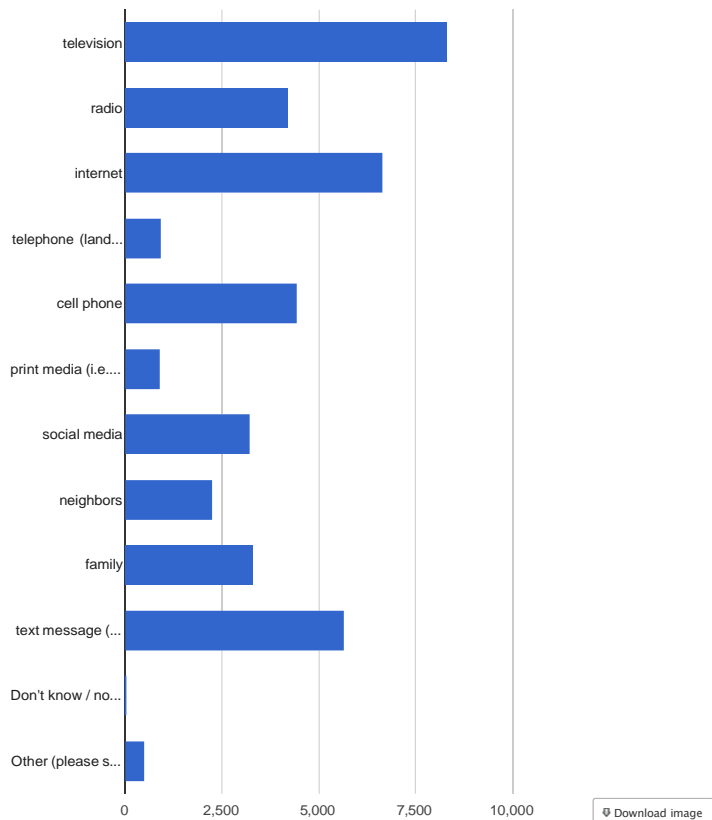




**If so, where do you get your information to stay safe?** *(naturaldisasterinfo)*

Total Count (N)	Missing*	Unique
342	35 (9.3%)	12

**Counts/frequency:** television (246, 71.9%), radio (130, 38.0%), internet (175, 51.2%), telephone (landline) (26, 7.6%), cell phone (131, 38.3%), print media (i.e.. newspaper) (22, 6.4%), social media (85, 24.9%), neighbors (72, 21.1%), family (90, 26.3%), text message (emergency alert system) (138, 40.4%), Don't know / not sure (3, 0.9%), Other (please specify) (9, 2.6%)



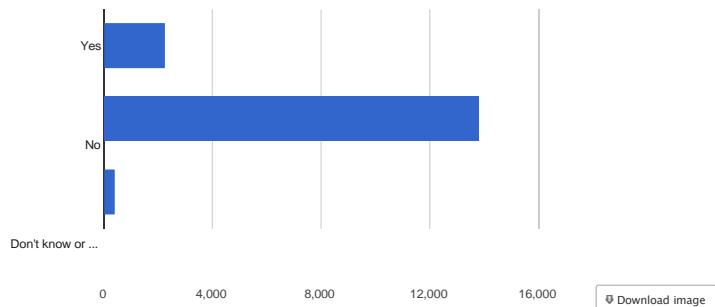
**Other** *(natural\_disaster\_other)*

Total Count (N)	Missing*
9	368 (97.6%)

In the past 12 months, were you ever worried about whether your family's food would run out before you got money to buy more? (Please choose only one) *(foodworried)*

Total Count (N)	Missing*	Unique
376	1 (0.3%)	3

Counts/frequency: Yes (34, 9.0%), No (336, 89.4%), Don't know or not sure (6, 1.6%)



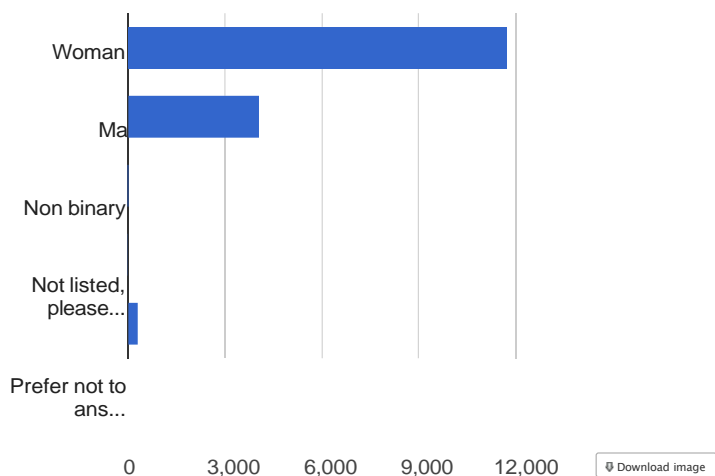
Is there anything else you would like for us to know about your community? *(anythingelse)*

Total Count (N)	Missing*
56	321 (85.1%)

How would you describe yourself? *(gender)*

Total Count (N)	Missing*	Unique
374	3 (0.8%)	4

Counts/frequency: **Woman** (321, 85.8%), **Man** (49, 13.1%), **Non binary** (0, 0.0%), **Not listed, please share more:** (1, 0.3%), **Prefer not to answer** (3, 0.8%)



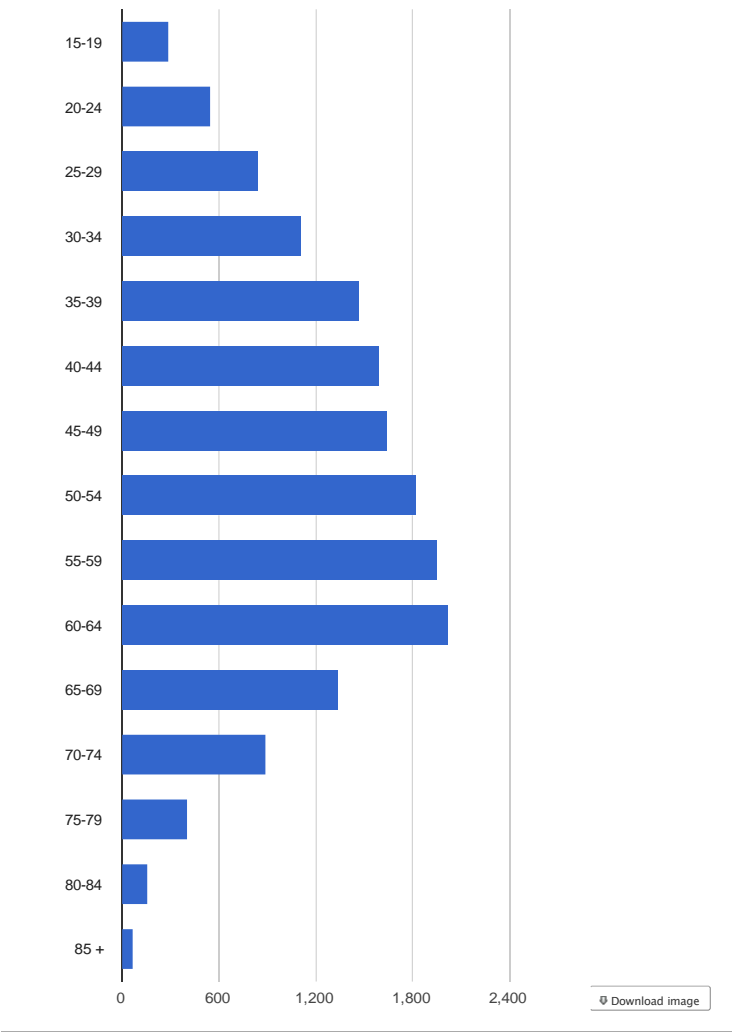
Please share more. *(gender\_other)*

Total Count (N)	Missing*
0	377 (100.0%)

How old are you? (age)

Total Count (N)	Missing*	Unique
375	2 (0.5%)	14

**Counts/frequency:** 15-19 (5, 1.3%), 20-24 (8, 2.1%), 25-29 (13, 3.5%), 30-34 (22, 5.9%), 35-39 (35, 9.3%), 40-44 (27, 7.2%), 45-49 (44, 11.7%), 50-54 (44, 11.7%), 55-59 (48, 12.8%), 60-64 (50, 13.3%), 65-69 (37, 9.9%), 70-74 (24, 6.4%), 75-79 (13, 3.5%), 80-84 (5, 1.3%), 85 + (0, 0.0%)

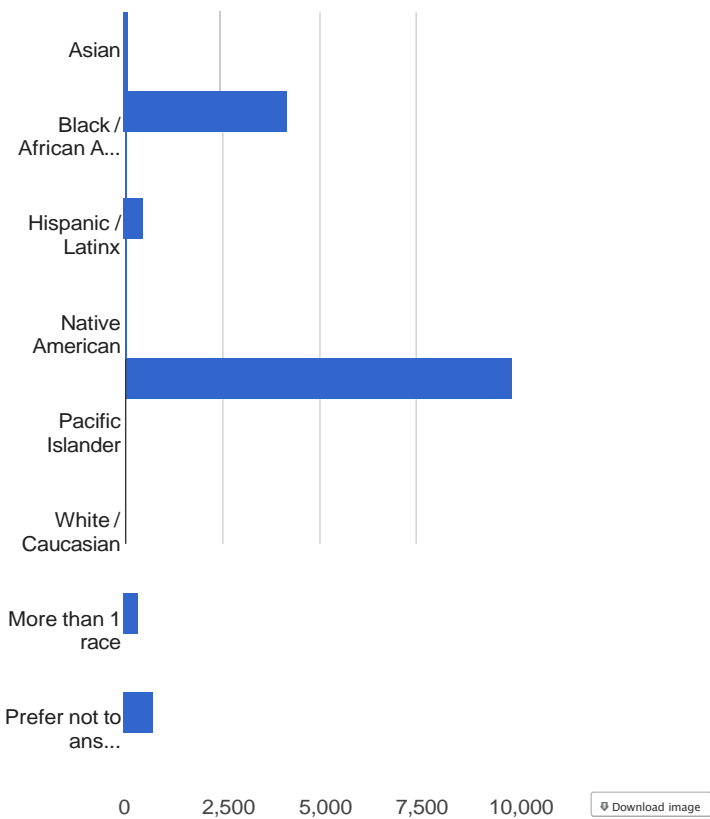


How do you describe your race/ethnicity? (raceethnicity)

Total Count (N)	Missing*	Unique
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377	0 (0.0%)	7
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**Counts/frequency:** Asian (1, 0.3%), Black / African American (71, 18.8%), Hispanic / Latinx (6, 1.6%), Native American (0, 0.0%), Pacific Islander (1, 0.3%), White / Caucasian (278, 73.7%), More than 1 race (5, 1.3%), Prefer not to answer (15, 4.0%)

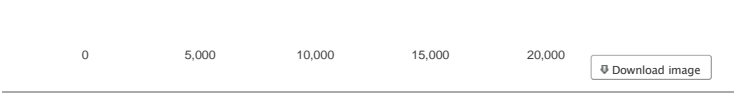


Is English the primary language spoken in your home? *(language)*

Total Count (N)	Missing*	Unique
376	1 (0.3%)	2

**Counts/frequency:** Yes (374, 99.5%), No (2, 0.5%)



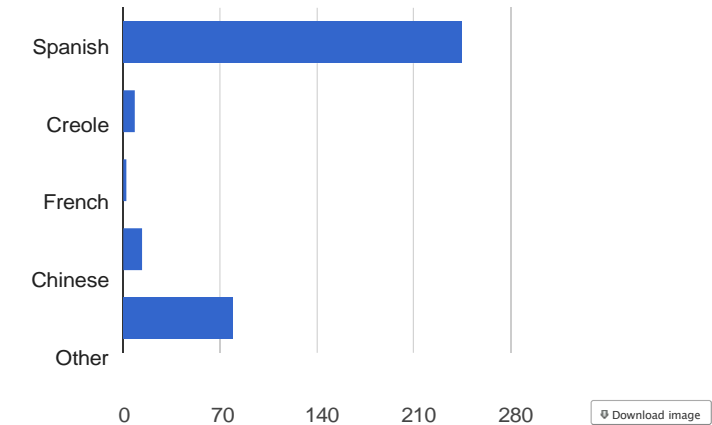


If no, please share which primary language *(languageno)*

Total Count (N)	Missing*	Unique
1	376 (99.7%)	1

Counts/frequency: Spanish (0, 0.0%), Creole (0, 0.0%), French (0, 0.0%), Chinese (0, 0.0%), Other (1, 100.0%)

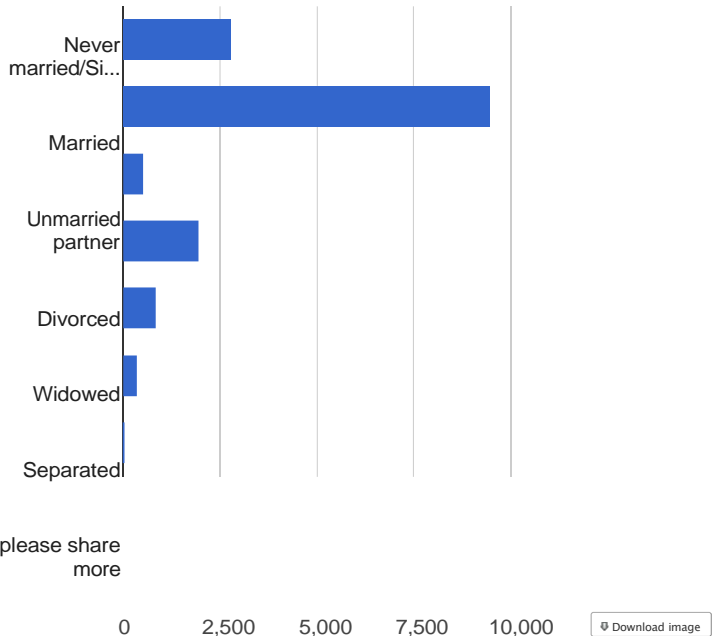




**What is your marital status?** *(marriagestatus)*

Total Count (N)	Missing*	Unique
372	5 (1.3%)	6

**Counts/frequency:** **Never married/Single** (45, 12.1%), **Married** (231, 62.1%), **Unmarried partner** (12, 3.2%), **Divorced** (54, 14.5%), **Widowed** (23, 6.2%), **Separated** (7, 1.9%), **please share more** (0, 0.0%)



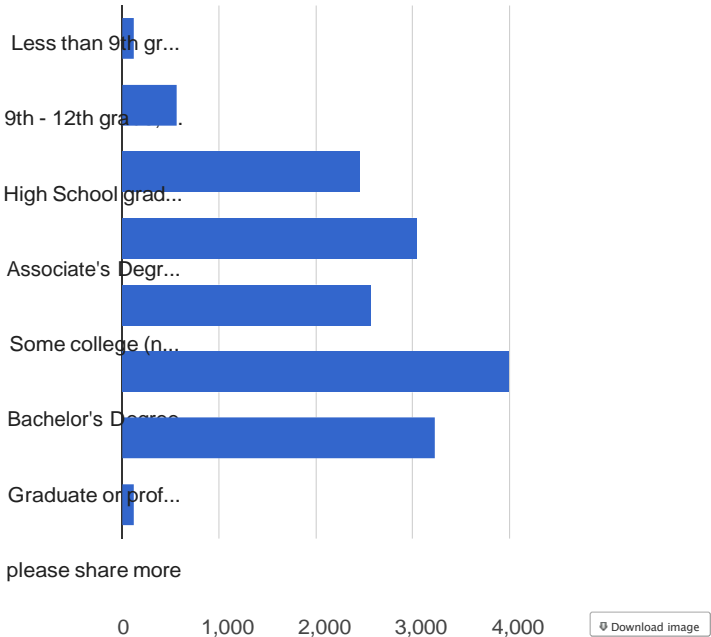
please share more. *(marital\_other)*

Total Count (N)	Missing*
0	377 (100.0%)

What is the highest level of education you have completed? *(education)*

Total Count (N)	Missing*	Unique
374	3 (0.8%)	8

**Counts/frequency:** *Less than 9th grade* (4, 1.1%), *9th - 12th grade, no diploma* (10, 2.7%), *High School graduate (or GED/equivalent)* (37, 9.9%), *Associate's Degree or Vocational Training* (110, 29.4%), *Some college (no degree)* (39, 10.4%), *Bachelor's Degree* (78, 20.9%), *Graduate or professional degree* (95, 25.4%), *please share more* (1, 0.3%)



**Please share more** *(please\_share\_more)*

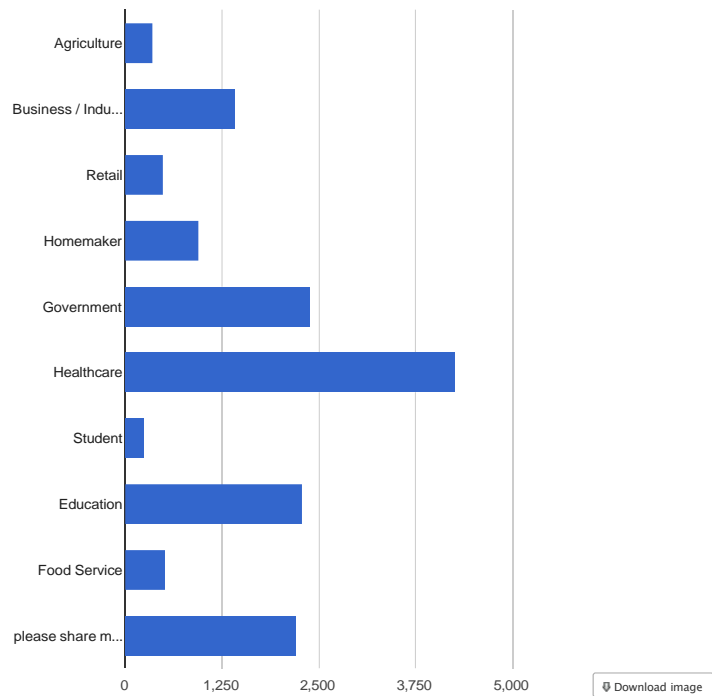
Total Count (N)	Missing*
1	376 (99.7%)

How is your current job best described? *(job)*

Total Count (N)	Missing*	Unique
362	15 (4.0%)	10

**Counts/frequency:** *Agriculture* (3, 0.8%), *Business / Industry* (20, 5.5%), *Retail* (7, 1.9%), *Homemaker* (16, 4.4%), *Government* (60, 16.6%), *Healthcare* (150, 41.4%), *Student* (4, 1.1%), *Education* (44, 12.2%), *Food Service* (12, 3.3%),

please share more (46, 12.7%)



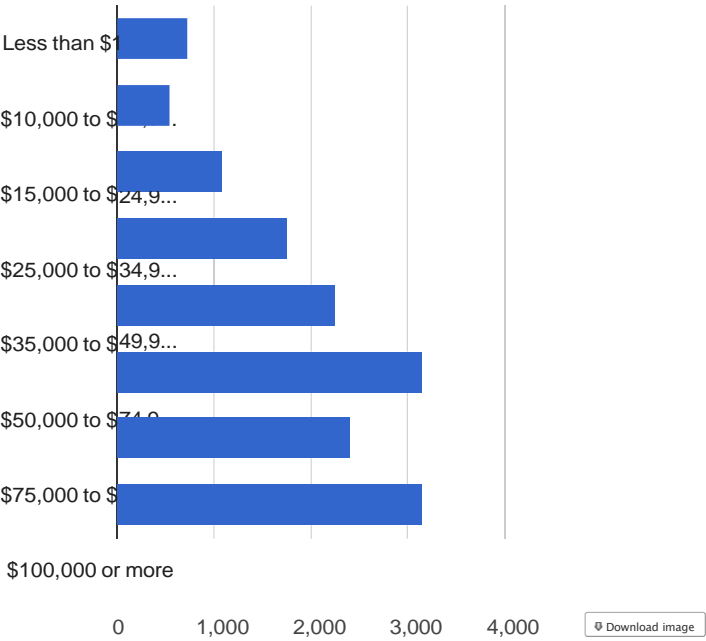
Please share more (job\_other)

Total Count (N)	Missing*
42	335 (88.9%)

What is your total household income? (income)

Total Count (N)	Missing*	Unique
349	28 (7.4%)	8

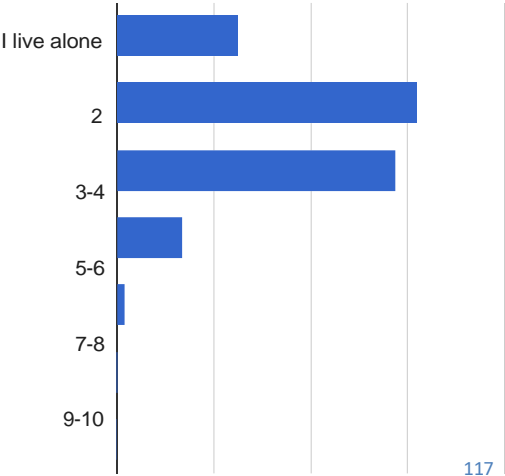
Counts/frequency: Less than \$10,000 (11, 3.2%), \$10,000 to \$14,999 (6, 1.7%), \$15,000 to \$24,999 (20, 5.7%), \$25,000 to \$34,999 (32, 9.2%), \$35,000 to \$49,999 (50, 14.3%), \$50,000 to \$74,999 (82, 23.5%), \$75,000 to \$99,999 (61, 17.5%), \$100,000 or more (87, 24.9%)



How many people live in your household? (householdnumber)

Total Count (N)	Missing*	Unique
369	8 (2.1%)	5

Counts/frequency: I live alone (49, 13.3%), 2 (183, 49.6%), 3-4 (108, 29.3%), 5-6 (28, 7.6%), 7-8 (1, 0.3%), 9-10 (0, 0.0%), More than 10 (0, 0.0%)



More than  
10

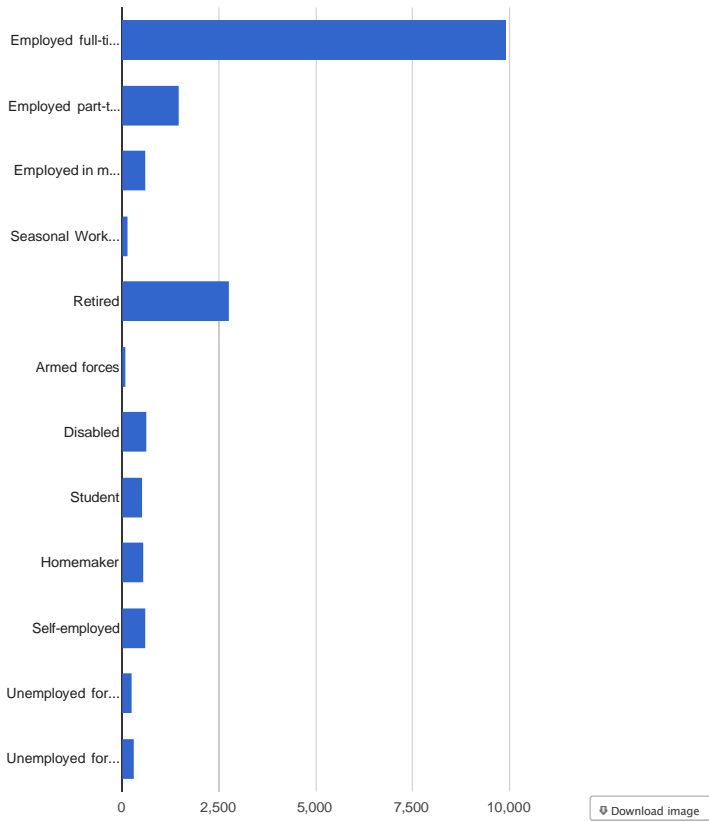
0      2,000      4,000      6,000      8,000

 Download image

What is your employment status? Please check all that apply. *(employment)*

Total Count (N)	Missing*	Unique
373	4 (1.1%)	12

**Counts/frequency:** Employed full-time (266, 71.3%), Employed part-time (43, 11.5%), Employed in multiple jobs (13, 3.5%), Seasonal Worker/Temporary (3, 0.8%), Retired (54, 14.5%), Armed forces (1, 0.3%), Disabled (5, 1.3%), Student (10, 2.7%), Homemaker (7, 1.9%), Self-employed (11, 2.9%), Unemployed for 1 year or less (5, 1.3%), Unemployed for more than 1 year (2, 0.5%)



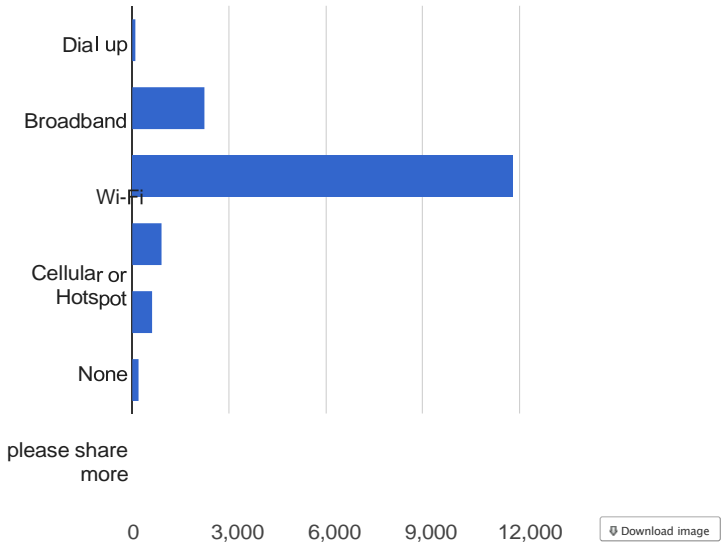
What type of internet access do you have at your home? *(internet\_or\_wifi)*

Total Count (N)	Missing*	Unique
375	2 (0.5%)	6

**Counts/frequency:** Dial up (2, 0.5%), Broadband (72, 19.2%), Wi-Fi (264, 70.4%), Cellular or Hotspot (24, 6.4%), None



(10, 2.7%), please share more (3, 0.8%)



#### Other (internet\_or\_wi\_fi\_other)

Total Count (N)	Missing*
3	374 (99.2%)

#### Which county do you live in? (county)

Total Count (N)	Missing*	Unique
377	0 (0.0%)	1

**Counts/frequency:** Beaufort (377, 100.0%), Bertie (0, 0.0%), Bladen (0, 0.0%), Brunswick (0, 0.0%), Camden (0, 0.0%), Carteret (0, 0.0%), Chowan (0, 0.0%), Columbus (0, 0.0%), Craven (0, 0.0%), Cumberland (0, 0.0%), Currituck (0, 0.0%), Dare (0, 0.0%), Duplin (0, 0.0%), Edgecombe (0, 0.0%), Franklin (0, 0.0%), Gates (0, 0.0%), Greene (0, 0.0%), Halifax (0, 0.0%), Harnett (0, 0.0%), Hertford (0, 0.0%), Hoke (0, 0.0%), Hyde (0, 0.0%), Johnston (0, 0.0%), Jones (0, 0.0%), Lee (0, 0.0%), Lenoir (0, 0.0%), Martin (0, 0.0%), Moore (0, 0.0%), Nash (0, 0.0%), Northampton (0, 0.0%), Onslow (0, 0.0%), Pamlico (0, 0.0%), Pasquotank (0, 0.0%), Pender (0, 0.0%), Perquimans (0, 0.0%), Pender (0, 0.0%), Pitt (0, 0.0%), Robeson (0, 0.0%), Sampson (0, 0.0%), Tyrrell (0, 0.0%), Washington (0, 0.0%), Wake (0, 0.0%), Wayne (0, 0.0%), Wilson (0, 0.0%), Other (0, 0.0%)

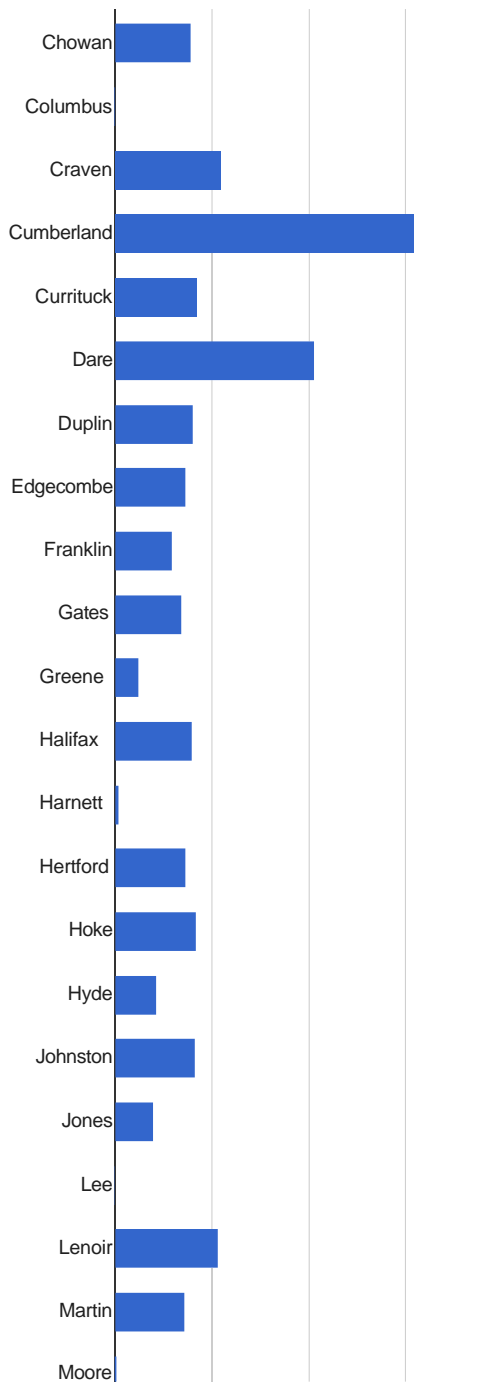


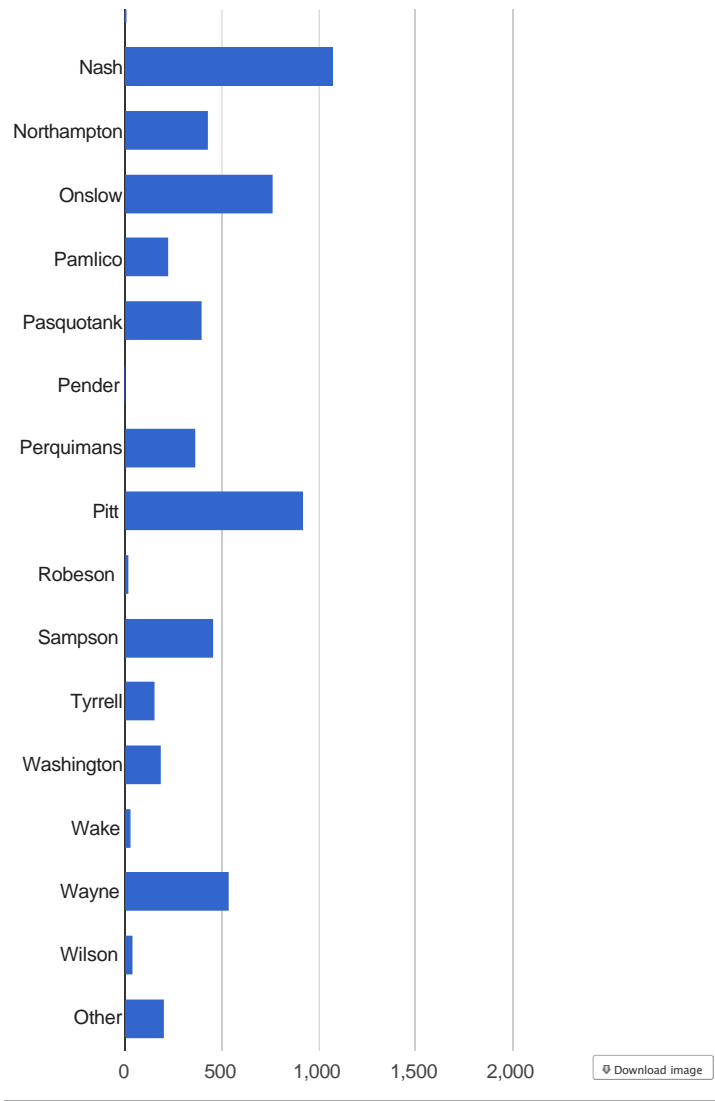
Bladen

Brunswick

Camden

Carteret





**Other** (county\_other)

Total Count (N)	Missing*
0	377 (100.0%)

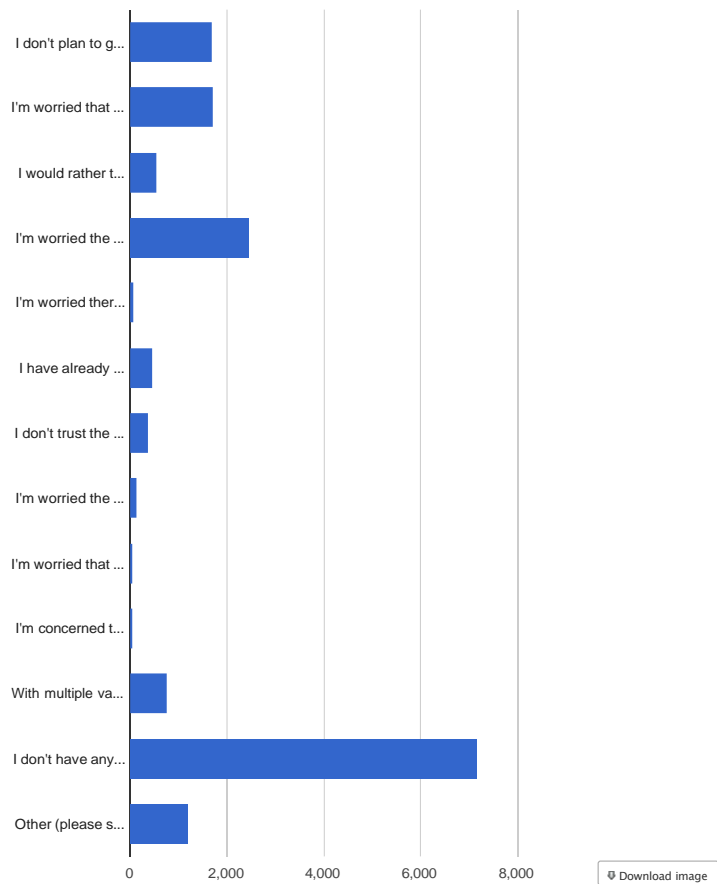
**What is your 5 digit zip code?** (zip\_code)

Total Count (N)	Missing*
292	85 (22.5%)

Which of the following concerns do you have, if any, about receiving a COVID-19 vaccine? (Please select all that apply) *(covidconcerns)*

Total Count (N)	Missing*	Unique
330	47 (12.5%)	13

**Counts/frequency:** I don't plan to get a vaccine. (63, 19.1%), I'm worried that the COVID-19 vaccine isn't safe. (43, 13.0%), I would rather take the risk of getting sick with COVID-19. (11, 3.3%), I'm worried the COVID-19 vaccine may be harmful or have side effects. (58, 17.6%), I'm worried there may be a cost associated with receiving the COVID-19 vaccine. (1, 0.3%), I have already had COVID-19 so I don't believe a vaccine is necessary. (17, 5.2%), I don't trust the distribution process of the COVID-19 vaccine. (6, 1.8%), I'm worried the COVID-19 vaccine has not been distributed fairly. (7, 2.1%), I'm worried that the location of the COVID-19 vaccine will be difficult to travel to. (1, 0.3%), I'm concerned that I won't have time to get the COVID-19 vaccine. (2, 0.6%), With multiple vaccines becoming available, I'm concerned about knowing which one is best for me. (19, 5.8%), I don't have any concerns about getting the COVID-19 vaccine. (187, 56.7%), Other (please specify) (34, 10.3%)



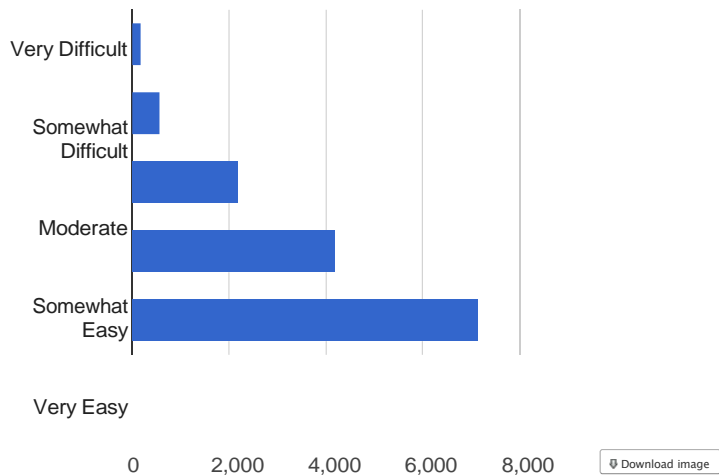
**Other** (covid\_concerns\_other)

Total Count (N)	Missing*
28	349 (92.6%)

**Find the information you need related to COVID-19?** (covideasy)

Total Count (N)	Missing*	Unique
362	15 (4.0%)	5

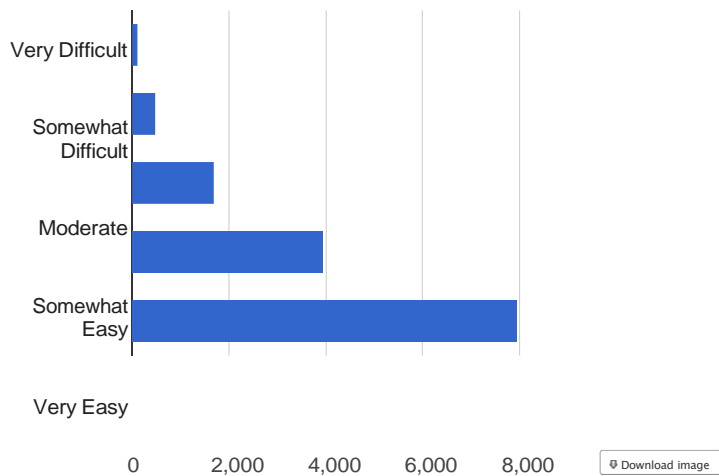
**Counts/frequency:** **Very Diffcult** (3, 0.8%), **Somewhat Diffcult** (21, 5.8%), **Moderate** (46, 12.7%), **Somewhat Easy** (109, 30.1%), **Very Easy** (183, 50.6%)



Find out where to go to get a COVID-19 vaccine? *(covidwhere)*

Total Count (N)	Missing*	Unique
361	16 (4.2%)	5

**Counts/frequency:** **Very Difficult** (3, 0.8%), **Somewhat Difficult** (12, 3.3%), **Moderate** (46, 12.7%), **Somewhat Easy** (98, 27.1%), **Very Easy** (202, 56.0%)

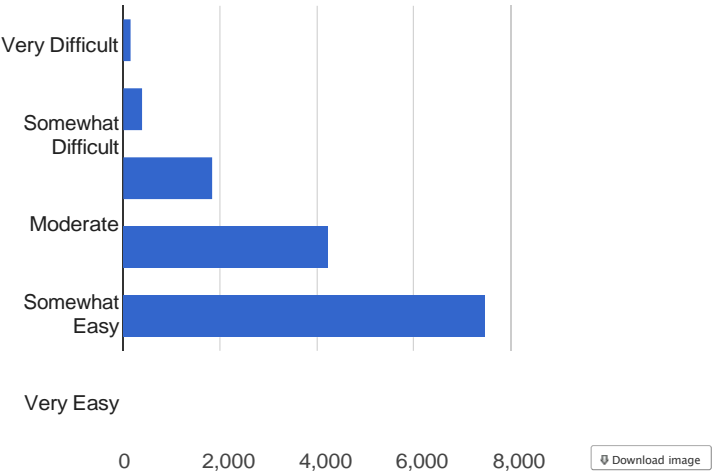


Understand information about what to do if you think you have COVID-19? *(covidunderstand)*



Total Count (N)	Missing*	Unique
360	<a href="#">17 (4.5%)</a>	5

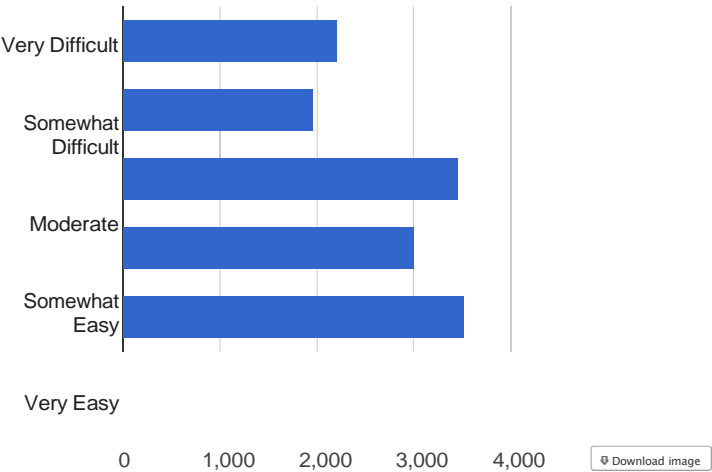
**Counts/frequency:** **Very Diffcult** (2, 0.6%), **Somewhat Diffcult** (12, 3.3%), **Moderate** (45, 12.5%), **Somewhat Easy** (101, 28.1%), **Very Easy** (200, 55.6%)



Trust if the information about COVID-19 in the media is reliable? (covidtrust)

Total Count (N)	Missing*	Unique
356	21 (5.6%)	5

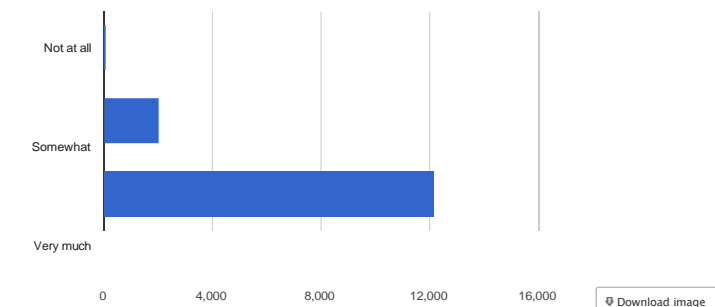
Counts/frequency: Very Difficult (53, 14.9%), Somewhat Difficult (59, 16.6%), Moderate (81, 22.8%), Somewhat Easy (72, 20.2%), Very Easy (91, 25.6%)



I know how to protect myself from coronavirus. (covidprotect)

Total Count (N)	Missing*	Unique
360	17 (4.5%)	3

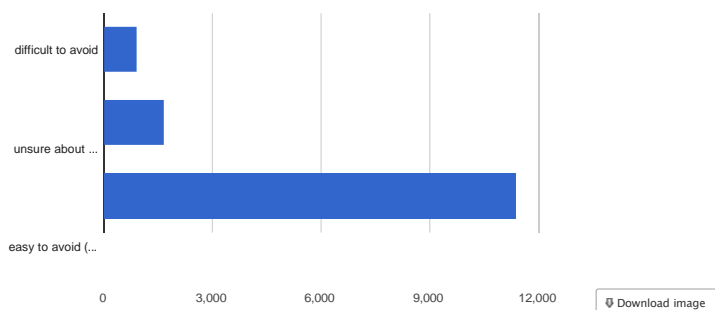
Counts/frequency: Not at all (7, 1.9%), Somewhat (48, 13.3%), Very much (305, 84.7%)



For me avoiding an infection with COVID-19 in the current situation is... *(covidavoid)*

Total Count (N)	Missing*	Unique
361	16 (4.2%)	3

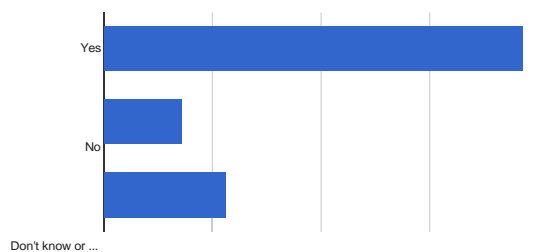
**Counts/frequency:** *difficult to avoid* (20, 5.5%), *unsure about how to avoid* (42, 11.6%), *easy to avoid (I have no problem)* (299, 82.8%)



**Do you think that global warming is happening?** *(warmingyesno)*

Total Count (N)	Missing*	Unique
359	18 (4.8%)	3

**Counts/frequency:** *Yes* (234, 65.2%), *No* (45, 12.5%), *Don't know or unsure* (80, 22.3%)



0

2,500

5,000

7,500

10,000

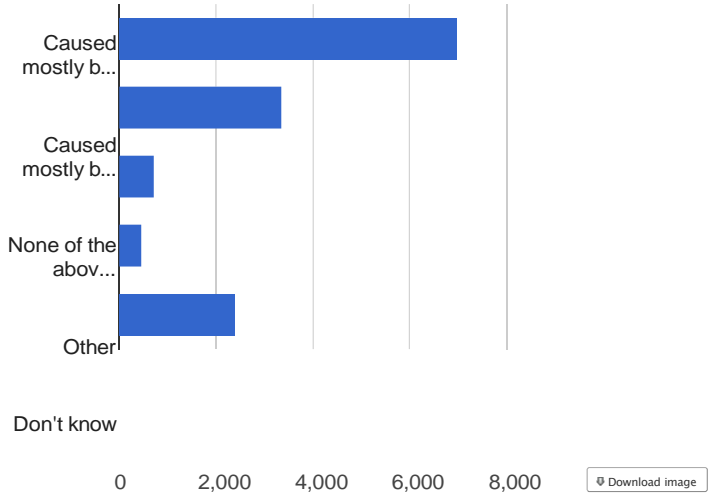
 Download image

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**Assuming global warming is happening, do you think it is... ?** (warmingdoyouthink)

Total Count (N)	Missing*	Unique
354	23 (6.1%)	5

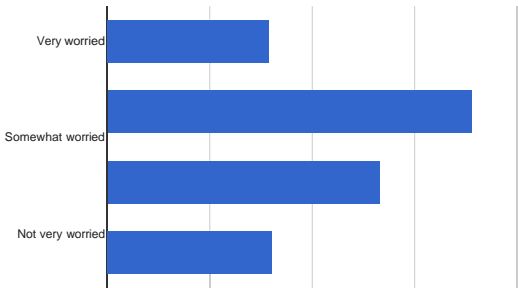
**Counts/frequency:** Caused mostly by human activities (166, 46.9%), Caused mostly by natural changes in the environment (86, 24.3%), None of the above because global warming isn't happening (16, 4.5%), Other (19, 5.4%), Don't know (67, 18.9%)

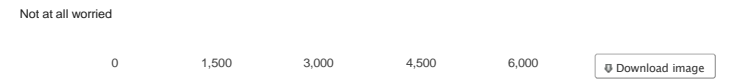


How worried are you about global warming? (warmingworried)

Total Count (N)	Missing*	Unique
354	23 (6.1%)	4

**Counts/frequency:** Very worried (48, 13.6%), Somewhat worried (140, 39.5%), Not very worried (107, 30.2%), Not at all worried (59, 16.7%)

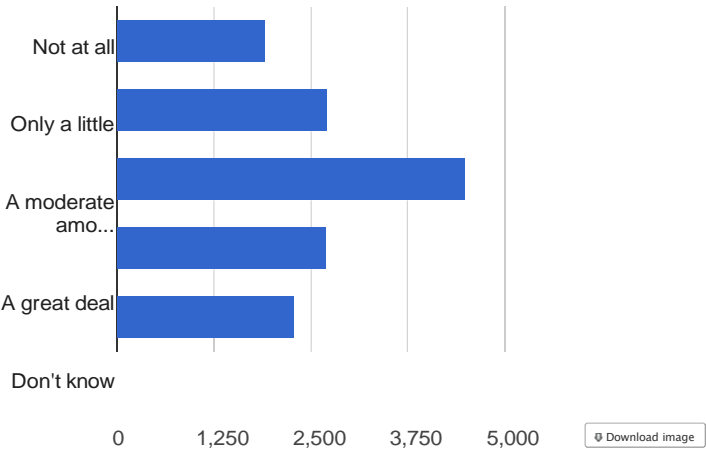




How much do you think global warming will harm you personally? *(warmingharm)*

Total Count (N)	Missing <sup>a</sup>	Unique
356	21 (5.6%)	5

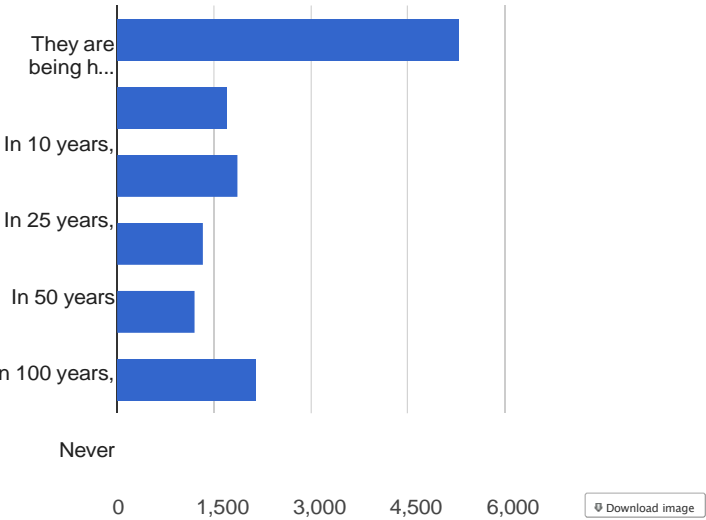
**Counts/frequency:** **Not at all** (50, 14.0%), **Only a little** (83, 23.3%), **A moderate amount** (99, 27.8%), **A great deal** (61, 17.1%), **Don't know** (63, 17.7%)



When do you think global warming will start to harm people in the United States?  
*(warmingwhenharm)*

Total Count (N)	Missing*	Unique
344	33 (8.8%)	6

**Counts/frequency:** They are being harmed right now, (140, 40.7%), In 10 years, (37, 10.8%), In 25 years, (50, 14.5%), In 50 years (28, 8.1%), In 100 years, (37, 10.8%), Never (52, 15.1%)

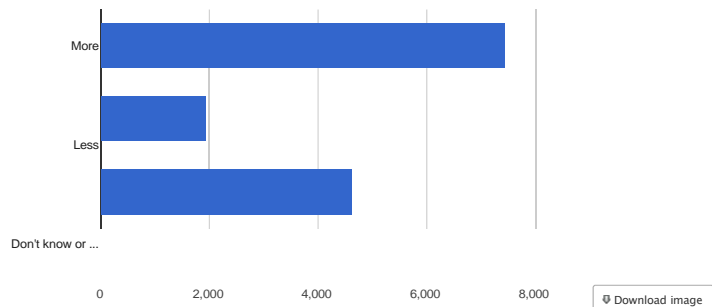


Do you think the government and politicians in your county should be doing more or less to address global warming?  
*(warminggovt)*



Total Count (N)	Missing *	Unique
356	<a href="#">21 (5.6%)</a>	3

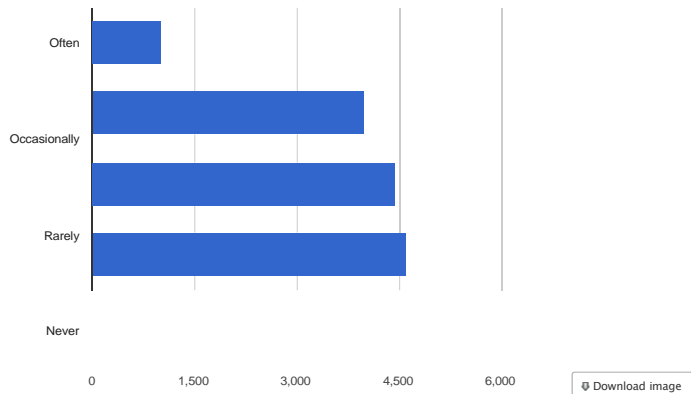
**Counts/frequency:** **More** (167, 46.9%), **Less** (51, 14.3%), **Don't know or not sure** (138, 38.8%)



How often do you discuss global warming with your friends and family? (*warmingfriends*)

Total Count (N)	Missing*	Unique
354	23 (6.1%)	4

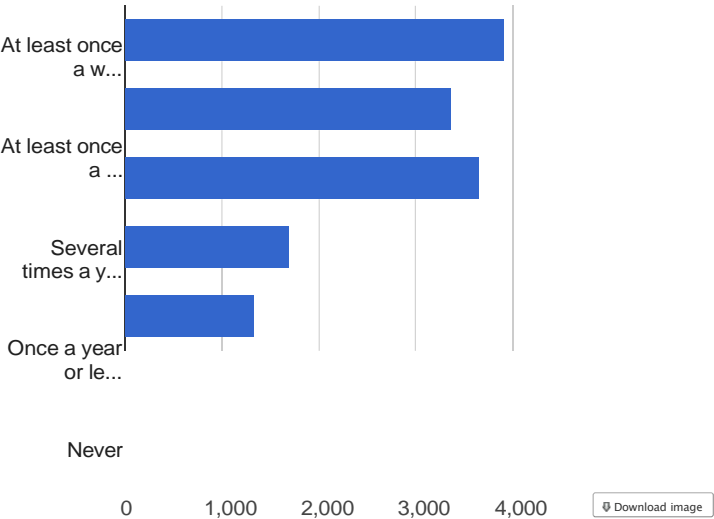
**Counts/frequency:** Often (26, 7.3%), Occasionally (92, 26.0%), Rarely (112, 31.6%), Never (124, 35.0%)



How often do you hear about global warming in the media? (*warmingmedia*)

Total Count (N)	Missing*	Unique
355	22 (5.8%)	5

**Counts/frequency:** At least once a week (110, 31.0%), At least once a month (91, 25.6%), Several times a year (80, 22.5%), Once a year or less often (36, 10.1%), Never (38, 10.7%)



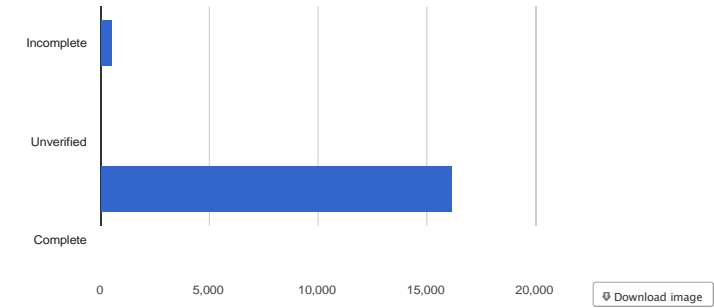
Thank you for your participation! Please feel free to include any additional comments in the box below. *(thankyou)*

Total Count (N)	Missing*
28	349 (92.6%)

Complete? *(form\_1\_complete)*

Total Count (N)	Missing*	Unique
377	0 (0.0%)	2

Counts/frequency: Incomplete (11, 2.9%), Unverified (0, 0.0%), Complete (366, 97.1%)



\* Note: Values listed as 'Missing' may include records with a Missing Data Code (if Missing Data Codes are defined).

## Appendix C: Healthy North Carolina (HNC 2030) State and Local Data

### HNC 2030 County/State Data

Social and Economic Factors					
Health Indicator	Desired Result	Definition	Beaufort County	North Carolina	HNC 2030 Target
<b>Poverty*</b>	All people in North Carolina are financially stable and have lifetime economic prosperity.	Percent of individuals with incomes at or below 200% of the Federal Poverty Level	No Data Available	31% (2020)	27.0%
<b>Unemployment*</b>	All people of working age in North Carolina have equitable pathway to fulfilling employment.	Percent of population aged 16 and older who are unemployed but seeking work	No Data Available	6.4% (2020)	Reduce unemployment disparity ratio between white and other populations to 1.7 or lower
<b>Short-term Suspensions</b>	All people in North Carolina are supported by a K-12 educational system that values diversity, equity, and inclusion for its students, faculty, staff, and communities.	Number of out-of-school short-term suspensions in educational facilities for all grades per 10 students	DPI unable to provide update to SCHS	1.5 (2018-2019)	0.80
<b>Incarceration**</b>	North Carolina embraces a fair and equitable justice system, free from racism and bias, where safety is foundational to all aspects of a free society, and all communities are free from harm and violence.	Incarceration in North Carolina prisons per 100,000 population	379 (2020)	288 (2020)	150
<b>Adverse Childhood Experiences</b>	All children in North Carolina thrive in safe, stable, and nurturing environments.	Percent of children who have experienced two or more Adverse Childhood Experiences at or below 200% FPL	ACEs do not have county level data	20.9% (2019/2010)	18.0%
<b>Third Grade Reading Proficiency</b>	All children in North Carolina can discover the joy of reading at an early age and are supported in the home, school, and community to be lifelong readers.	Percent of children reading at a proficient level or above based on third grade End of Grade exams: Proficiency defined as Level 3 or higher	DPI unable to provide update to SCHS	56.8% (2018-2019)	80.0%

Notes for social and economic factor data:

\*Poverty and unemployment data come from American Community Survey – one-year estimates. 2020 ACS data are considered experimental and should not be compared to prior ACS data years. ACS data can only estimate county level data for a limited number of counties due to sample size, so 2019 data is reported here at the county level. ACS releases 5-year estimates in March 2022 that will be useful for comparisons going forward.

\*\* Incarceration data should be age adjusted, but 2020 data set is considered experimental and does not include 13 and older population. Prior 2020, the rate is per 100,00 NC population age adjusted.

Physical Environment					
Health Indicator	Desired Result	Definition	Beaufort County	North Carolina	HNC 2030 Target
Access to Exercise Opportunities	All people in North Carolina have equitable and adaptive/adaptable access to physical activity opportunities across the lifespan.	Percent of the population living half a mile from a park in any area, one mile from a recreational center in a metropolitan area, or three miles from a recreational center in a rural area	53% (2019)	74% (2019)	92.0%
Limited Access to HealthyFood*	All people in North Carolina have equitable access to affordable, nutritious, culturally appropriate foods.	Percent of people who are low-income that are not near a grocery store	4% (2015)	7% (2015)	5.0%
Food Insecurity**			16% (2018)	14% (2018)	(No target)
Severe Housing Problems	All people in North Carolina have safe, affordable, quality housing opportunities.	Percent of households with at least 1 of 4 severe housing problems	14% (2013-2017)	15% (2013-2017)	14.0%

Notes for Physical Environment data:

\* The U.S. Department of Agriculture last updated this measure in 2015.

\*\* Food insecurity added to HNC 2030 because the data are updated annually (with a two-year delay in reporting).

Health Behaviors					
Health Indicator	Desired Result	Definition	Beaufort County	North Carolina	HNC 2030 Target
Drug Overdose Deaths	All individuals and families in North Carolina with substance use disorder receive person-centered care incorporating evidence-based behavioral and pharmacological approaches.	Number of persons who die because of drug poisoning per 100,000 population (unintentional poisoning deaths/overdose deaths)	43.40 (2020)	32.50 (2020)	18.0
Tobacco Use*	All people in North Carolina live in communities that support tobacco-free/e-cigarette-free lifestyles	Percentage of high school students reporting current use of any tobacco product		MS: 10.4% (2019)	9.0%
		Percentage of adults reporting current use of any tobacco product	24.8% (2020)	HS: 27.3% (2019) 22.6% (2020)	9.0% 15.0%
Excessive Drinking*	All North Carolina communities support safe and responsible use of alcohol.	Percent of adults reporting binge or heavy drinking	17.3% (2020)	15.6% (2020)	12.0%

Sugar-Sweetened Beverage Consumption*	All people in North Carolina live in communities that support healthy food and beverage choices.	Percent of youth reporting consumption of one or more sugar-sweetened beverages per day	DPI unable to provide update to SCHS	30.1 % (2019)	17.0%
		Percent of adults reporting consumption of one or more sugar-sweetened beverages per day	39.5% (2019)	35.4% (2019)	20.0%
HIV Diagnosis	All people in North Carolina experience sexual health with equitable access to quality and culturally competent prevention, treatment, and management of sexually transmitted infections.	Number of new HIV diagnoses per 100,000 population	17.2 (2020)	12.0 (2020)	6.0
Teen Births	All people in North Carolina live in communities support healthy choices for family planning and have equitable access to high quality, affordable reproductive health services.	Number of births to girls aged 15-19 per 1,000 population	26.5 (2019)	18.2 (2019)	10.0

Notes for Health Behaviors data:

\*Adult Tobacco Use, Adult Sugar-Sweetened Beverage Consumption, and Excessive Drinking data are only available as regional data from the Behavioral Risk Factor Surveillance System.

\*BRFSS Data for Adult Smoking, Adult Sugar Sweetened Beverage Consumption, and Excessive Drinking are reported for the LHD Region, and is not county level data.

Note: HIV Diagnosis \*2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic.

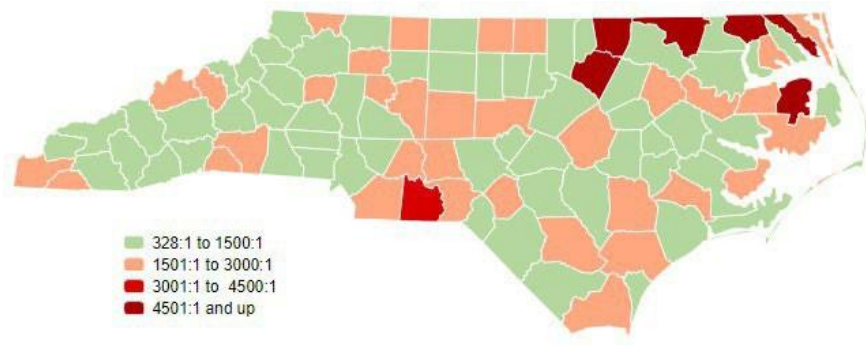
Health Outcomes					
Health Indicator	Desired Result	Definition	Beaufort County	North Carolina	HNC 2030 Target
Infant Mortality	All babies in North Carolina are born healthy, thrive in caring and healthy homes, and see their first birthday.	Rate of infant deaths per 1,000 live births	14.0 (2020)	6.9 (2020)	6.0
		Disparity ratio between white non-Hispanic and African American, non-Hispanic infant deaths	2.12 (2016-2020)	2.59 (2016-2020)	Black/White disparity ratio = 1.5
Life Expectancy (years)	All people in North Carolina have long and healthy lives.	Average number of years of life remaining for persons who have attained a given age	76 (2020)	76.4 (2020)	82.0

Notes on Health Outcomes:

\*Disparity ratio – Rates based on less than 10 deaths are unreliable and should be interpreted with caution. Source: NC Department of Health & Human Services State Center for Health Statistics, 29NOV2021. See table on website for more information.

<https://schs.dph.ncdhhs.gov/data/vital/irms/2020/2020-IMR-TABLE3b.html>

Clinical Care					
Health Indicator	Desired Result	Definition	Beaufort County	North Carolina	HNC 2030 Target
Uninsured	All people in North Carolina live in communities with access to comprehensive, high quality, affordable health insurance.	Population under age 65 without insurance	No data available	12.9% (2020)	8.0%
Early Prenatal Care	All birthing people have healthy pregnancies and maternal birth outcomes.	Percentage of women who receive pregnancy-related health care services during the first trimester of pregnancy	75.9% (2020)	73.1% (2020)	80.0%
Suicide	All people in North Carolina live in communities that foster and support positive mental health.	Age-adjusted number of deaths attributable to self-harm per 100,000 population	12.6 (2020)	13.3 (2020)	11.1
Primary Care Clinicians (Counties at or below 1:1500 providersto population)	All people in North Carolina live in communities with access to comprehensive, high quality, affordable health care.	Primary care workforce as a ration of the number of full- time equivalent primary care clinicians to county population (primary care provider to population ratio)	See map below		25% decrease for counties above 1:1500 provider to population



## Appendix D: Additional Secondary Data for the Community Health Assessment

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### County Data Tables (Spring 2021)

Table 1. Population Estimate, Beaufort County, North Carolina, and United States (2019) .....	3
Table 2. Age Distribution, Beaufort County and North Carolina (2019) .....	3
Table 3. Age Distribution by Age Group, Beaufort County (2015-2019) .....	3
Table 4. Population Distribution by Gender, Beaufort County and North Carolina (2019) .....	4
Table 5. Veterans, Beaufort County (2015-2019) .....	4
Table 6. Race/Ethnicity, Beaufort County and North Carolina (2015-2019) .....	4
Table 7. Hispanic or Latino Origin and Race, Beaufort County and North Carolina (2015-2019) 5 Table 8. Limited English-Speaking Households, Beaufort County (2015-2019) .....	5
Table 9. Educational Attainment Population 25+ years, Beaufort County and North Carolina (2015-2019) .....	5
Table 10. SAT scores for Beaufort County Public Schools, State, and National (2016-2019) .....	6
Table 11. North Carolina ACT Benchmark Percentages by State, System, and School (2016- 2019) .....	6
Table 12. Income per Household in the Past 12 Months (Inflation-Adjusted Dollars), Beaufort County and North Carolina (2015-2019) .....	6
Table 13. Poverty Status in the Past 12 Months Disaggregated by Age, Beaufort County and North Carolina (2015-2019) .....	7
Table 14. Means of Transportation to Work, Beaufort County (2015-2019) .....	7
Table 15. Financial Characteristics for Housing Units With a Mortgage in Beaufort County (2015-2019) .....	8
Table 16. Financial Characteristics for Housing Units Without a Mortgage in Beaufort County (2015-2019) .....	9
Table 17. Live Births, Beaufort County and North Carolina (2018) .....	10
Table 18. Live Births by Sex, Beaufort County (2018) .....	10
Table 19. Low Birth Weight, Beaufort County and North Carolina (2014-2018) .....	10
Table 20. Fetal Death Rates per 1,000 Deliveries, Beaufort County and North Carolina (2014- 2018) .....	10
Table 21. Cancer Incidence Rates for Selected Sites per 100,000 Population Age Adjusted to the 2000 U.S. Census, Beaufort County and North Carolina (2012-2016) .....	11
Table 22. Neonatal (<28 Days) Death Rates per 1,000 Live Births, Beaufort County and North Carolina (2014-2018) .....	11
Table 23. Age-Adjusted Death Rates, Beaufort County (2014-2018) .....	12
Table 24. North Carolina Newly Diagnosed Chlamydia, Gonorrhea, and Early Syphilis (Primary, Secondary and Early Latent) infections by County of Residence at Time of Diagnosis, Beaufort County (2018-2020) .....	13
Table 25. All Other Unintentional Injuries Death Rates per 100,000 Residents for Beaufort County and North	



Carolina (2018) and (2014-2018).....	13
Table 26. Age-Adjusted Unintentional Motor Vehicle Injury Death Rates per 100,000 Residents for Beaufort County and North Carolina (2018) and (2014-2018).....	13
Table 27. Crime Rate per 100,000 persons, Beaufort County and North Carolina (2018) .....	13
Table 28. Poisoning Mortality Rates per 100,000 North Carolina Resident Deaths, Beaufort County and North Carolina (2015-2019).....	14
Table 29. Poisoning Mortality Rates by Race/Ethnicity per 100,000 North Carolina Resident Deaths (2019) .	14
Table 30. Poisoning Mortality Rates by Sex 2019 per 100,000 North Carolina Resident Deaths (2019) .....	14
Image 1. 2019 BRFSS Survey Results: North Carolina Regions Hypertension Awareness .....	15
Image 2. 2019 BRFSS Survey Results: North Carolina Regions Chronic Health Conditions: History of any cardiovascular diseases .....	16
Image 3. 2019 BRFSS Survey Results: North Carolina Regions Healthy Days: Frequent Mental Distress (within the past 30 days) .....	16
Image 4. All Ages: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019).....	17
Image 5. Ages 0-14: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019).....	17
Image 6. Ages 15-34: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019) .....	17
Image 7. Ages 35-64: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019) .....	18
Image 8. Ages 65+: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, (2016-2019) .....	18
References .....	19

Table 1. Population Estimate, Beaufort County, North Carolina, and United States (2019)					
Beaufort County		North Carolina		United States	
46,994		10,488,084		328,239,523	
Estimated Percent Change April 1, 2010 to July 1, 2019	-1.7%	Estimated Percent Change April 1, 2010 to July 1, 2019	10.0%	Estimated Percent Change April 1, 2010 to July 1, 2019	6.3%
Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate <a href="https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219">https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219</a>					

Table 2. Age Distribution, Beaufort County and North Carolina (2019)		
Age Group	Beaufort County (%)	North Carolina (%)
Persons under 5 years	4.8%	5.8%
Persons under 18 years	19.8%	21.9%
Persons 65 years and over	24.6%	16.7%
Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate <a href="https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219">https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/PST045219</a>		

Table 3. Age Distribution by Age Group, Beaufort County (2015-2019)		
Age Group	Estimate	Percent
Total population	47,168	100%
Under 5 years	2,338	5.0%
5 to 9 years	2,415	5.1%
10 to 14 years	3,040	6.4%
15 to 19 years	2,777	5.9%
20 to 24 years	2,428	5.1%
25 to 34 years	4,663	9.9%
35 to 44 years	5,144	10.9%
45 to 54 years	6,068	12.9%
55 to 59 years	3,632	7.7%
60 to 64 years	3,650	7.7%
65 to 74 years	6,638	14.1%
75 to 84 years	3,152	6.7%
85 years and over	1,224	2.6%
Median age (years)	46.2	
Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates Table ID: DP05 <a href="https://data.census.gov/cedsci/table?q=DP05&amp;g=0500000US37013&amp;tid=ACSDP5Y2019.DP05&amp;hidePreview=true&amp;moe=false">https://data.census.gov/cedsci/table?q=DP05&amp;g=0500000US37013&amp;tid=ACSDP5Y2019.DP05&amp;hidePreview=true&amp;moe=false</a>		

**Table 4. Population Distribution by Gender, Beaufort County and North Carolina (2019)**

Gender	Beaufort (Percent)	North Carolina (Percent)
Female	52.5%	51.4%
Male	47.5%	48.6%

Source: U.S. Census Bureau Populations Estimate Program (PEP) & U.S. Census Bureau, American Community Survey (ACS) 1-Year Estimate. Sex estimates of the population are produced for the United States, states, and counties, as well as for the Commonwealth of Puerto Rico and its municipios (county-equivalents for Puerto Rico). Sex is based on the biological attributes of men and women (chromosomes, anatomy, and hormones).

<https://www.census.gov/quickfacts/fact/table/beaufortcountynorthcarolina/RHI825219>

**Table 5. Veterans, Beaufort County (2015-2019)**

	Number	Percent of population 18 years and older
Veterans	2,989	8.0%

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: S2101

<https://data.census.gov/cedsci/table?text=veteran%20status&g=0500000US37013&tid=ACSS T5Y2019.S2101&moe=false&hidePreview=true>

**Table 6. Race/Ethnicity, Beaufort County and North Carolina (2015-2019)**

Race	Beaufort County		North Carolina	
	Number	Percent	Number	Percent
White	33,969	72.0%	7,049,919	68.7%
Black or African American	11,782	25.0%	2,200,761	21.4%
American Indian and Alaska Native	124	0.3%	123,952	1.2%
Asian	52	0.1%	292,992	2.9%
Native Hawaiian and Other Pacific Islander	0	0.0%	7,213	0.1%
Hispanic or Latino (of any race)	3,658	7.8%	962,665	9.4%
Some other race	405	0.9%	316,763	3.1%
Two or more races	836	1.8%	273,276	2.7%
Total	47,168		10,264,876	

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: DP05

<https://data.census.gov/cedsci/table?text=DP05&g=0500000US37013&tid=ACSDP5Y2019.DP05&hidePreview=true&moe=false>

**Table 7. Hispanic or Latino Origin and Race, Beaufort County and North Carolina (2015-2019)**

County/State	Race and Hispanic or Latino Origin in the past 12 months						
	White alone	Black or African American	American Indian and Alaska Native	Asian alone	Native Hawaiian and other Islander alone	Some Other race alone	Two or more races
Beaufort County	65.8%	24.9%	0.3%	0.1%	0.0%	0.0%	1.2%
North Carolina	63.1%	21.1%	1.1%	2.8%	0.1%	0.2%	2.2%

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimate

Table ID: DP05

<https://data.census.gov/cedsci/table?text=DP05&g=0500000US37013&tid=ACSDP5Y2019.DP05&hidePreview=true&moe=false>

**Table 8. Limited English-Speaking Households, Beaufort County (2015-2019)**

All households	19,701	
Limited English-speaking households	263 ± 176	1.3%
Households Speaking:	Number	Percent
Spanish	1,116 ± 183	5.7%
Other Indo-European languages	140 ± 58	0.7%
Asian and Pacific Island languages	34 ± 29	0.2%
Other languages	18 ± 17	0.1%

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates.

Table ID: S1602

<https://data.census.gov/cedsci/table?q=S1602&g=0500000US37013&tid=ACSST5Y2019.S1602&hidePreview=true>

**Table 9. Educational Attainment Population 25+ years, Beaufort County and North Carolina (2015-2019)**

	Beaufort County	North Carolina
High School Graduate or Higher	87.7%	87.8%
Less than 9 <sup>th</sup> Grade	4.7%	4.5%
High School, No Diploma	7.6%	7.7%
High School Graduate or Equivalency	32.5%	25.7%
Some College, No Degree	23.4%	21.2%
Associate Degree	11.2%	9.7%
Bachelor's Degree	12.5%	20.0%
Graduate or Professional Degree	8.1%	11.3%

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: S1501

<https://data.census.gov/cedsci/table?q=S1501&g=0500000US37013&tid=ACSST5Y2019.S1501&hidePreview=true&moe=false>

**Table 10. SAT scores for Beaufort County Public Schools, State, and National (2016-2019)**

County	SAT Scores			
	2019	2018	2017	2016
Beaufort County	1,017	1,026	1,030	1,380
North Carolina	1,091	1,090	1,074	1,485
United States	1,039	1,049	NR	NR

Source: North Carolina School Report Cards  
<https://ncreports.ondemand.sas.com/src/?county=Beaufort>

**Table 11. North Carolina ACT Benchmark Percentages by State, System, and School (2016-2019)**

County	ACT Composite Mean			
	2019	2018	2017	2016
Beaufort County	48.0%	47.0%	51.5%	54.7%
North Carolina	55.8%	57.9%	58.8%	59.9%

Source: North Carolina School Report Cards  
<https://ncreports.ondemand.sas.com/src/?county=Beaufort>

**Table 12. Income per Household in the Past 12 Months (Inflation-Adjusted Dollars), Beaufort County and North Carolina (2015-2019)**

Income Level	Beaufort County	North Carolina
Below \$10,000	7.9%	6.4%
\$10,000-\$14,999	7.7%	5.0%
\$15,000-\$24,999	12.8%	10.3%
\$25,000-\$34,999	13.4%	10.3%
\$35,000-\$49,999	11.3%	13.9%
\$50,000-\$74,999	18.1%	18.0%
\$75,000-\$99,999	10.8%	12.4%
\$100,000-\$149,999	10.9%	13.1%
\$150,000-\$199,999	4.2%	5.1%
\$200,000 or more	2.8%	5.4%
Median household income	\$45,212	\$54,602

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates  
Table ID: S1901  
<https://data.census.gov/cedsci/table?q=income&g=0500000US37013&tid=ACST5Y2019.S1901&moe=false&hidePreview=true>

**Table 13. Poverty Status in the Past 12 Months Disaggregated by Age, Beaufort County and North Carolina (2015-2019)**

County/State	Age Group					
	Under 5 years	5-17 years	18-34 years	35-64 years	60 years and over	65 years and over
Beaufort County	32.1%	28.4%	22.0%	17.0%	11.9%	9.6%
North Carolina	23.8%	20.2%	18.3%	11.3%	9.8%	9.1%

Source: U.S. Census Bureau, American Community Survey 5-Year Estimates

Table ID: S1701

<https://data.census.gov/cedsci/table?q=income&g=0500000US37013&tid=ACST5Y2019.S1901&moe=false&hidePreview=true>

**Table 14. Means of Transportation to Work, Beaufort County (2015-2019)**

Label	Estimate
Total:	19,213
Car, truck, or van:	17,782
Drove alone	16,702
Carpooled:	1,080
In 2-person carpool	656
In 3-person carpool	373
In 4-person carpool	15
In 5- or 6-person carpool	1
In 7-or-more-person carpool	35
Public transportation (excluding taxicab):	20
Bus	4
Subway or elevated rail	0
Long-distance train or commuter rail	0
Light rail, streetcar, or trolley (carro público in Puerto Rico)	0
Ferryboat	16
Taxicab	8
Motorcycle	0
Bicycle	24
Walked	325
Other means	187
Worked from home	867

Source: U.S. Census Bureau, American Community Survey (ACS), 5-Year Estimates

Table ID: B08301

<https://data.census.gov/cedsci/table?text=means%20of%20transportation&g=0500000US37013&tid=ACSDT5Y2019.B08301&moe=false&hidePreview=true>

<b>Table 15. Financial Characteristics for Housing Units With a Mortgage in Beaufort County (2015-2019)</b>		
	<b>Beaufort County, North Carolina</b>	
	<b>Owner-occupied housing units with a mortgage</b>	<b>% owner-occupied housing units with a mortgage</b>
<b>Owner-Occupied Housing Units with a Mortgage</b>	6,642	6,642
Less than \$50,000	533	8.0%
\$50,000 to \$99,999	1,411	21.2%
\$100,000 to \$299,999	3,646	54.9%
\$300,000 to \$499,999	858	12.9%
\$500,000 to \$749,999	136	2.0%
\$750,000 to \$999,999	54	0.8%
\$1,000,000 or more	4	0.1%
Median (dollars)	\$154,500	\$154,500
<b>Mortgage Status</b>		
With either a second mortgage, or home equity loan, but not both	901	13.6%
Second mortgage only	152	2.3%
Home equity loan only	749	11.3%
Both second mortgage and home equity loan	9	0.1%
No second mortgage and no home equity loan	5,732	86.3%
<b>Household Income in the Past 12 Months (in 2019 inflation-adjusted dollars)</b>		
Less than \$10,000	125	1.9%
\$10,000 to \$24,999	557	8.4%
\$25,000 to \$34,999	598	9.0%
\$35,000 to \$49,999	733	11.0%
\$50,000 to \$74,999	1,476	22.2%
\$75,000 to \$99,999	1,086	16.4%
\$100,000 to \$149,999	1,295	19.5%
\$150,000 or more	772	11.6%
Median household income (dollars)	\$71,782	\$71,782
Source: U.S. Census Bureau, American Community Survey 5-Year Estimates		
Table ID: S2506		
<a href="https://data.census.gov/cedsci/table?q=S2506&amp;g=0500000US37013&amp;tid=ACST5Y2019.S2506&amp;hidePreview=true&amp;moe=false">https://data.census.gov/cedsci/table?q=S2506&amp;g=0500000US37013&amp;tid=ACST5Y2019.S2506&amp;hidePreview=true&amp;moe=false</a>		

<b>Table 16. Financial Characteristics for Housing Units Without a Mortgage in Beaufort County (2015-2019)</b>		
	<b>Beaufort County, North Carolina</b>	
	<b>Owner-occupied housing units without a mortgage</b>	<b>% owner-occupied housing units without a mortgage</b>
<b>Owner-Occupied Housing Units with a Mortgage</b>	7,123	7,123
Less than \$50,000	1,706	24.0%
\$50,000 to \$99,999	1,731	24.3%
\$100,000 to \$199,999	1,811	25.4%
\$200,000 to \$299,999	853	12.0%
\$300,000 to \$499,999	860	12.1%
\$500,000 to \$749,999	99	1.4%
\$750,000 to 999,999	26	0.4%
\$1,000,000 or more	37	0.5%
Median (dollars)	\$105,100	\$105,100
<b>Household Income in the Past 12 Months (in 2019 inflation-adjusted dollars)</b>		
Less than \$10,000	441	6.2%
\$10,000 to \$24,999	1,444	20.3%
\$25,000 to \$34,999	1,107	15.5%
\$35,000 to \$49,999	845	11.9%
\$50,000 to \$74,999	1,340	18.8%
\$75,000 to \$99,999	768	10.8%
\$100,000 to \$149,999	732	10.3%
\$150,000 or more	446	6.3%
Median household income (dollars)	\$44,033	\$44,033
Source: U.S. Census Bureau, American Community Survey, 5-Year Estimates Subject Tables. Table ID: S2507		
<a href="https://data.census.gov/cedsci/table?q=without%20a%20Mortgage&amp;g=0500000US37013&amp;tid=ACST5Y2019.S2507&amp;moe=false&amp;hidePreview=true">https://data.census.gov/cedsci/table?q=without%20a%20Mortgage&amp;g=0500000US37013&amp;tid=ACST5Y2019.S2507&amp;moe=false&amp;hidePreview=true</a>		



**Table 17. Live Births, Beaufort County and North Carolina (2018)**

County/State	Total Births	Total Rate	White-non-Hispanic number	White non-Hispanic rate	Black, non-Hispanic number	Black non-Hispanic rate	Hispanic number	Hispanic rate
Beaufort County	416	8.8	227	7.3	133	11.3	49	13.0
North Carolina	118,957	11.5	64,637	9.8	28,719	12.5	18,359	18.4

Source: N.C. State Center for Health Statistics

<https://schs.dph.ncdhhs.gov/data/vital/volume1/2018/Beaufort.html>

**Table 18. Live Births by Sex, Beaufort County (2018)**

County/State	Total	Total Rate	White, Non-Hispanic	White, Non-Hispanic rate	Black, non-Hispanic	Black, non-Hispanic rate	Hispanic	Hispanic rate
Male	193	4.1	106	3.4	63	5.4	21	5.6
Females	223	4.7	121	3.9	70	6.0	28	7.4

Source: N.C. State Center for Health Statistics.

<https://schs.dph.ncdohhs.gov/data/vital/volume1/2018/Beaufort.html>

**Table 19. Low Birth Weight, Beaufort County and North Carolina (2014-2018)**

				Non-Hispanic									
		Total		Total		White		Black		Other		Hispanic	
County of Residence	Birth Weight	Births	%.	Births	Pct.	Births	Pct.	Births	Pct.	Births	Pct.	Births	Pct.
North Carolina	Low	55,413	9.2	48,847	9.6	25,047	7.6	20,450	14.2	3,350	9.4	6,566	7.2
	Very Low	10,222	1.7	9,080	1.8	4,011	1.2	4,591	3.2	478	1.3	1,142	1.3
Beaufort County	Low	240	10.7	226	11.5	103	8.5	121	16.8	2	7.4	14	4.8
	Very Low	45	2.0	44	2.2	16	1.3	28	3.9	0	0.0	1	0.3

Source: N.C. State Center for Health Statistics.

<https://schs.dph.ncdhhs.gov/data/databook/CD6A-B%20LBW%20&%20VLBW%20by%20race.html>

**Table 20. Fetal Death Rates per 1,000 Deliveries, Beaufort County and North Carolina (2014-2018)**

	Total Fetal Deaths	Total Fetal Death Rate	White Non- Hispanic Fetal Deaths	White Non- Hispanic Fetal Death Rate	Af. Am. Non- Hispanic Fetal Deaths	Af. Am. Non- Hispanic Fetal Death Rate	Other Non- Hispanic Fetal Deaths	Other Non- Hispanic Fetal Death Rate	Hispanic Fetal Deaths	Hispanic Fetal Death Rate
North Carolina	4,166	6.9	1,764	5.3	1,682	11.6	194	5.4	526	5.7
Beaufort County	23	10.1	9	*	11	*	0	*	3	*

Source: N.C. State Center for Health Statistics.

<https://schs.dph.ncdhhs.gov/data/databook/CD8%20fetal%20death%20rates.rtf>

**Table 21. Cancer Incidence Rates for Selected Sites per 100,000 Population Age Adjusted to the 2000 U.S. Census, Beaufort County and North Carolina (2012-2016)**

County	Colon/Rectum		Lung/Bronchus		Female Breast		Prostate		All Cancers	
	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate	Cases	Rate
North Carolina	21,168	37.1	40,216	68.8	49,457	161.8	35,584	115.9	277,277	481.9
Beaufort County	141	40.4	270	74.6	256	141.4	181	104.4	1,627	465.7

Source: North Carolina State Center for Health Statistics.

<https://schs.dph.ncdhhs.gov/data/databook/CD13A%20leadingcancers.xlsx>

**Table 22. Neonatal (<28 Days) Death Rates per 1,000 Live Births, Beaufort County and North Carolina (2014-2018)**

	Total neonate deaths	Total neonatal death rate	White non-Hispanic neonatal deaths	White non-Hispanic neonatal death rate	Af. Am. non-Hispanic neonatal deaths	Af. Am. non-Hispanic neonatal death rate	Other non-Hispanic neonatal deaths	Other non-Hispanic neonatal death rate	Hispanic neonatal deaths	Hispanic neonatal death rate
North Carolina	2,865	4.8	1,092	3.3	1,247	8.7	160	4.5	366	4.0
Beaufort County	18	*	4	*	11	*	1	*	2	*

Prepared by N.C. Department of Health and Human Services State Center for Health Statistics

Note: rates based on small numbers (fewer than 20 cases) are unstable and are not reported"

<https://schs.dph.ncdhhs.gov/data/databook/CD9A%20neonatal%20death%20rates.rtf>

**Table 23. Age-Adjusted Death Rates, Beaufort County (2014-2018)**

Residence=Beaufort																
	White, non-Hispanic		African American, non-Hispanic		American Indian, non-Hispanic		Other Races, non-Hispanic		Hispanic		Male		Female		Overall	
Cause of Death:	Deaths	Rate	Deaths	Rate	Deaths	Rate	Deaths	Rate	Deaths	Rate	Deaths	Rate	Deaths	Rate	Deaths	Rate
All Causes	2,253	852.6	776	1,026.6	4	N/A	4	N/A	26	351.1	1,581	1,051.1	1,482	722.4	3,063	874.8
Diseases of Heart	504	178.2	158	201.4	0	N/A	1	N/A	0	N/A	362	228.5	301	139.4	663	179.5
Acute Myocardial Infarction	98	33.7	18	N/A	0	N/A	0	N/A	0	N/A	74	43.8	42	19.5	116	30.2
Other Ischemic Heart Disease	206	71.9	48	58.4	0	N/A	1	N/A	0	N/A	165	102.8	90	39.6	255	67.8
Cerebrovascular Disease	100	36.0	62	75.9	0	N/A	0	N/A	0	N/A	78	49.2	84	38.6	162	43.1
Cancer	488	168.7	180	227.2	1	N/A	1	N/A	8	N/A	361	214.4	317	154.4	678	181.0
Colon, Rectum, and Anus	43	17.3	20	25.9	0	N/A	0	N/A	0	N/A	28	18.6	35	17.6	63	18.4
Pancreas	33	10.4	11	N/A	0	N/A	0	N/A	1	N/A	22	12.5	23	10.2	45	11.3
Trachea, Bronchus, and Lung	161	51.7	50	58.9	0	N/A	0	N/A	1	N/A	117	64.2	95	44.0	212	53.0
Breast	26	19.7	11	N/A	0	N/A	0	N/A	0	N/A	0	N/A	37	20.7	37	20.7
Prostate	19	N/A	12	N/A	0	N/A	0	N/A	0	N/A	31	19.5	0	N/A	31	19.5
Diabetes Mellitus	51	19.3	44	54.5	1	N/A	0	N/A	2	N/A	59	37.6	39	18.2	98	26.9
Pneumonia and Influenza	41	14.2	8	N/A	0	N/A	0	N/A	0	N/A	21	13.0	28	12.8	49	13.0
Chronic Lower Respiratory Diseases	149	49.6	22	28.7	1	N/A	0	N/A	1	N/A	80	50.4	93	42.7	173	45.3
Chronic Liver Disease and Cirrhosis	30	13.5	7	N/A	0	N/A	1	N/A	1	N/A	23	14.6	16	N/A	39	12.7
Septicemia	37	12.5	17	N/A	0	N/A	0	N/A	1	N/A	28	17.2	27	13.4	55	14.8
Nephritis, Nephrotic Syndrome, and Nephrosis	36	12.8	26	34.0	0	N/A	0	N/A	0	N/A	26	16.2	36	17.5	62	17.1
Unintentional Motor Vehicle Injuries	25	15.5	14	N/A	0	N/A	0	N/A	4	N/A	32	28.7	11	N/A	43	18.3
All Other Unintentional Injuries	126	71.0	16	N/A	0	N/A	0	N/A	2	N/A	77	70.9	67	40.8	144	55.0
Suicide	51	29.5	2	N/A	0	N/A	0	N/A	1	N/A	44	37.7	10	N/A	54	21.5
Homicide	3	N/A	9	N/A	0	N/A	0	N/A	1	N/A	10	N/A	3	N/A	13	N/A
Alzheimer's disease	107	38.1	25	33.2	0	N/A	1	N/A	1	N/A	37	25.3	97	42.6	134	37.0
Acquired Immune Deficiency Syndrome	2	N/A	5	N/A	0	N/A	0	N/A	0	N/A	4	N/A	3	N/A	7	N/A

Source: N.C. State Center for Health Statistics.

[https://schs.dph.ncdhhs.gov/data/databook/CD12B%20racespecific%20and%20sexspecific%20rates.](https://schs.dph.ncdhhs.gov/data/databook/CD12B%20racespecific%20and%20sexspecific%20rates.rtf)[rtf](#)

<b>Table 24. North Carolina Newly Diagnosed Chlamydia, Gonorrhea, and Early Syphilis (Primary, Secondary and Early Latent) infections by County of Residence at Time of Diagnosis, Beaufort County (2018-2020)</b>												
County	Chlamydia			Gonorrhea			P. & S. Syphilis			E. L. Syphilis		
	2018 Jan- Mar	2019 Jan- Mar	2020 Jan- Mar	2018 Jan- Mar	2019 Jan- Mar	2020 Jan- Mar	2018 Jan- Mar	2019 Jan- Mar	2020 Jan- Mar	2018 Jan- Mar	2019 Jan- Mar	2020 Jan- Mar
Beaufort	69	71	83	16	27	29	0	0	0	1	0	0

Source: N.C. Division of Health and Human Services Communicable Disease Branch  
<https://epi.dph.ncdhhs.gov/cd/stds/figures/vol20no1.pdf>

<b>Table 25. All Other Unintentional Injuries Death Rates per 100,000 Residents for Beaufort County and North Carolina (2018) and (2014-2018)</b>					
County/State	Number of Deaths 2018	Death Rate 2018	Number of Deaths 2014-2018	Death Rate 2014-2018	Age-Adjusted Death Rate 2014-2018
Beaufort	28	59.5	144	61.0	55.0
North Carolina	4,478	43.1	19,576	38.6	37.0

Source: N.C. State Center for Health Statistics.  
<https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/otherinjuries.html>

<b>Table 26. Age-Adjusted Unintentional Motor Vehicle Injury Death Rates per 100,000 Residents for Beaufort County and North Carolina (2018) and (2014-2018)</b>					
County/State	Number of Deaths 2018	Death Rate 2018	Number of Deaths 2014-2018	Death Rate 2014-2018	Age-Adjusted Death Rate 2014-2018
Beaufort County	9	19.1	43	18.2	18.3
North Carolina	1,591	15.3	7,553	14.9	14.5

Source: N.C. State Center for Health Statistics.  
<https://schs.dph.ncdhhs.gov/data/vital/lcd/2018/motorvehicle.html>

<b>Table 27. Crime Rate per 100,000 persons, Beaufort County and North Carolina (2018)</b>							
County/State	Violent crime rate				Property crime rate		
	Murder	Rape	Robbery	Agg Assault	Burglary	Larceny	MVT
North Carolina	356.6				2,406.6		
	5.8	23.7	77.1	250.0	577.4	1,667.2	162.0
Beaufort County	221.2				2,052.8		

Source: N.C. Bureau of Investigation.  
<http://ncsbi.gov/Services/SBI-Statistics/SBI-Uniform-Crime-Reports/2018-Annual-Summary.aspx>

<b>Table 28. Poisoning Mortality Rates per 100,000 North Carolina Resident Deaths, Beaufort County and North Carolina (2015-2019)</b>			
County of Residence	Total Deaths	Crude Rate	Age-Adjusted Rate
North Carolina	9,367	18.25	18.80
Beaufort County	57	24.17	30.20
Source: N.C. State Center for Health Statistics. (2015-2019). Poisoning Mortality Rates (per 100,000) 2015-2019 North Carolina Resident Deaths.			

<b>Table 29. Poisoning Mortality Rates by Race/Ethnicity per 100,000 North Carolina Resident Deaths (2019)</b>				
Race/Ethnicity	Total Deaths	Population Estimate	Crude Rate	Age-Adjusted Rate
White, non-Hispanic	1,667	6,668,532	25.00	26.60
Black, non-Hispanic	349	2,320,112	15.04	15.20
American Indian, non-Hispanic	55	124,642	44.13	47.10
Other, non-Hispanic	15	348,968	4.30	3.90
Hispanic	62	1,025,830	6.04	6.50
North Carolina Total	2,148	10,488,084	20.48	21.20
Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Race/Ethnicity 2019 North Carolina Resident Deaths.				

<b>Table 30. Poisoning Mortality Rates by Sex 2019 per 100,000 North Carolina Resident Deaths (2019)</b>				
Gender	Total Deaths	Population Estimate	Crude Rate	Age-Adjusted Rate
Male	1,485	5,100,264	29.12	30.00
Female	663	5,387,820	12.31	12.70
North Carolina Total	2,148	10,488,084	20.48	21.20
Source: N.C. State Center for Health Statistics. (2019). Poisoning Mortality Rates (per 100,000) by Sex 2019 North Carolina Resident Deaths.				

Image 1. 2019 BRFSS Survey Results: North Carolina Regions Hypertension Awareness

	Total Respond. ^	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
North Carolina	4,266	1,674	35.1	33.5-36.8	2,592	64.9	63.2-66.5
Medicaid Region 6	503	159	31.9	27.3-36.9	344	68.1	63.1-72.7
GENDER							
Male	233	75	30.5	23.9-37.9	158	69.5	62.1-76.1
Female	270	84	33.3	27.1-40.0	186	66.7	60.0-72.9
RACE							
Non-Hispanic White	313	96	29.2	23.9-35.1	217	70.8	64.9-76.1
Non-Hispanic Black	103	***	***	***	***	***	***
Other	87	18	15.7	9.5-25.0	69	84.3	75.0-90.5
AGE							
18-44	216	29	13.4	9.0-19.5	187	86.6	80.5-91.0
45-64	179	72	42.6	34.1-51.5	107	57.4	48.5-65.9
65+	98	***	***	***	***	***	***

Source: N.C. State Center for Health Statistics  
<https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/ RFHYPE.html>

Image 2. 2019 BRFSS Survey Results: North Carolina Regions Chronic Health Conditions: History of any cardiovascular diseases

	Total Respond.^	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
North Carolina	4,250	495	9.7	8.8-10.8	3,755	90.3	89.2-91.2
Medicaid Region 6	507	29	5.6	3.8- 8.3	478	94.4	91.7-96.2

Source: N.C. State Center for Health Statistics.

<https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/cvdhist.html>

Image 3. 2019 BRFSS Survey Results: North Carolina Regions Healthy Days: Frequent Mental Distress (within the past 30 days)

	Total Respond.^	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
North Carolina	4,214	532	13.8	12.5-15.1	3,682	86.2	84.9-87.5
Medicaid Region 6	500	53	10.7	7.8-14.4	447	89.3	85.6-92.2
GENDER							
Male	235	21	8.9	5.1-15.1	214	91.1	84.9-94.9
Female	265	32	12.5	8.7-17.6	233	87.5	82.4-91.3
RACE							
Non-Hispanic White	309	29	10.4	6.8-15.7	280	89.6	84.3-93.2
Non-Hispanic Black	102	12	10.7	6.0-18.4	90	89.3	81.6-94.0
Other	89	12	12.4	6.9-21.5	77	87.6	78.5-93.1
AGE							
18-44	215	34	13.5	9.4-19.0	181	86.5	81.0-90.6
45-64	178	15	12.3	6.4-22.1	163	87.7	77.9-93.6
65+	97	***	***	***	93	96.1	89.0-98.7

<https://schs.dph.ncdhhs.gov/data/brfss/2019/Medicaid/region6/FMD.html>

Leading Causes of Injury Death 2016 to 2019 BEAUFORT			Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT			Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#
1	Poisoning - Unintentional	49	1	Fall - Unintentional	557	1	Fall - Unintentional	4,649
2	MVT - Unintentional	35	2	MVT - Unintentional	172	2	Unspecified - Unintentional	2,469
3	Fall - Unintentional	34	3	Poisoning - Unintentional	97	3	MVT - Unintentional	1,979
4	Firearm - Self-Inflicted	25	4	Poisoning - Self-Inflicted	52	4	Struck By/Against - Unintentional	1,376
5	Firearm - Assault	10	5	Unspecified - Unintentional	32	5	Natural/Environmental - Unintentional	732
TOTAL		203	TOTAL		1,115	TOTAL		16,444

Source: N.C. Injury & Violence Prevention Branch.

[https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016\\_2019Final.pdf](https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016_2019Final.pdf)

Image 5. Ages 0-14: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019)

Leading Causes of Injury Death 2016 to 2019 BEAUFORT			Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT			Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#
1	Suffocation - Unintentional	2	1	Fall - Unintentional	13	1	Fall - Unintentional	724
2	Unspecified - Assault; Other Land Transport - Unintentional; Firearm - Assault; Drowning/Submersion - Unintentional	1	2	Fire/Burn - Unintentional	6	2	Unspecified - Unintentional	371
3		0	3	Struck By/Against - Unintentional	5	3	Struck By/Against - Unintentional	369
4		0	4	Unspecified - Unintentional; Other Specified/Classifiable - Unintentional	4	4	Other Specified/Classifiable - Unintentional	172
5		0	5	Poisoning - Unintentional; MVT - Unintentional; Cut/Pierce - Unintentional	3	5	Natural/Environmental - Unintentional	166
TOTAL		6	TOTAL		45	TOTAL		2,545

Source: N.C. Injury & Violence Prevention Branch.

[https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016\\_2019\\_ages0-14Final.pdf](https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016_2019_ages0-14Final.pdf)

Image 6. Ages 15-34: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, Beaufort County (2016-2019)

Leading Causes of Injury Death 2016 to 2019 BEAUFORT			Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT			Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#
1	Poisoning - Unintentional	14	1	MVT - Unintentional	47	1	MVT - Unintentional	826
2	MVT - Unintentional	12	2	Poisoning - Unintentional	19	2	Unspecified - Unintentional	736
3	Firearm - Assault	7	3	Poisoning - Self-Inflicted	15	3	Fall - Unintentional	625
4	Firearm - Self-Inflicted	4	4	Fall - Unintentional	14	4	Struck By/Against - Unintentional	441
5	Suffocation - Self-Inflicted	2	5	Firearm - Unintentional	10	5	Cut/Pierce - Unintentional	248
TOTAL		42	TOTAL		162	TOTAL		4,542

Source: N.C. Injury & Violence Prevention Branch.

[https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016\\_2019\\_ages15-34Final.pdf](https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016_2019_ages15-34Final.pdf)



Leading Causes of Injury Death 2016 to 2019 BEAUFORT			Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT			Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#
1	Poisoning - Unintentional	33	1	Fall - Unintentional	106	1	Fall - Unintentional	1,414
2	MVT - Unintentional	15	2	MVT - Unintentional	74	2	Unspecified - Unintentional	911
3	Firearm - Self-Inflicted	11	3	Poisoning - Unintentional	51	3	MVT - Unintentional	757
4	Poisoning - Self-Inflicted	7	4	Poisoning - Self-Inflicted	34	4	Struck By/Against - Unintentional	377
5	Suffocation - Self-Inflicted; Poisoning - Undetermined; Other Transport - Unintentional; Other Land Transport - Unintentional; Firearm - Assault; Fire/Burn - Unintentional; Fall - Unintentional	2	5	Fire/Burn - Unintentional	13	5	Natural/Environmental - Unintentional	272
TOTAL		87	TOTAL		337	TOTAL		5,535

Source: N.C. Injury & Violence Prevention Branch.

[https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016\\_2019\\_ages3-5-64Final.pdf](https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016_2019_ages3-5-64Final.pdf)

Image 8. Ages 65+: Leading Causes of Injury Death, Hospitalization, and Emergency Department Visits by County, (2016-2019)

Leading Causes of Injury Death 2016 to 2019 BEAUFORT			Leading Causes of Injury Hospitalization 2016 to 2019 BEAUFORT			Leading Causes of Injury ED Visits 2016 to 2019 BEAUFORT		
Rank	Cause	#	Rank	Cause	#	Rank	Cause	#
1	Fall - Unintentional	32	1	Fall - Unintentional	424	1	Fall - Unintentional	1,886
2	Firearm - Self-Inflicted	10	2	MVT - Unintentional	48	2	Unspecified - Unintentional	451
3	MVT - Unintentional	8	3	Poisoning - Unintentional	24	3	MVT - Unintentional	233
4	Suffocation - Unintentional	4	4	Unspecified - Unintentional	17	4	Struck By/Against - Unintentional	189
5	Unspecified - Unintentional	3	5	Struck By/Against - Unintentional	9	5	Natural/Environmental - Unintentional	121
TOTAL		68	TOTAL		571	TOTAL		3,822

Source: N.C. Injury & Violence Prevention Branch.

[https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016\\_2019\\_ages65upFinal.pdf](https://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Top5TablesByCounty2016_2019_ages65upFinal.pdf)

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